



# Voice of Meenakshi



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Official News letter of Meenakshi Academy of Higher Education and Research

Issue 02

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## FOUNDERS DAY CELEBRATION



24<sup>th</sup> May, 2024, the MAHER community gathered at the Meenakshi Ammal Dental College auditorium to celebrate Founder's Day in honor of their visionary leader, Thiru. A. N. Radhakrishnan. The event was attended by Interim Chancellor Mrs. Gomathi Radhakrishnan, Pro Chancellor Mrs. Jayanthi Radhakrishnan, Vice Chancellor Prof. Dr. R.S. Neelakandan, Pro Vice-Chancellor Prof. Dr. C. Krithika, Registrar Dr. V. Surekha Varalakshmi, and principals of all constituent colleges. Students excelling in academics and winners of RAISE-2024 (Radhakrishnan Annual Intercollegiate Sports and Cultural Fest) were awarded. The Faculty of Physiotherapy won RAISE-2024, with Meenakshi Ammal Dental College as first runners-up and the Faculty of Allied Health Science as second runners-up. Outstanding students received the Rising Star award for exceptional talent in academics, sports, or cultural activities.





As part of the Founder's Day celebrations, the Meenakshi Faculty of Pharmacy and Meenakshi Medical College Hospital and Research organized a herbal sapling plantation on May 23<sup>rd</sup>, 2024. Additionally, on 19<sup>th</sup> May, all constituent colleges conducted multidisciplinary camps at Uthiramerur, benefiting 250 people of all age groups. On the same day, the management extended their humanitarian efforts by making donations to an orphanage and an old age home in Uthiramerur. This gesture underscored their commitment to social responsibility and community welfare, providing much-needed support and resources to these institution



Moreover, on May 19<sup>th</sup>, all constituent colleges organized multidisciplinary camps in Uthiramerur, benefiting 250 individuals across various age groups. On the same day, the management furthered their humanitarian efforts by donating to both an orphanage and an old age home in Uthiramerur. This act demonstrated their dedication to social responsibility and community welfare, offering crucial support and resources to these establishments.

## RAISE-2024

RAISE - 2024, held from May 16<sup>th</sup> to 22<sup>nd</sup>, 2024 across MAHER and MADCH campuses, commemorated Founder's Day in honor of Thiru. A. N. Radhakrishnan, our visionary leader, uniting the MAHER community in fellowship and excellence.

A total of 1035 students participated, showcasing their talents across a wide range of events. The Literary FEST featured Elocution, Debate, and Essay competitions on thought-provoking themes. In the Sports FEST, competitions like Volleyball, Futsal, Kabbadi (men), and Throwball, Khokho, Tennikoit (women) were held, alongside Carrom and Table Tennis tournaments.



Cultural FEST highlights included Group Dance, Classical Dance, Group Singing, Talent Hunt, Mimicry, and Adzap, celebrating our cultural diversity. Fine Arts events included Rangoli, Mehendi, Cooking without Fire, Face and Pot Painting, Doodle Art, and innovative projects like Art from Waste and Vegetable/Fruit Carving.



In the digital arena, students engaged in Meme creation, Short Film production, Reels, and Photography exhibitions, demonstrating their creativity and adaptability.

RAISE - 2024's success underscores the collaborative effort of MAHER's management, faculty, and students, making it a beacon of holistic development and camaraderie in our institution.



## INDIA BOOK OF RECORDS

On June 21<sup>st</sup>, International Yoga Day 2024 was celebrated at Meenakshi Academy of Higher Education and Research (Deemed to be University). M. Rajesh, a second-year student of M.Sc. Yoga Therapy, and S. Priyadarshini, a second-year student of M.Sc. Yoga in the Faculty of Yoga Science and Therapy, held the yoga postures 'Salamba Sirasasana Konasana' and 'Prasarita Pada Uttanasana' respectively for the longest duration. M. Rajesh held his posture for 12 minutes and 1 second, while S. Priyadarshini held hers for 50 minutes and 51 seconds, both earning entries in the "India Book of Records." S. Priyadarshini previously set a record in 2022 for holding 'Raja Kapotasana' for 60 minutes.

