



MEENAKSHI

ACADEMY OF HIGHER EDUCATION & RESEARCH

DEEMED TO BE UNIVERSITY U/S 3 OF UGC ACT, 1956

FACULTY OF YOGA SCIENCES AND THERAPY

ACADEMIC CALENDAR 2023-2024

JULY 2023		
DATE	DAY	EVENTS
1	SATURDAY	
2	SUNDAY	
3	MONDAY	
4	TUESDAY	
5	WEDNESDAY	ORIENTATION SESSION FOR UGs AND PGs
6	THURSDAY	
7	FRIDAY	
8	SATURDAY	
9	SUNDAY	HOLIDAY
10	MONDAY	
11	TUESDAY	
12	WEDNESDAY	
13	THURSDAY	
14	FRIDAY	
15	SATURDAY	
16	SUNDAY	HOLIDAY

17	MONDAY	
18	TUESDAY	
19	WEDNESDAY	
20	THURSDAY	
21	FRIDAY	
22	SATURDAY	
23	SUNDAY	HOLIDAY
24	MONDAY	
25	TUESDAY	
26	WEDNESDAY	BOARD OF STUDIES
27	THURSDAY	
28	FRIDAY	
29	SATURDAY	
30	SUNDAY	HOLIDAY
31	MONDAY	



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AUGUST 2023

DATE	DAY	EVENTS
1	TUESDAY	
2	WEDNESDAY	
3	THURSDAY	
4	FRIDAY	
5	SATURDAY	
6	SUNDAY	HOLIDAY
7	MONDAY	CLASS TEST – 1 FOR UG & PG FINAL YEARS
8	TUESDAY	
9	WEDNESDAY	
10	THURSDAY	
11	FRIDAY	
12	SATURDAY	
13	SUNDAY	HOLIDAY
14	MONDAY	PRACTICAL TEST – 1 FOR UG & PG FINAL YEARS
15	TUESDAY	INDEPENDENCE DAY CELEBRATION

16	WEDNESDAY	
17	THURSDAY	
18	FRIDAY	
19	SATURDAY	
20	SUNDAY	HOLIDAY
21	MONDAY	
22	TUESDAY	
23	WEDNESDAY	
24	THURSDAY	
25	FRIDAY	
26	SATURDAY	
27	SUNDAY	HOLIDAY
28	MONDAY	
29	TUESDAY	
30	WEDNESDAY	
31	THURSDAY	



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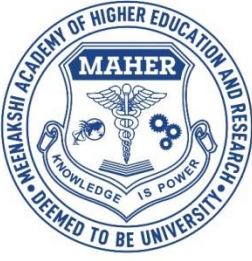
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SEPTEMBER 2023

DATE	DAY	EVENTS
1	FRIDAY	
2	SATURDAY	
3	SUNDAY	HOLIDAY
4	MONDAY	
5	TUESDAY	TEACHER'S DAY CELEBRATION
6	WEDNESDAY	CLASS TEST – 2 FOR UG & PG FINAL YEARS
7	THURSDAY	
8	FRIDAY	
9	SATURDAY	
10	SUNDAY	HOLIDAY
11	MONDAY	PRACTICAL TEST – 2 FOR UG & PG FINAL YEARS
12	TUESDAY	
13	WEDNESDAY	
14	THURSDAY	
15	FRIDAY	

16	SATURDAY	
17	SUNDAY	HOLIDAY
18	MONDAY	
19	TUESDAY	
20	WEDNESDAY	
21	THURSDAY	
22	FRIDAY	
23	SATURDAY	
24	SUNDAY	HOLIDAY
25	MONDAY	
26	TUESDAY	
27	WEDNESDAY	
28	THURSDAY	
29	FRIDAY	
30	SATURDAY	



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OCTOBER 2023

DATE	DAY	EVENTS
1	SUNDAY	HOLIDAY
2	MONDAY	GANDHI JAYANTHI
3	TUESDAY	
4	WEDNESDAY	
5	THURSDAY	
6	FRIDAY	
7	SATURDAY	
8	SUNDAY	HOLIDAY
9	MONDAY	
10	TUESDAY	WORLD MENTAL HEALTH DAY ACTIVITY
11	WEDNESDAY	
12	THURSDAY	
13	FRIDAY	
14	SATURDAY	
15	SUNDAY	
16	MONDAY	HOLIDAY

17	TUESDAY	
18	WEDNESDAY	
19	THURSDAY	
20	FRIDAY	
21	SATURDAY	
22	SUNDAY	HOLIDAY
23	MONDAY	SARASWATHI POOJA, AYUTHA POOJA
24	TUESDAY	VIJAYADHASAMI
25	WEDNESDAY	
26	THURSDAY	MODEL EXAMINATION FOR FINAL YEAR UG AND PG
27	FRIDAY	
28	SATURDAY	
29	SUNDAY	
30	MONDAY	HOLIDAY
31	TUESDAY	



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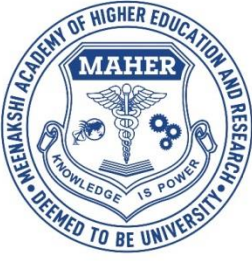
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NOVEMBER 2023

