



# Voice of Meenakshi



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Official News letter of Meenakshi Academy of Higher Education and Research

Issue 02

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## MAHER ACCREDITED WITH A+ GRADE



MAHER is thrilled to announce that it has been Accredited as A+ by NAAC with a CGPA of 3.5 in the 2<sup>nd</sup> cycle, thereby becoming a Category II institute. Previously, in November 2023, a seven member team from National Assessment and Accreditation Council visited MAHER and its constituent colleges for a three day peer visit from 5<sup>th</sup> to 7<sup>th</sup> September 2023 for assessment and inspection. This is a testament to the endearing commitment of the faculty members, administrative staffs and students of MAHER towards academic excellence and quality

education. This recognition validates our dedication to providing outstanding learning experiences and shaping future leaders of tomorrow in various fields.

## 17<sup>th</sup> CONVOCATION - MAHER

17<sup>th</sup> Convocation of MAHER was conducted on 23<sup>rd</sup> December, 2023 at Meenakshi Medical College Hospital and Research Institute, MAHER. A total number of 1158 candidates, including undergraduates and postgraduates, was awarded degrees and diplomas. 100 of them received medals and certificates for their commendable performance, 45 received Ph.D. degrees, and one received D.Sc. Degree. Dr. Usha Sriram was conferred with Honoris Causa for her outstanding contribution in the field of Internal Medicine and Endocrinology for more than 40 years. In addition to graduates, MAHER is happy to award the Gomathi Radhakrishnan Distinguished Alumni Award to notable alumni of the Institution who have excelled in various fields. Further, MAHER proudly honored the Mega Foundations Director, Mr. Nimal Raghavan with the Jayanthi Radhakrishnan Award for Exemplary Humanitarian Service for his unwavering commitment to water conservation that has resulted in the restoration of 180 water bodies, the establishment of 500+ Miyawaki forests, and the planting of 1.7 million saplings by 2023.



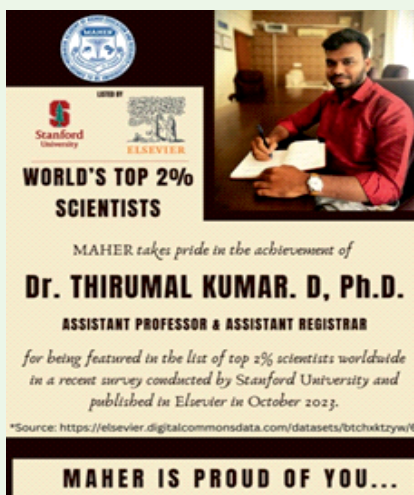
## AWARDS

**First Woman Indian Dentist to receive the Highest Degree**



Dr Jaideep Mahendra, Director of Postgraduate studies and Professor, Department of Periodontology, Meenakshi Ammal Dental College and Hospital, Chennai becomes the first woman Indian dentist to receive the highest degree “DSc: Doctorate of Science in Dentistry (Periodontology)” from the Chancellor, Sri Ramachandra University and appreciation by Dr Atul Goel, Director General of Health Services, Govt of India, New Delhi on 26th October 2022 and it was published in article Dina Thanthi “Muththusaram”

### Top 2% of Scientists



In a remarkable testament to his pioneering contributions to the field of Dr. Thirumal Kumar has been recognized among the top 2% scientists worldwide. This prestigious accolade comes as a result of Dr. Thirumal Kumar's

groundbreaking research and unwavering commitment to advancing scientific knowledge and for being featured in the list of top 2% scientists worldwide in a recent survey conducted by Stanford University and published in Elsevier in October 2023

### Prestigious Ambedkar – Ramanujacharya Award



Dr. G. Raghuram, Assistant Professor, Faculty of Yoga Science and Therapy was appreciated by the honorable Pro Vice-Chancellor for receiving the prestigious Ambedkar – Ramanujacharya award from the Governor R. N. Ravi in the field of Indian Knowledge System (Yoga).