With the blessings of the founder Chancellor, the late Hon. A.N. Radhakrishnan, Interim Chancellor Mrs. Gomathi Radhakrishnan, and Pro Vice Chancellor Mrs. Jayanthi Radhakrishnan, the event commenced with an inaugural address by Dr. R.S. Neelakandan, Vice-Chancellor. Dr. C. Krithika, Pro Vice Chancellor, delivered a special address, and Dr. V. Subbulakshmi, Principal of the Faculty of Yoga Science and Therapy, gave the welcome address. Renowned yoga therapist and consultant Dr. N. Chandrasekaran was the chief guest of the day. Mr. Vivek R. Nair from the India Book of Records was the adjudicator for the record-breaking attempts and officially declared the achievements, felicitating the achievers with medals.



## STUDENT AWARDS

Mr. Thangeshwaran S, a first-year student of the Faculty of Occupational Therapy, participated in the Vellore District Karate-Do Championship 2024 held on April 7, 2024. He won the silver medal in the Under 21 Individual Kata event and the bronze medal in the Under 21 75kg Kumite event. Additionally, Mr. S. Thangeshwaran secured first place in the Individual Single Stick category at the State-level Open Silambam Championship, organized by the Tippu Sultan Silambam Kalari Martial Arts Association, held on April 28, 2024, in Ranipet, Tamil Nadu.



Mr. Kishan Bhawar, a PhD scholar at MAHER, received a gold medal in the 9<sup>th</sup> International Yogasana Championship organized by the World Yoga Sports Federation, Amateur Yoga, and Yoga Culture Association, held in Bangkok, Thailand.



Mr. Kishore Kumar, a third-year student of the Faculty of Occupational Therapy, achieved a Global World Record titled "N A M M A M A S T E R

PRABHUDEVA" by performing nonstop to 100 Prabhudeva songs for 100 minutes on May 2, 2024, at Rajarathinam Stadium, Chennai. This accomplishment is registered in the International Pride World Records. Similarly, Ms. Srinidhi, a third-year B.Com Corporate Secretaryship student from the Faculty of Humanities and Science, achieved the same Global World Record for her nonstop performance of 100 Prabhudeva songs for 100 minutes on May 2, 2024, at Rajarathinam Stadium, Chennai. Her achievement is also registered in the International Pride World Records.



Mr. Karthigayan D., an alumnus of the Faculty of Occupational Therapy at Meenakshi Academy of Higher Education and Research (MAHER), won the 'Young Investigator Award' at the 2024 National Conference 'IFNRCON', organized by the Indian Federation of Neurorehabilitation (IFNR) and the Indian Association of Neurologists.



Radiating excellence: B.Sc Radiology Imaging Technology students from FAHS secured 3rd prize in both the Scientific Paper and E-Poster Presentations at the state-level SIRCON 2024 Radiology Conference held in Kollam, Kerala on May 11<sup>th</sup> and 12<sup>th</sup>, 2024.



A total of 309 students, ranging from first-year to final-year students along with CRRIs, took part in the event. Our students emerged as overall winners in the scientific sessions and overall winners in the cultural events.



## FACULTY ORIENTATION PROGRAM

MAHER – Faculty of Humanities and Sciences (FHS) and the Centre for Online Education organized a one-day faculty orientation program on "SWAYAM PRABHA & SWAYAM MOOC – An Integrated Part of Education" on April 4, 2024, at IIC Hall from 10:30 am onwards. Approximately 34 FHS faculty members and research scholars actively participated in the session.

Dr. Arulchelvan Sriram, Director of EMRC, Associate Professor and Head of the Department of Media Sciences at Anna University, Chennai, gave an inaugural talk on "Digital Education." After a short break, the session continued with Dr. Dhamodharan Umamathy, Academic Coordinator (Tamil Nadu chapter), Daksh Swayam Prabha & MOOCs, EMRC, UGC-CEC, Anna University, Chennai. Both sessions were interactive and informative, providing insights into the SWAYAM platform and e-content development.



## ACADEMIC EVENTS

The Faculty of Allied Health Sciences hosted MAHER BMS SUMMIT 2024, a seminar centered on Basic Medical Sciences, on April 27, 2024. The summit showcased presentations by three notable speakers and included an E-poster competition. Around 200 students from MAHER and 100 students from other colleges actively participated in this informative event.