DATE	DAY	EVENTS
1	WEDNESDAY	
2	THURSDAY	
3	FRIDAY	
4	SATURDAY	
5	SUNDAY	HOLIDAY
6	MONDAY	
7	TUESDAY	
8	WEDNESDAY	
9	THURSDAY	
10	FRIDAY	
11	SATURDAY	WORLD AYURVEDHA DAY
12	SUNDAY	HOLIDAY
13	MONDAY	UNIVERSITY EXAMINATION FOR SECOND AND THIRD YEAR STUDENTS UG AND PG
14	TUESDAY	CHILDREN DAY, WORLD DIABETES DAY
15	WEDNESDAY	

16	THURSDAY	
17	FRIDAY	
18	SATURDAY	
19	SUNDAY	HOLIDAY
20	MONDAY	
21	TUESDAY	
22	WEDNESDAY	
23	THURSDAY	
24	FRIDAY	
25	SATURDAY	JANJATIYA GAURAV DIWAS
26	SUNDAY	HOLIDAY
27	MONDAY	
28	TUESDAY	
29	WEDNESDAY	SEMESTER HOLIDAYS FOR FINAL YEAR UG AND PG
30	THURSDAY	



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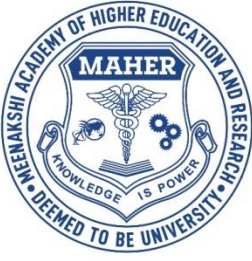
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DECEMBER 2023

DATE	DAY	EVENTS
1	FRIDAY	WORLD AIDS DAY
2	SATURDAY	
3	SUNDAY	HOLIDAY
4	MONDAY	
5	TUESDAY	UNIVERSITY EXAMINATION FOR FIRST YEAR UG AND PG
6	WEDNESDAY	
7	THURSDAY	
8	FRIDAY	
9	SATURDAY	
10	SUNDAY	HOLIDAY
11	MONDAY	EVEN SEMESTER STARTS FOR FINAL YEAR UG AND PG
12	TUESDAY	
13	WEDNESDAY	
14	THURSDAY	
15	FRIDAY	

16	SATURDAY	
17	SUNDAY	HOLIDAY
18	MONDAY	
19	TUESDAY	
20	WEDNESDAY	
21	THURSDAY	
22	FRIDAY	
23	SATURDAY	
24	SUNDAY	HOLIDAY
25	MONDAY	CHRISTMAS
26	TUESDAY	
27	WEDNESDAY	
28	THURSDAY	
29	FRIDAY	
30	SATURDAY	
31	SUNDAY	HOLIDAY
		WORLD AIDS DAY



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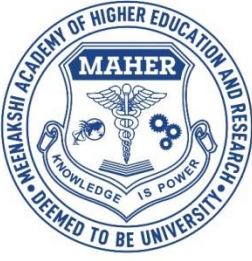
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JANUARY 2024

DATE	DAY	EVENTS
1	MONDAY	NEW YEAR
2	TUESDAY	
3	WEDNESDAY	
4	THURSDAY	
5	FRIDAY	
6	SATURDAY	
7	SUNDAY	HOLIDAY
8	MONDAY	
9	TUESDAY	
10	WEDNESDAY	
11	THURSDAY	
12	FRIDAY	
13	SATURDAY	
14	SUNDAY	HOLIDAY
15	MONDAY	PONGAL HOLIDAY
16	TUESDAY	THIRUVALLUR DAY
17	WEDNESDAY	UZHAVAR DAY
18	THURSDAY	

19	FRIDAY	
20	SATURDAY	
21	SUNDAY	HOLIDAY
22	MONDAY	
23	TUESDAY	
24	WEDNESDAY	
25	THURSDAY	
26	FRIDAY	REPUBLIC DAY
27	SATURDAY	
28	SUNDAY	HOLIDAY
29	MONDAY	
30	TUESDAY	BOARD OF STUDIES MEETING
31	WEDNESDAY	



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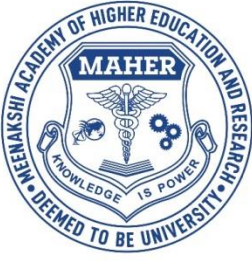
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FEBRUARY 2024

DATE	DAY	EVENTS
1	THURSDAY	
2	FRIDAY	
3	SATURDAY	
4	SUNDAY	HOLIDAY
5	MONDAY	
6	TUESDAY	
7	WEDNESDAY	
8	THURSDAY	
9	FRIDAY	
10	SATURDAY	
11	SUNDAY	HOLIDAY
12	MONDAY	CLASS TEST – 1 FOR 1 ST YEAR UG AND PG
13	TUESDAY	
14	WEDNESDAY	
15	THURSDAY	WORLD SIDDHA DAY
16	FRIDAY	
17	SATURDAY	