### Student Awards

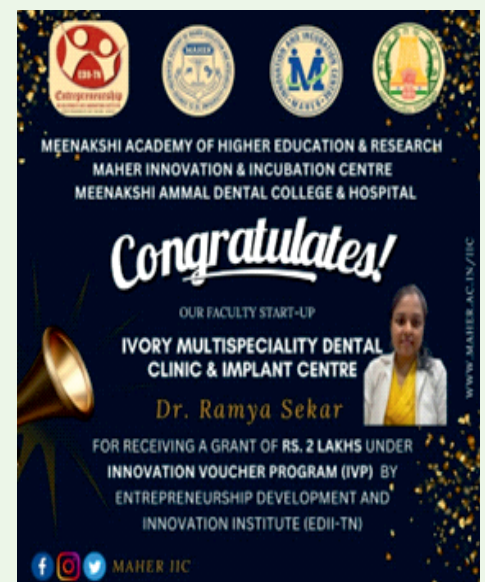


Students of Faculty of Yoga Science and Therapy were honored and appreciated by the Pro-Vice-Chancellor, MAHER for winning National and Inter-collegiate level yoga competitions organized by SRM Institute of Science & Technology and Queen Mary's College, Chennai. Students expressed their sincere gratitude for the support and encouragement for the same.



Miss. I. S. Rajalakshmi, first year student of Faculty of Yoga Science and Therapy has been being honoured by our esteemed Vice-Chancellor for securing her first prize in the State level Yogasana championship – 2024 under the age category 15-18 years conducted by Vedathiri Maharishi Yoga College on 04 Jan, 2024.

### Innovation Grant



MAHER Innovation and Incubation Centre is happy to share that our Faculty Dr. Ramya Sekar, from 'Ivory Multispecialty Dental clinic and Implant centre for receiving the grant of Rs.2 lakh for her Innovation Voucher Program by Entrepreneurship Development and Innovation Institute, Government of Tamil Nadu

### NEEM – Entrepreneurship Development and Innovation Institute



MAHER Innovation and Incubation Centre is happy to share that our Student Innovation “Neem” by Ms. Aishwarya, MADC has been awarded a cheque of Rs. 1 lakh for her Innovation on 1st November for winning TNSI 2022 a challenge rolled out by Entrepreneurship Development and Innovation Institute, Government of Tamil Nadu held at Anna University, Chennai. She was given an opportunity to showcase her Innovation during the event.

### INNOVATION DAY CELEBRATION 2023



Faculty of Humanities and Science in association with MAHER Innovation and Incubation Centre, Institution's Innovation Council and Entrepreneurship Development Cell has organized a seminar on “Innovation” for celebrating Innovation day on 16th October 2023 which is celebrated on the birth Anniversary of the Former President of India Dr. A.P.J. Abdul Kalam. Mr. K. Shree Jayaram, Coordinator,

MAHER Innovation & Incubation Centre had delivered an insightful lecture as the Resource Person for the program.

### INNOVATION & INCUBATION CELL EVENT



MAHER Innovation and Incubation Centre in association Faculty of Occupational Therapy organized a chit chat session for the students with Mr. Hiro Ishida, CEO of Mosaique Private Limited an incubatee of MAHER IIC. He shared his Valuable thoughts and insight on how he became an Entrepreneur, why he chose India and why he chose MAHER for incubating his startup, and opportunities for FOT students in Japan.

### PLACEMENT CELL PROGRAMS Barclays Life Skills Training Program



The placement cell at MAHER along with GTT Foundation organized a BARCLAYS LIFE SKILLS TRAINING PROGRAM for the final year students of Faculty of Humanities and Science on Oct 26th & 27th, 2023 from 9.30 am to 2.30 pm. The trainer Mr. Amit Shroff highlighted the important aspects of placement such as self introduction, group discussion and how to crack a personal interview. 80 students benefited from the program.

### Capability Enhancement Scheme



The Faculty of Humanities and Science organized a Language and Communication program as part of the Capability Enhancement Scheme organized by the Department of English, for First Year UG Students of MAHER FHS on 2nd and 3rd November 2023. Chief Guest Ms. Sherly Hephzibah J, a renowned TEDx Speaker, Educator, Entrepreneur, Public Speaker, Writer, and Content Creator spoke about her experiences of becoming a public speaker from the level of not being able to speak English when she was in first year of college to her current status. Her experiences greatly motivated the students to focus on spoken English. Ms. Priya.S, M.A., MPHIL., M.Ed., Faculty Government Law College Vellore conducted a session on Phonetics and Spoken English. Dr Pushpa Nagini Dean FHS, and the faculty of English trained 110 students on LSRW skills in the workshop. Dr Shanthi, Principal FHS, welcomed the Gathering, and Dr Prababhvathy Devi, Vice Principal encouraged the students to improve their communication skills for achieving success.