The Faculty of Occupational Therapy organized a seminar titled "Unraveling the Enigma of Intellectual Property Rights" on April 30, 2024. Dr. Ponnuragan, Associate Dean of IPR at MAHER, was the resource person for the event. A total of 75 students and 5 faculty members participated.



The Department of Orthodontics at Meenakshi Ammal Dental College conducted the "Surgefast 2.0" program on April 26 and 27, 2024. The event featured speakers Dr. Sherry Peter, Dr. Maria John, and Dr. Akshai Shetty. The program attracted 100 orthodontist delegates from across the country.



The Dental Education Unit and R&D and Consultancy Committee of Meenakshi Ammal Dental College and Hospital conducted a program titled "Good Clinical Lab Practices - An Overview" on June 19, 2024. The speaker, Dr. CN Srinivas, MD (Pathology), DNB (Pathology), MNAMS, FCAP, and a Graduate Certificate holder in Clinical Lab Management and Leadership (AACC) from HealthPod India, Bengaluru, provided an in-depth discussion on various lab protocols, SOPs, lab safety guidelines, and the technology and logistics involved in Good Clinical Laboratory Practices. The lecture proved to be highly beneficial for faculty, interns, and students.



Faculty of Occupational Therapy organized a Continuing Occupational Therapy Education Programme on "Shifting Perspectives Towards Disability" on June 20, 2024, in the Auditorium at MAHER.

The Chief Guest, Dr. Gurunagarajan, Former Senior Social Worker in the Department of PMR at CMC Vellore, and the Guest of Honour, Dr. Samson Daniel, Head of Operations at the National Center for Assistive and Health Technologies at IIT M, shared valuable insights about different models of rehabilitation and assistive technology. Additionally, Ms. Anushka Nanoo, a physiotherapist, discussed various types of orthoses. Mr. Poornachandran and Ms. Viji shared their experiences as peer trainers for spinal cord injury.



Faculty of Humanities and Science organized a guest lecture on "E-filing and Income Tax" held in the MAHER Auditorium on June 18, 2024, from 10:00 am to 12:30 pm. The speaker, Mrs. Kavitha Umopathy, a Chartered Accountant, provided insightful information on e-filing and various aspects of income tax. A total of 153 students participated in the program, gaining substantial knowledge on the subject.



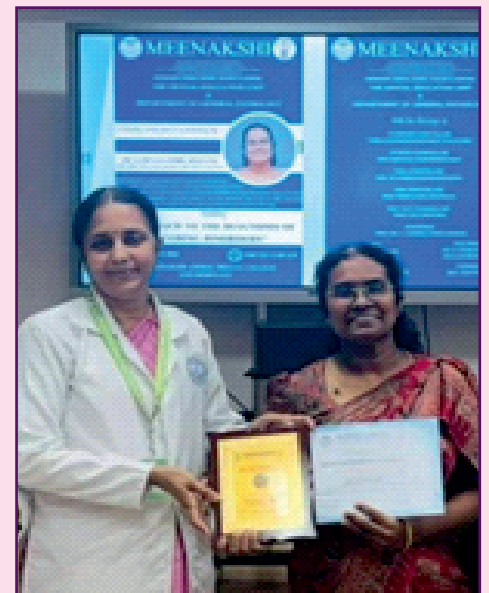
On June 15, 2024, from 10:30 AM to 12:30 PM, Department of Tamil at Meenakshi Academy of Higher Education and Research hosted an event titled "Jambu Island Declaration" as per the University Grants Commission guidelines. A total of 210 students attended. Dr. Ma. Prakash gave a detailed lecture on "Marudupandiyars Jambu Island Declaration," followed by a screening of related video clips.



Department of General Pathology and the Dental Education Unit of Meenakshi Ammal Dental College organized a guest lecture cum workshop on the Diagnosis Approach to Bleeding Disorders. Dr.

S SriGayathri (MD, Path), a post-doctoral fellow, served as the keynote speaker. The primary aim was to equip participants with the skills to effectively identify, investigate, and diagnose bleeding disorders commonly encountered in dental practice.