18	SUNDAY	HOLIDAY
19	MONDAY	PRACTICAL TEST – 1 FOR 1 ST YEAR UG AND PG
20	TUESDAY	
21	WEDNESDAY	
22	THURSDAY	
23	FRIDAY	
24	SATURDAY	
25	SUNDAY	HOLIDAY
26	MONDAY	
27	TUESDAY	
28	WEDNESDAY	
29	THURSDAY	



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MARCH 2024

DATE	DAY	EVENTS
1	FRIDAY	
2	SATURDAY	
3	SUNDAY	HOLIDAY
4	MONDAY	
5	TUESDAY	
6	WEDNESDAY	
7	THURSDAY	
8	FRIDAY	
9	SATURDAY	
10	SUNDAY	HOLIDAY
11	MONDAY	CLASS TEST -2 FOR 1 ST YEAR UG AND PG
12	TUESDAY	
13	WEDNESDAY	
14	THURSDAY	
15	FRIDAY	
16	SATURDAY	
17	SUNDAY	HOLIDAY

18	MONDAY	PRACTICAL TEST – 2 FOR 1 ST YEAR UG AND PG
19	TUESDAY	
20	WEDNESDAY	
21	THURSDAY	
22	FRIDAY	
23	SATURDAY	
24	SUNDAY	HOLIDAY
25	MONDAY	
26	TUESDAY	
27	WEDNESDAY	
28	THURSDAY	
29	FRIDAY	
30	SATURDAY	
31	SUNDAY	HOLIDAY



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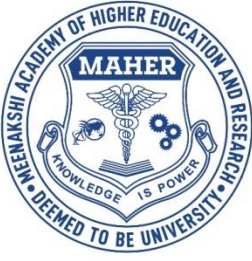
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APRIL 2024

DATE	DAY	EVENTS
1	MONDAY	ADMISSION CALL BEGINS FOR NEXT ACADEMIC YEAR 2024 -2025
2	TUESDAY	COMMENCEMENT OF MODEL EXAMINATION FOR UGs AND PGs
3	WEDNESDAY	
4	THURSDAY	
5	FRIDAY	
6	SATURDAY	
7	SUNDAY	HOLIDAY
8	MONDAY	
9	TUESDAY	UGADI
10	WEDNESDAY	PROJECT/THESIS SUBMISSION FOR FINAL UG AND PG
11	THURSDAY	RAMZAN
12	FRIDAY	END OF EVEN SEMESTER
13	SATURDAY	HOLIDAY
14	SUNDAY	TAMIL NEW YEAR - HOLIDAY
15	MONDAY	COMMENCEMENT OF UNIVERSITY PRACTICAL EXAMS FOR UGs AND PGs
16	TUESDAY	

17	WEDNESDAY	
18	THURSDAY	STUDY HOLIDAYS
19	FRIDAY	STUDY HOLIDAYS
20	SATURDAY	STUDY HOLIDAYS
21	SUNDAY	MAHAVEER JAYANTHI – HOLIDAY
22	MONDAY	
23	TUESDAY	
24	WEDNESDAY	
25	THURSDAY	
26	FRIDAY	
27	SATURDAY	
28	SUNDAY	HOLIDAY
29	MONDAY	
30	TUESDAY	UNIVERSITY EXAMINATION ENDS



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MAY 2024

DATE	DAY	EVENTS
1	WEDNESDAY	
2	THURSDAY	
3	FRIDAY	
4	SATURDAY	
5	SUNDAY	HOLIDAY
6	MONDAY	
7	TUESDAY	
8	WEDNESDAY	VACATION STARTS
9	THURSDAY	
10	FRIDAY	
11	SATURDAY	
12	SUNDAY	HOLIDAY
13	MONDAY	
14	TUESDAY	
15	WEDNESDAY	
16	THURSDAY	
17	FRIDAY	
18	SATURDAY	

19	SUNDAY	HOLIDAY
20	MONDAY	
21	TUESDAY	
22	WEDNESDAY	
23	THURSDAY	BUDDHA POORNIMA CELEBRATION
24	FRIDAY	
25	SATURDAY	
26	SUNDAY	HOLIDAY
27	MONDAY	
28	TUESDAY	
29	WEDNESDAY	
30	THURSDAY	
31	FRIDAY	



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JUNE 2024		
DATE	DAY	EVENTS
1	SATURDAY	
2	SUNDAY	HOLIDAY
3	MONDAY	
4	TUESDAY	
5	WEDNESDAY	ENVIRONMENTAL DAY ACTIVITY
6	THURSDAY	
7	FRIDAY	
8	SATURDAY	
9	SUNDAY	HOLIDAY
10	MONDAY	
11	TUESDAY	
12	WEDNESDAY	
13	THURSDAY	
14	FRIDAY	
15	SATURDAY	
16	SUNDAY	HOLIDAY
17	MONDAY	
18	TUESDAY	

19	WEDNESDAY	
20	THURSDAY	
21	FRIDAY	INTERNATIONAL YOGA DAY
22	SATURDAY	
23	SUNDAY	HOLIDAY
24	MONDAY	
25	TUESDAY	
26	WEDNESDAY	
27	THURSDAY	
28	FRIDAY	
29	SATURDAY	
30	SUNDAY	HOLIDAY