### Inauguration Ceremony Of Certificate Course On Cyber Security



The Rotary Club of Kilpauk in association with Tevel Cyber Corps has sponsored a certificate course on cyber security for the students of Faculty of Humanities and Science, Meenakshi Academy of Higher Education. MAHER is proud and delighted to have been chosen as the avenue of social responsibility for Rotary Club for such a significant event.

### Tree Plantation at MAHER



The MAHER Placement Cell, in collaboration with GTT, orchestrated a meaningful tree-planting event exclusively for the graduating students of the Faculty of Humanities and Science. This event provided students with a unique platform to engage with seasoned professionals, enabling them to exchange valuable experiences and gain deeper insights into the corporate realm. Impressively, the event garnered the enthusiastic participation of 32 students and 30 employees. On November 3, 2023, a total of 50 saplings were lovingly planted at MAHER, marking a memorable and eco-conscious occasion.

### NSS ACTIVITIES

#### Relief Measures for cyclone Michaung



On December 19, 2023, the Faculty of Humanities and Science (FHS) under the National Service Scheme (NSS) initiative executed a relief operation aimed at relieving the distress experienced by individuals by the Michaung Cyclone. The undertaking focused on Choolai Pallam MGR Nagar, Chennai, targeting residents whose economic provisions had been significantly affected by the cyclonic event. In this philanthropic undertaking, the team distributed a total of 160 food packets, each valued at Rs. 250, to the identified beneficiaries. The packets were distributed to the residents of Choolai Pallam MGR Nagar.

The non-teaching staff members associated with MAHER were also provided with financial support and food packets. Faculty of MAHER 15 dedicated student volunteers actively participated in the distribution process under the guidance of three faculty members. This collaborative effort not only addressed the immediate nutritional needs of the affected population but also highlighted the importance of community engagement and social responsibility. By engaging in hands-on humanitarian work, students gained insights into the practical dimensions of empathy, philanthropy, and the social implications of natural disasters.

### Screening Camp



In accordance with World Occupational Therapy Day, 33 Students and 1 staff of Faculty of

Occupational Therapy went for a screening camp to a village in Gummidipoondi, Thiruvallur. The students assessed the individuals with disabilities and also spread awareness about Occupational Therapy. 50 people benefited from this camp.

### Swachhata Hi Seva



“On the occasion of 'Swachhata Hi Seva,' Meenakshi Academy of Higher Education and Research (MAHER) proudly embraces the spirit of cleanliness and service. This initiative resonates deeply with our commitment to not just educate but also inspire responsible citizenship. Today, as we come together, let's reaffirm our dedication to cleanliness, hygiene, and a healthier environment. Through our collective efforts, we can create spaces that are not just clean, but also sustainable and nurturing. Let us pledge to keep our surroundings and communities free from litter, embracing the true essence of 'Swachhata Hi Seva' - where cleanliness becomes a way of life.

### Meri Maati Meri Desh Celebration At Faculty Of Allied Health Sciences



The Faculty of Allied Health Sciences, MAHER in association with the MAHER NSS unit organized “Meri Maati Meri Desh” on the 13th of October, 2023 for the AHS students, at AHS lecture hall, MMCH&R, Enathur, Kanchipuram.

The program was enriched by the active participation of the students and faculty members of FAHS.

### International Year Of Millets – Under the UNNAT BHARAT ABHIYAN, NATIONAL SERVICE SCHEME



Under the Auspicious guidance of Meenakshi Academy of Higher Education and Research, on the occasion of International year of millets 2023, Debate competition was conducted for the School Students in Government High school of Parandhur village on 03.11.2023 by the Department of Community Medicine, Unnat Bharat Abhiyan, and National Service Scheme. Under the guidance of Dean Dr. Rajasekhar, Dr. Shankar (Professor and HOD), Dr. Pandiyan K.R (Associate Professor & UBA Co-coordinator) and under the supervision of Dr. Sakthivel (Senior Resident) the program was organized by faculties and postgraduates of Department of Community Medicine. The Headmaster of the Parandhur Government High school graced the occasion. There were about 60 students.