The Undergraduate National UG Convention 'PERIO CONNECT 2024' in Periodontology was successfully held at Meenakshi Ammal Dental College and Hospital, Chennai, in collaboration with the Indian Society of Periodontology and ISP Study Group, Chennai. The event saw a substantial turnout with over 334 registrations from 25 colleges across Tamil Nadu.



ISP office bearers and guest speakers delivered enlightening lectures on the importance of Periodontology as a specialty. A total of 150 prizes were awarded across various categories, including trophies to winning colleges. The Director of Medical Education, Government of Tamil Nadu, graced the event as the Chief Guest, commending the program's success and presenting prizes. Overall, the conference was celebrated as a grand success.

## NON ACADEMIC EVENTS

On June 25, 2024, the Tze-Chiang Foundation of Science and Technology (TCFST), Taiwan, launched short-term training programs in the semiconductor domain tailored for faculty and students, aligned with the AICTE curriculum for UG/Diploma/Minor degree courses. The curriculum for these programs has been endorsed by a committee appointed by the All India Council of Technical Education (AICTE).

An online webinar was conducted on the same day from 12:00 PM to 01:00 PM to introduce and detail the short-term training programs. Experts from TCFST Taiwan provided comprehensive insights during the webinar. Approximately 115 students and faculty members from the Department of Computer Science and Applications participated in this informative session.

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On March 28, 2024, the Faculty of Humanities and Science and Physical Education hosted IGNITE-2024, a collaborative sports day filled with friendly competition and community building. Teams—Achievers, Believers, Chasers, and Defenders—showcased sportsmanship in various outdoor and indoor games, including throw ball, tennikoit, Kabbadi, chess, and carrom. The event culminated with the winners being honored with certificates for their exceptional performance and sportsmanship. Beyond the competition, IGNITE-2024 fostered friendships, promoted physical well-being, and strengthened bonds within the academic community.



The Annual Sports Meet of Meenakshi Ammal Dental College was held on April 16, 2024, at Nehru Stadium. The chief guest was Rotarian M. Renukalakshmi Mohan, a sportswoman, social worker, and union activist. She retired as Senior Travelling Inspector of Accounts from Southern Railways and served as Executive Director at the Railway Cooperative Credit Society. Additionally, she was the former General Secretary of the Hockey Unit of Tamil Nadu and the former Joint Secretary of Hockey India.



The Faculty of Allied Health Sciences organized sports events on April 16th and 17th, 2024, at the MMCHRI campus. Day one featured volleyball, throwball, tennikoit, chess, carrom, and badminton, while day two included kho kho, athletics, and football. Both boys and girls participated enthusiastically in the competitions. The program concluded successfully, showcasing the students' spirit of teamwork and sportsmanship.



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Meenakshi Ammal Dental College organized "Artemis 2024," a cultural fest in which students from 1st BDS to Final year BDS participated and competed, organized by the CRRI's. The off-stage events included face painting, cooking, Rangoli, art from waste, carving, makeover, etc. The on-stage events took place on April 28th, 29th, and 30th.

Celebrities from various fields such as art, music, dance, and stunt were invited as judges for events like Cine replica, short film, group dance, variety show, and replica dance.



### TRAINING PROGRAMS.

The Department of Oral and Maxillofacial Surgery at Meenakshi Ammal Dental College, in collaboration with TACT - Academy of Clinical Training, conducted a one-day Basic Life Support workshop on March 30, 2024. The workshop included lectures and hands-on training in Basic Life Support and Cardiopulmonary Resuscitation using adult and infant mannequins. Various emergency clinical scenarios were discussed and demonstrated, along with training on automated external defibrillators for cardiac arrest situations. Postgraduate students and interns benefited greatly from this hands-on workshop.



Meenakshi Ammal Dental College and Hospital observed Fire Service Week by conducting an awareness program on April 18, 2024. The program, in conjunction with the Tamil Nadu Fire Service, Maduravoyal branch, and Tamil Nadu Rescue Team led by Mr. Selvan, Inspector from the Fire Service Department, Maduravoyal, aimed to highlight the importance of fire prevention and precautionary measures.

Mr. Selvan addressed students and non-teaching faculty, emphasizing the need for awareness regarding fire prevention. He discussed the causes of widespread fire incidents and methods to prevent them, focusing on strategies like starvation, smothering, and cooling.

