

**MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH**

**(Deemed to be University)**

**FACULTY OF YOGA SCIENCES AND THERAPY**



No. 12, VembuliammanKoil Street,

West K.K. Nagar, Chennai – 600 078.

Ph. No: 044 – 2364 3955 & 044 – 2364 3956



**B.Sc., / M.Sc., Degree Theory Examinations**

**Time Table - November - 2022**

  
Controller of Examinations

  
Registrar

Vice Chancellor



**MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH**  
**Faculty of Yoga Sciences and Therapy**  
**B.Sc. / M.Sc., Degree - Theory Examinations – Time Table - November - 2022**

**Year : III**  
**Semester No : V**

**Session: FN (09.30 am to 12.30 pm)**

<b>Course / Date</b>	<b>14.11.2022 Monday</b>	<b>15.11.2022 Tuesday</b>	<b>16.11.2022 Wednesday</b>	<b>17.11.2022 Thursday</b>	<b>18.11.2022 Friday</b>	<b>19.11.2022 Saturday</b>
<b>B.Sc. (Yoga)</b>	Paper – I: UYA2501 Yoga Therapy	Paper – II: UYA2502 Yoga and Psychology	Paper – III: UYA2505 DSEC - V: (i) Usage of Yogic Props	Paper – IV: UYA2506 DSEC - V: (ii) Stress Management	Paper – V: UYA2507 DSEC - V: (iii) Introduction to Traditional Indian Systems of Medicine and Therapies	Paper – VI: UYA2508 SEC: Elementary Statistics
<b>B.Sc. (Yoga Therapy)</b>	Paper – I: UYT2501 Psychology and Yoga Therapy	Paper – II: UYT2507 DSEC - V: (iii) Diet and Nutrition	Paper – III: UYT2505 DSEC - V: (i) Usage of Yogic Props	Paper – IV: UYT2506 DSEC - V: (ii) Stress Management	Paper – V: UYT2502 Introduction to Traditional Indian Systems of Medicine and Therapies	Paper – VI: UYT2508 SEC: Elementary Statistics

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**Year : II**  
**Semester No : IV**

**Session: AN (01.30 pm to 04.30 pm)**

<b>Course / Date</b>	<b>26.11.2022 Saturday</b>	<b>28.11.2022 Monday</b>	<b>29.11.2022 Tuesday</b>	<b>30.11.2022 Wednesday</b>
<b>B.Sc. (Yoga)</b>	Paper – I: LT2401 Language – Tamil – IV	-----	-----	-----
<b>M.Sc. (Yoga)</b>	Paper – I: MSYT8027 Research Processes in Yoga Therapy	Paper – II: MSYT8028 Yoga Therapy in Yoga Sutras	Paper – III: MSYT8032 DSE - IV : Statistics in Yoga Therapy	Paper – IV: MSYT8033 Environmental Studies

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**Year : II**  
**Semester No : III**

**Session: FN (09.30 am to 12.30 pm)**

<b>Course / Date</b>	<b>21.11.2022 Monday</b>	<b>22.11.2022 Tuesday</b>	<b>23.11.2022 Wednesday</b>	<b>24.11.2022 Thursday</b>	<b>25.11.2022 Friday</b>	<b>26.11.2022 Saturday</b>
<b>B.Sc. (Yoga)</b>	Paper – I: LT2301 Language – Tamil – III	Paper – II: LE2302 Language – English – III	Paper – III: UYA2301 Basic Texts in Yoga	Paper – IV: UYA2304 Computer Applications in Yoga	---	---
<b>B.Sc. (Yoga Therapy)</b>	Paper – I: LT2301 Language – Tamil – III	Paper – II: LE2302 Language – English – III	Paper – III: UYT2301 Anatomy and Physiology	Paper – IV: UYT2304 Computer Applications in Yoga Therapy	---	---
<b>M.Sc. (Yoga)</b>	Paper – I: MSYA8018 Yoga Therapy	Paper – II: MSYA8019 Hatha Yoga Texts	Paper – III: MSYA8020 Indian Traditional Systems of Medicine and Therapies	Paper – IV: MSYA8023 DSE - III : Yoga and Wellness	Paper – V: MSYA8024 Stress Management	Paper – VI: MSYA8025 Personality Development
<b>M.Sc. (Yoga Therapy)</b>	Paper – I: MSYT8018 Texts in Yoga Therapy	Paper – II: MSYT8019 Pathology: Ailments and Yoga Therapy	Paper – III: MSYT8020 Indian Traditional Systems of Medicine and Therapies	Paper – IV: MSYT8023 DSE - III : Wellness and Yoga Therapy	Paper – V: MSYT8024 Stress Management	Paper – VI: MSYT8025 Personality Development