They debated on “The role of millets in diet: should millets be incorporated as an essential component of daily food habits or reserved as supplementary foods?” The theme of this year was “Healthy millets Healthy people”.

Health Education regarding the Nutritive contents of the millets like

Barnyard millet, Little millet, Kodo millet, Foxtail millet, Pearl millet, Ragi, Sorghum were explained by PG and CRMIs.

### EVENTS AND CELEBRATIONS Midas Scientific Fest



Meenakshi Ammal Dental College & Hospital, hosted MIDAS scientific fest on November 24 th and 25th 2023 conducted by IDA Madras Branch. The chief guest for the day was Dr. S. M Balaji, Oral and maxillofacial Surgeon, Balaji Dental and Craniofacial hospital. Mrs. Jayathi Radhakrishnan, Pro chancellor, Mrs. Gomathi radhakrishnan, Interim Chancellor, Dr. C. Krithika, Pro Vice Chancellor graced the occasion. The IDA office bearers, Madras branch, actively participated in the scientific fest. Total of 18 colleges participated in the scientific events. consisting of scientific paper, poster presentations. Other events were tooth carving, quiz, table clinics and Art from waste. This scientific fest brought together students from various colleges across Tamil Nadu, fostering a dynamic learning environment. The event served as a catalyst for intellectual exchange, sparking curiosity and enthusiasm

for discovery among the students.

### Mahakavi Bharathiyar's Birthday Celebration 2023



Department of Tamil, Faculty of Humanities and Science, MAHER celebrated Mahakavi Bharathiyar's birthday on 20th October. Speakers of this programme included Assistant Professor Mr. P. Kumaravel, and Professor Dr. V. Nalini. They eloquently spoke on the life, literature and everlasting impact of Subramania Bharati in Tamil literature and his contribution to the freedom struggle. Around 200 hundred students gathered to celebrate the legacy of this great Tamil poet. Students participated in an oratorical competition on Mahakavi and later were awarded with prizes by the principal of FHS, Dr. V. Shanthi.

### World Psoriasis Day 2023



The Department of Dermatology, Venereology and Leprosy, MMCHRI & RI organized The World Psoriasis Day 2023 Awareness Programme, themed “ACCESS TO ALL” on 31.10.2023, Monday. The chief guest Dr. Boopathi, Medical Superintendent MMCH&RI, Dr. Mithun Kumar, Vice Principal, MMCH&RI, Prof. Dr. Sreevinasan,

HOD, Dept of Pulmonary medicine, Prof. Dr. S. Kumaravel, HOD, Dept of DVL and Dr. Rajesh Professor, Dept of DVL, MMCH&RI gave their insightful speech on the importance of removing barriers to diagnosis, treatment, emotional support for all individuals, regardless of background or socio-economic status. The program saw a diverse turnout of 50, including doctors and faculties of other departments, undergraduate students, patients with psoriasis, their caregivers, and other staffs of MMCH&RI. Patient education pamphlets were distributed which was written in native (Tamil) language. Medical and surgical management of psoriasis were discussed in detail by the faculty of the department of dermatology, Venereology and leprosy. The Psoriasis awareness programme was well organized by the faculties, post graduates, and other staff members of Dept of DVL. The "Access to All" theme of the World Psoriasis Day Awareness Programme was successful and reaffirmed the need for inclusive, accessible care for those affected by Psoriasis. It marked a significant step towards breaking down barriers and ensuring equal support for all.

### World Diabetes Day 2023 Celebration



World diabetes day was observed on 28/11/2023 in Sityambakkan village by the Department of

Community Medicine, MMCH&RI. A total of 87 beneficiaries participated in the event. The event started with screening of FBS and PPBS estimation, blood pressure monitoring for the general public followed by Health education on the topic of Nutrition and Diet practices for diabetics and Wound care practices for Diabetics was demonstrated by CRMI's through skit (Role play).