As part of the program, a compelling mime performance was presented by 10 trained members of the Tamil Nadu Rescue Team, who have participated in various rescue operations across Tamil Nadu. They demonstrated life-saving emergency situations and protocols. Approximately 150 students and 50 non-teaching faculty members participated in this informative and impactful event.



### AWARENESS PROGRAMS

To reiterate the importance of Voting, first-time voters from Meenakshi Ammal Dental College took a pledge and conducted voter awareness activities as mandated by the Election Commission of India.



On April 18, 2024, the Faculty of Allied Health Sciences organized a voter awareness program for first-time voters. The event featured videos from the Election Commission of India, including TV commercials and short films, aimed at educating about the significance of voting. During the program, students enthusiastically participated by pledging to emphasize the importance of each individual's vote.





## OBSERVANCE OF COMMEMORATIVE DAYS

### World Autism Awareness Day

Faculty of Occupational Therapy celebrated World Autism Awareness Day/Month on April 3, 2024, with 120 students participating. The chief guest, Dr. Subramanian S., a Developmental Pediatrician and Co-founder & Director of Smrithi Healthcare, Nishta Integrated Neuro Development Centre (Chennai), and Ramana Rehabilitation Centre (Trichy), shared his expertise on Autism Spectrum Disorder. FOT students showcased various performances, including mime, dance, speeches, and poetry.

Dr. Krishnageetha N., Assistant Professor at FOT, discussed common myths and facts about Autism Spectrum Disorder. The event concluded with the distribution of prizes to the winners of various competitions held in observance of World Autism Awareness Day. The afternoon session featured a webinar by Dr. Jayashree Shanbal, Head of the Department of Speech and Language Pathology at AIISH, on "Social Pragmatic Issues in Autism Spectrum Disorder."



### World Book Day

On April 23rd, 2024, the Faculty of Occupational Therapy celebrated World Book Day under the theme "Read Your Way." Dr. Deepa Sundareswaran, Principal of FOT, inaugurated the Book Bank and delivered a speech emphasizing the

importance of reading to the students. As part of the celebration, students pledged to cultivate a habit of reading starting from that day. Many students and staff generously donated books to the Book Bank. Ms. Mariam Banu from the first year of BOT shared her personal experience about the pleasures of reading. This initiative aims to instill a love for reading among students at FOT



### National Oral Medicine and Radiology Day

National Oral Medicine and Radiology Day was observed on April 24th at the Department of Oral Medicine and Radiology, Meenakshi Ammal Dental College and Hospital. The department organized an awareness program highlighting the role of oral physicians in the early diagnosis of oral diseases and oral cancer. In conjunction with this event, top-performing students in the UG and PG final year university exams were awarded certificates and mementos.



### World Intellectual Property Day

Meenakshi Academy of Higher Education & Research, along with its IPR Cell, Innovation & Incubation Centre, Institution's Innovation Council, and Entrepreneurship Development Cell, organized the MAHER - SDG Challenge Ideathon on April 26, 2024, at the Innovation & Incubation Centre seminar hall. Aligned with the theme of World Intellectual Property Day 2024, 'IP and the Sustainable Development Goals,' the event received 32 innovative ideas from students and faculty. After rigorous evaluation, 12 top ideas were shortlisted by eminent judges. Each team presented their ideas in a 5-minute pitch session before Ms. Anbumathi, a Design Thinking expert and Founder of Resources Life Science & Head of Business Strategies at inDERMA Medical Devices, on the morning of April 26, 2024.

Among the 12 teams, three exceptional ideas were selected to receive a seed grant of Rs. 20,000 each, along with support from the IPR Cell and Innovation & Incubation Centre to develop their innovations into real products or services. The winning ideas include:

1. Dr. Ramya S from Meenakshi Ammal Dental College - TRIPLE HERB FRESH CARE - SDG - 9
2. Ms. Usha Devi B from Faculty of Yoga Science & Therapy - DHEGAM-DETOX MUD BATH SOAP - SDG 3
3. Dr. Praveena S - Meenakshi Ammal Dental College - AUTOMATED LIGHT ADJUSTMENT USING GYROSCOPE SENSOR IN DENTAL CHAIR - SDG 9



plantation of 1000 tree saplings activity



Faculty of Occupational Therapy at MAHER celebrated World Environment Day on June 5, 2024. The event, organized by the Eco Club of FOT, began with a welcome address by Dr. Deepa Sundareswaran, Principal of FOT. Dr. V. Sureka served as the chief guest. Ms. Krithika R. from the second year recited a Tamil poem about the environment.