### World Diabetes Day



Under the Auspices of Meenakshi Academy of Higher Education and Research, World Diabetes Day was observed on 14/11/2023 at Thirupanangadu village under Unnat Bharat Abhiyan Scheme, National Service Scheme and Department of Community Medicine under the guidance of Dean Dr.K.V.Rajasekhar and Dr.K.Shankar (Professor and HOD), and under the supervision of Dr.K.R.Pandiyam (Associate professor) Coordinator Unnat Bharat Abhiyan and Dr.Gopinath (Associate professor) and Dr M Sakthivel (Senior Resident). The programme was organized by all the faculties and Postgraduates of the Department. The rural population was informed about the programme on the previous day. Health camp was conducted with 10 CRMIs, medical officers, nurses of rural centers with other staff.

### International Tree Dressing Day

ISO Team of Meenakshi Medical College Hospital and Research Institute, Kanchipuram conducted Tree Dressing (Decorating) Competition, on 1st December 2023 in the lead up to the International Tree Dressing Day that falls on 4th December 2023 on the occasion of Founder Chancellor 1st Remembrance Day



They also conducted Planting Tree Saplings Event on International Tree Dressing Day and occasion of Founder Chancellor 1st Remembrance Day on 11/12/2023. Around 80 faculties and 170 students participated. Tree Saplings provided by the Forest Department in the honor of Founder Chancellor were planted by faculties and students.



**World Aids Day 2023**



Under the Auspices of Meenakshi Academy of Higher Education and Research, on the occasion of “World AIDS Day” under the theme of “Lets Communities Lead”. AIDS Awareness event conducted in New CME Hall, Meenakshi medical college and research Institute on 01.12.2023. Program was organized by the Department of Community Medicine in collaboration with Allied health sciences under Unnat Bharat Abhiyan, and National Service Scheme.



World AIDS Day 2023 program conducted by ART Centre, Department of General Medicine and Department of Microbiology – PPICTC

**Current HIV updates Workshop**



In commemoration of World AIDS Day, MAHER Advanced Research Centre for Health Sciences

(MARCH) organized guest lecture On “Current HIV Updates” on 28.11.2023 at Auditorium, MAHER. The resource persons of this workshop were Mrs.I.T.Shridevi, ICTC - Counsellor, Kilpauk Medical College and Hospital, Chennai and Mrs.Vanmathi, ICTC - Counsellor, MMDA Urban primary Health Centre, Chennai.

The lecture was attended by 162 participants from the Departments of Research, Physiotherapy, and Occupational Therapy. Guest Speakers Mrs. I. T. Shridevi and Mrs.R.Vanmathi gave a quick introduction to HIV, and then covered its Invention, mode of transmission, prevention, and awareness. They also provided a brief training on increase youth awareness of STIs, HIV/AIDS, and related issues by dispelling myths and providing sufficient, accurate information. They also encouraged young people to take an active role in reducing stigma and discrimination against individuals living with HIV/AIDS)

**Janjatiya Gaurav Diwas 2023**



The program started with tribal welcome dance. The chief guest, Prof. Dr. Mohammad Abdul Khader, Principal, Chendu College of Engineering, delivered a special address about unsung heroes and heroines from tribal community thus motivated the students to uphold for the welfare of the tribal people. In this regard, competitions on Essay writing, Drawing and Elocution in the themes of “Current scenario in the Educational and Socio-

economical status of Indian Tribes” were conducted which saw active participation of several enthusiastic students.

**Bharathiyar Birthday Celebration 2023**



Bharathiyar Birthday Celebration (15/12/23) Department of Tamil celebrated Mahakavi Bharathiyar's birthday on 15th December. Speakers of this programme included Professor Dr. M. Muthuvelu, First Registrar (Retd.) of Central Institute of Classical Tamil, Chennai. Around 200 hundred students gathered to celebrate the legacy of this great Tamil poet. Students participated in several events such as 'My signature in My Mother Tongue', Book fair, debates competition on Mahakavi and later were awarded with prizes by our honorable principal, Dr. V. Shanthi and chief guest.



### Bharatiya Bhasha utsav celebration 2023



The Faculty of Allied Health Sciences at MAHER organized “Bharatiya Bhasha utsav” on the 16th of December, 2023, at 11:30 AM in the Meenakshi Medical College and Hospital, Lecture Hall. The event involved various student activities, Debate speech and language learning corner and ended with prizes distribution.

### World Mental Health Day



Faculty of Yoga Science and Therapy (FYST) organized events on the occasion of “THE WORLD MENTAL HEALTH DAY” on 10.10.2023. The day started with an extension activity by a visit to the Mahaveer Illam, Uthandi, Chennai (A home for mentally challenged people). Yogic practices of Asanas, Meditations and relaxation sessions were conducted for the inmates. Competitions on Rangoli, Singing, Dancing and Mime were organized for the students of Yoga Science and Therapy with the theme of creating awareness about mental health, and the students actively participated in the competitions. A lecture on Pranic healing was arranged for the post-lunch session. Resource Person, Ms.Charupalli Kamakshi of CK

PRANIC HEALING, Andhra Pradesh, shared her knowledge to improve mental health through pranic healing methods. A total of 35 students and scholars of FYST participated in this program.



Faculty of Occupational Therapy celebrated World Mental Health Day on 10-10-2023 at MAHER-Auditorium. 114 students participated in this event. Dr. Deepa Sundareswaran, Principal, FOT delivered the welcome address. Dr. C. Anbudurai, Consultant Psychiatrist was the chief guest for the occasion. The chief guest gave an insight about mental health and the problems faced by the current generation on mental health. The students of FOT showcased various events like mime, street play and mini movies.

### National Environment Youth Parliament



In view of the National Environment Youth Parliament on 15/11/2023, Students of Meenakshi Ammal Dental College and Hospital participated in an Interactive session on the topic “How to preserve our Environment?” They gave various inputs on preserving our Environment. The students also debated on the feasibility of waste management methods. The staff members further enlightened the students on the importance of

Biomedical waste management. The debate and Interactive session created an awareness in the young minds and added a sense of responsibility to them. It helped them in teamwork and Communication skill development.

### Khadi Mahotsav 2023



With regard to Khadi Mahotsav observed between 2.10.23 to 31.10.2023, Students from Meenakshi Ammal Dental College and Hospital took a pledge to emphasize on the importance of khadi, handloom, and other related products for our economy, ecology, and women empowerment. Students were also encouraged to participate in the quiz, slogan writing and essay writing competitions through My gov platform.

### National Unity Day Celebration



The National Unity Day celebration at Meenakshi Ammal Dental College and Hospital was a resounding success, fostering a sense of patriotism, national pride, and unity among the participating under graduate students. The oath-taking ceremony, in particular, served as a powerful testament to their dedication to preserving the rich tapestry of India and its unity and diversity. Through such initiatives, the college continues to instill in its students the values that Sardar Vallabhbhai Patel stood for, ensuring that the legacy of national unity lives on in the hearts and minds of future generations



### International Day of Radiology



“International day of Radiology celebration with the Theme: “Celebrating Patient Safety” by Department of Radiodiagnosis on 8th November 2023”

### Diwali Celebration



In celebration of Diwali, the MAHER-FHS IQAC Cell and the Students Council came together for a vibrant Diwali event on October 28, 2023, under the theme “Diwali - Victory of Light.” This festive occasion featured a series of exciting competitions for the students, including DeppaOli Kolam, Cooking without Fire, Bridal Makeup and Mehendi. In addition to the spirited competitions, the event also hosted Pre-Diwali Sale Stalls. This provided an excellent opportunity for students to showcase their entrepreneurial talents and foster a spirit of innovation and business acumen. It was a memorable and enriching celebration of Diwali that showcased the talent and creativity of the MAHER-FHS community.



In celebration of Diwali, Faculty of Allied Health Sciences, MAHER celebrated Eco-friendly Diwali 2023 on November 10th 2023. This festive occasion featured a series of exciting competitions for the students, like Rangoli contest, Henna contest, My Talent show, Tamil Elocution and cultural events. This event provided an excellent opportunity for students to showcase their talents. The winners of each event were announced and distributed the prizes.