The "Each One Give One" initiative was launched to encourage plant growth, with students distributing seeds to the public to raise awareness about land restoration and environmental care. Dr. V. Sureka gave a talk on environmental conservation, and Dr. Lilly Christopher, Dean of Student Affairs, spoke about the importance of using recyclable items.

Dr. Hasti Divecha, Assistant Professor, shared insights about the "Treasure Island" project, which Dr. V. Sureka then unveiled to promote plastic recycling. Each batch of students received an indoor plant to nurture as part of the initiative. Additionally, various vegetable and flowering seeds were distributed to the Registrar, Dean of Student Affairs, and students



### World No Tobacco Day

"WORLD NO TOBACCO DAY" Program at Meenakshi Ammal Dental College on 31/05/24. The Department of Oral Medicine & Radiology and The Department of Public Health Dentistry conducted various Public Awareness activity such as Awareness speech, Skit and Mass Signature Campaign as a part of WORLD NO TOBACCO DAY Program.



### World environment Day

Faculty of Allied Health Sciences organized a World Environment day On June 05, 2024 Nurture the Nature signature campaign and awareness program for the first year students. Around 125 students enthusiastically participated in signature campaign, E-slogan and creative painting and connexion a quiz programme events on the theme of Nurture the Nature. Second and third year of FAHS students along with MMCHRI students have actively participated in plantation of tree saplings awareness Program which is jointly organized by Kanchipuram district collector and Tamilnadu pollution control board on world environment day at Enathur. Nearly 80 students enthusiastically involved in

### World Blood Donor Day:

In observance of World Blood Donor Day on June 14, Meenakshi Ammal Dental College conducted a blood donation campaign on June 19, 2024. The campaign was supported by Tamil Nadu Dr. MGR Medical University, Guindy. Students participated enthusiastically, demonstrating commendable altruism. Their contributions will significantly aid in saving lives, exemplifying the true spirit of community service..



Faculty of Allied Health Sciences commemorated World Blood Donor Day on June 14, 2024, at MMCH&RI. The event, organized by the NSS unit of FAHS, featured a keynote address by Dr. Dhanalakshmi R.B., MBBS, DCP (Clinical Pathologist) and Blood Bank Medical Officer at MMCH&RI, Kanchipuram. Students pledged to spread awareness about the importance of blood donation, and many AHS students actively participated by donating blood.



**International Yoga Day**

International Yoga Day 2024 was celebrated on June 21st at Meenakshi Academy of Higher Education and Research (Deemed to be University) in West KK Nagar, Chennai. The event began with a yoga session at the basketball ground on campus at 7 am, with over a hundred students participating to promote the benefits of yoga for physical and mental well-being.



On International Yoga Day 2024, Meenakshi Ammal Dental College and Hospital partnered with Nehru Yuva Kendra Sangathan, under the Ministry of Youth Affairs and Sports, Government of India, to conduct a yoga session on 22nd June 2024. The event was attended by Shri N. Poonkathir, MSC, M. Ed, M. Phil., PGDCPT, a Counselor and Environmentalist, and Ms. G. Priyanka, MA., B.Ed, a Motivational Speaker from the Sangathan.



**International Day Against Drug Abuse and Illicit Trafficking**

Faculty of Occupational Therapy organized an event on World Drug Day 2024, the International Day Against Drug Abuse and Illicit Trafficking on June 26, 2024. This year's theme set by the United

Nations is "The evidence is clear: invest in prevention." Dr. Deepa Sundareswaran, Principal of FOT emphasized the use of the helpline number at MAHER for seeking help for loved ones. Various activities such as speeches, poster presentations, and board art were conducted by students of FOT. Ms. Archana, a final-year student, spoke about drug use reduction and awareness. Ms. Divya, a first-year student, highlighted the impact of drug use on daily life. Mr. Gowtham, also a first-year student, presented a compelling poster titled "Say no to drugs." Additionally, a short video depicting addiction titled "Nuggets" was screened during the session. The students collectively pledged to contribute to a drug-free community.