### Academic program



Workshop on “ELISA AND MICROBIOLOGY TECHNIQUES” was conducted by the Department of Research on 10.01.2024 at Advance Research Centre for Health Sciences, MAHER. Program commenced with a lecture delivered by Dr Nalini who provided a basic outline about the ELISA procedure. Subsequently, Dr. Sivamalar delivered a lecture covering the basics of microorganisms and Gram-positive staining protocols. A total number of 17 students participated in

this program. Followed by the lectures, demonstration and hands on training of ELISA and gram positive staining procedure were conducted. This hands-on approach allowed the participants to gain a thorough understanding of the techniques, enhancing their skills and knowledge in the field. The program outcomes were to provide the participants with a comprehensive understanding of ELISA and basic microbiological procedures, emphasizing their practical implementation in diagnostic applications.

### Balancing Body and Mind: Unveiling Oriental Medicine for Holistic Health-Thoughts from Thailand



Department of Community Medicine, MMCHRI conducted the Guest Lecture on “Balancing Body and Mind: Unveiling Oriental Medicine for Holistic Health-Thoughts from Thailand” by Dr. Ittikorn Wattana by An Innovative Researcher and International Scholar, A Thai Science of Life Innovator, healer and therapist of International acclaim in the field of Innovative integrated Life Energy Medicine International Vice Chancellor, YSAM University, Florida, USA and Initiator & Program Director, Innovative Oriental Medicine, College of Oriental Medicine, Rangsit University, Thailand

**CDE program on “Soft Tissue Laser in Clinical Practice”**



The Department of Periodontics, Meenakshi Ammal Dental College and Hospital conducted the CDE program on “Soft tissue laser in clinical practice.” More than 170 participants attended the program and participated in the live demonstration and hands-on training on the lasers. Dr Sukanya Selvarangam, the President Laser India, New Delhi, shared her expertise with the students. Excellent feedback was received by all the students who participated from all over Tamil Nadu including Pondicherry and Cuddalore district.

**CME on Antimicrobial Resistance**



“CME on Antimicrobial Resistance by Department of Microbiology with the Theme of 'Preventing Anti microbial Resistance Together” on 22nd November 2023”

**CME on “Overview of Systematic Reviews and Meta - Analysis”**



A CME on “Overview of Systematic Reviews and Meta–Analysis” was held on 18th November 2023, organized by the Department of Community Medicine (MMCH&RI) and Department of Research (MAHER); Conducted by Health Technology Assessment Resource Centre - ICMR - NIE .

**National conference on Neonatal Therapy 2023**



Faculty of Occupational Therapy in collaboration with the Association of Neonatal Therapists (ANT) organized a National conference on Neonatal Therapy on 17th and 18th November 2023. The theme for the conference was Neonatal Therapy: Towards a better tomorrow. This conference was open to Undergraduate, Postgraduate and Professionals of various departments. The delegates and speakers were highly appreciative about the conference. The conference turned out to be a resounding success.

**CME on CA VULVA**



CME Program on CA VULVA” by Department Obstetrics & Gynaecology

**CME on HEMATO - ONCOLOGY**



“CME on HEMATO – ONCOLOGY conducted by the Department of Pathology, Meenakshi Medical College Hospital and Research Institute.”

## Faculty Development Program



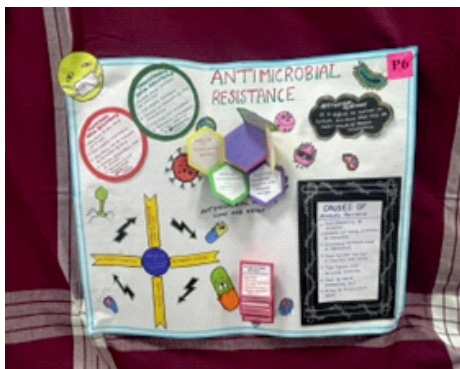
On December 20th, 2023, the Department of Mathematics at MAHER - FHS conducted an enlightening Faculty Development Programme in a hybrid mode to commemorate National Mathematics Day. The Resource Persons Dr. L. Shobana, Associate Professor, SRM University Kattankulathur and Dr. K. Selvakumari, Associate Professor, Saveetha Engineering College (SIMATS) delivered the presentation on "Recent Trends in Mathematics and its Association with various Disciplines". This FDP served as a platform to enrich knowledge about research among the participants. A total of 56 faculty members actively participated representing various departments from MAHER – FHS, FYST and other esteemed colleges. The insightful presentations by our distinguished speakers contributed significantly to the understanding of recent developments in mathematics and their relevance across diverse academic disciplines.

## AWARENESS PROGRAMS Unlocking Financial Wisdom at MAHER



The Faculty of Humanities and Science organized an engaging "Financial Literacy" program on 10/01/2024 with dynamic coordination by the Commerce Department. Mr. Mani. M, Project Manager at Samskriya Foundation, conducted a thought-provoking session, starting with a "Visualization Technique" to enhance mental empowerment and immunity. From understanding the essence of money to navigating the intricacies of budgeting, saving, and the nuances of loans and investments, the program provided invaluable insights. Mr. Mani. M's emphasis on the intersection of basic communication and computer skills with financial literacy left students motivated and eager for future initiatives. The event, attended by 200 students, concluded on a high note, echoing the sentiments of empowerment and financial literacy.

## World Anti-Microbial Awareness week Day 1



Department of Microbiology & HICC conducted an awareness programme on 18th November 2023 for II yr MBBS students. Students were given poster presentation in the topic "ANTIMICROBIAL RESISTANCE". About 42 posters received, among which 17 best posters were selected for display. Dr. Eswari (V.P academics) & Dr. Namitha Bhuvaneshwari (Professor & HOD, Ophthalmology) judged the posters & prizes were given for the best 3 posters

## Day 2 Rangoli competition



Department of Microbiology & HICC conducted an Antimicrobial awareness programme on 20th November 2023 for Allied Health Students. Students were given the topic of "Antimicrobial Resistance" for the Rangoli competition. Dr. Parimala (Prof. & HOD Pharmacology) & Dr. Punitha (Prof. of Physiology) judged the rangoli competition & the prizes for best 2 teams were given.

## Day 3 Awareness on Arasankuppam village



Department of Microbiology & HICC conducted a community awareness programme regarding Antimicrobial resistance in "Arasankuppam" village PHC on November 21st 2023. About 75 village people attended the programme & got benefitted. This programme was headed by Medical Superintendent Dr.K.Boopathi, village Panchayat head Mrs. Uma Sabapathy, Dr. Parimala UHC Medical officer incharge. Dr. Senthamarai Professor and HOD, Dept of Microbiology welcomed the gathering, followed by a special speech by the medical superintendent. Awareness speech

was given by Dr.S.Sivasankari, HICC coordinator followed by a question answer session & feedback by Dr. V.J.Subha Associate prof, Dept of Microbiology. The programme ended with a certificate of appreciation from the Panchayat head for the excellent awareness given to their village people.

### World Antimicrobial Awareness RALLY



“Awareness Rally Conducted by Department of Microbiology and Hospital Infection Control Committee on the Occasion of World Antimicrobial Awareness Week with the Theme of “Preventing Antimicrobial Resistance Together”

### Eating for a Healthy Smile: Tips for Choosing Nutritious Foods and Drinks



MAHER Advanced Research Centre for Health Science (MARCH) and Department of Nutrition and dietetics conducted an awareness program for Out- Patients in Meenakshi Ammal Dental College and Hospital on 10th October 2023 on the topic “Eating for a Healthy Smile: Tips for Choosing Nutritious Foods and Drinks”. More than 50 Out- Patients from MADC were benefited from the Resource person Ms.Virgin Vinoliya, Clinical Dietitian at HAMSA Spine & Brain Rehab, a Unit of Kauvery. She gave a detailed explanation of the most prevalent oral health issues associated with improper eating habits, including dental caries, cavities, bleeding gums, enamel loss, and periodontitis.

### Awareness session for home science students



The Department of Nutrition and Dietetics, along with MAHER Advanced Research Centre for Health Science (MARCH), conducted an awareness session for home science students in grades 11 and 12 at Jaigopal Garodia Government Girls Higher Secondary School in Virugumbakkam. Speakers of the programme included Research Scholars (Department of Nutrition and Dietetics) Ms. Vaishya R. D. and Mrs. Manju Bargavi S. They provided helpful insights on topics such as menstrual hygiene, the basics of nutrition, and foods to eat before an exam.



**MEENAKSHI**  
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- *Arulmigu Meenakshi College of Nursing*
- *Meenakshi College of Nursing*
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