On June 26, 2024, the Faculty of Allied Health Sciences, MAHER organized a significant rally to observe the International Day Against Drug Abuse and Illicit Trafficking. The event began with a flag-off ceremony at Kancheepuram bus stand, led by FAHS Principal Prof. V. Ramnath and Sub-inspector Mr. Annadurai from Siva Kanchi. Approximately 100 FAHS students from the NSS (National Service Scheme) and Antidrug club actively participated in the rally. Carrying banners and placards, the participants marched through the streets to raise awareness about the hazards of drug abuse and illicit

trafficking. The rally culminated at Egambaranathar Temple, where participants reaffirmed their dedication to combating these societal issues. The event received media coverage on Makkal TV news and was prominently featured in newspapers such as Dinamalar and Kadhir Osai.



On 26th June, 2024, Faculty of Humanities and Sciences observed the International Day Against Drug Abuse and Illicit Trafficking with the theme "People First: Stop Stigma and Discrimination, Strengthen Prevention." Dr. Pushpa Nagini Sripada, Dean of FHS, stressed education's role in combating drug abuse. The Dean of Students led a pledge against drug abuse, affirming the community's commitment to a drug-free environment.

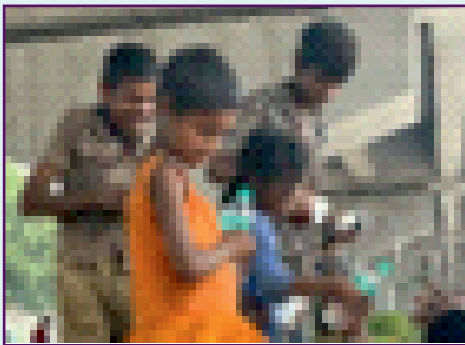
On same day, Faculty of Occupational Therapy, Dr. Deepa Sundareswaran, Principal in other event, discussed stress management for caregivers of those with addiction. Mr. Mohitheen Batcha, Director of Counselling & Training Services at ATHMA MIND CENTRE, Chennai, the Chief Guest, emphasized prioritizing individuals over stereotypes and enhancing prevention through education.



## OUTREACH AND COMMUNITY REACH ACTIVITIES



Faculty of Occupational Therapy at Meenakshi Academy of Higher Education and Research, in collaboration with Varshini Illam Trust, an NGO, conducted a screening and assessment camp for economically deprived children in the Kattankalathur block on June 29, 2024, at Kaayirambedu, Guduvanchery. Eighteen students, including final-year and postgraduate students, along with two faculty members, participated in the camp. Parents were taught home program techniques to benefit their children. The consultation was followed by a discussion with other therapists from the organization.



Faculty of Physiotherapy students, in collaboration with ETERNALS TRUST, organized an initiative where Rs. 2600/- was collected from the first-year batch students. With these funds, we successfully provided meals to 40 individuals, offering them brinji and water to alleviate their hunger. Our goal is to continue expanding our impact and ensure that more people do not have to go hungry.



The Faculty of Occupational Therapy at Meenakshi Academy of Higher Education and Research, in collaboration with Varshini Illam Trust, distributed assistive devices to four service users in Kannagi Nagar. The event was attended by students from FOT at MAHER, Dr. Zafar from RBSK, Dr. Gokul from UHC, Chief Nurse Ms. Manjula from ANM (UHC), and speech therapist interns. The service users, including children Jaswanth E, Mohammad Reyaan, Rakesh, and Hema Manisha, participated along with their parents. In Perumbakkam, Mr. Darwin Moses, PO, Mr. Meria Selvendran, CO from TNUHDB, and Ms. Mercy, Director of IRCDS, also joined in the distribution.



**MEENAKSHI**  
ACADEMY OF HIGHER EDUCATION & RESEARCH  
(DEEMED TO BE UNIVERSITY U/S 3 OF UGC ACT 1956)



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### CONSTITUENT COLLEGES AND FACULTY

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- *Meenakshi College of Nursing*
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