


Ph. D - Online Viva Voce Invitation

Name : Deepak Mathew (6620020)
Faculty : Faculty of Yoga Science and Therapy
Title : “EFFECT OF YOGA THERAPY WITH AND WITHOUT AYURVEDIC DIET ON SELECTED RISK FACTORS AMONG AGED INSOMNIAC WOMEN”

NOTIFICATION

**MEENAKSHI**
ACADEMY OF HIGHER EDUCATION & RESEARCH
DEEMED TO BE UNIVERSITY BY UGC ACT, 1956
FACULTY OF YOGA SCIENCE AND THERAPY

NOTIFICATION

Ph.D Online Public Viva-Voce Examination
In accordance with the Ph.D regulations of
Meenakshi Academy of Higher Education & Research
(Deemed to be University), West K.K. Nagar, Chennai-78 &
SYB, Commission Letter No. MA/REG/2022-23/254 dt.16-01-23
Mr. DR. P. K. MATHEW (Reg. No. 6620020)
will defend his thesis in the online Public Viva-Voce Examination.

Title of the Thesis
**EFFECT OF YOGA THERAPY WITH AND WITHOUT AYURVEDIC DIET
ON SELECTED RISK FACTORS AMONG AGED INSOMNIAC WOMEN**

Date: 23/04/2025 Wednesday Time: 11:00 AM

Venue: Ph.D Viva Voce (Ph.D. Research Wing) 3rd Fl. Admin. Block,
Meenakshi Academy of Higher Education & Research (Deemed
to be University), West K.K. Nagar, Chennai-660078

Candidate's Mail Link to Join : <https://meet.google.com/mtl-yhln-bhl>

In accordance with Ph.D regulations page 14, para 7 of MAH & a copy of the
thesis has been made available in the Library of Meenakshi Academy of
Higher Education & Research (Deemed to be University),
West K.K. Nagar, Chennai 78.

You are cordially invited to attend the Ph.D. Viva Voce Examination and
participate in the discussion.

<p style="text-align: center;">SUPERVISOR</p> <p style="text-align: center;">Dr. R. Manikandan Professor and Supervisor, Meenakshi Academy of Higher Education & Research Chennai</p>	<p style="text-align: center;">INTERNAL EXAMINER</p> <p style="text-align: center;">Dr. P. K. Mathew Professor and Supervisor, Meenakshi Academy of Higher Education & Research Chennai</p>
<p style="text-align: center;">CO-SUPERVISOR</p> <p style="text-align: center;">Dr. P. K. Mathew Professor and Supervisor, Meenakshi Academy of Higher Education & Research Chennai</p>	

WEBSITE COPY

There will be an Online Public Viva Voce Examination of Research Scholar Deepak Mathew (Reg.No.6620020) – Faculty of Yoga Science and Therapy on 22nd January 2024 at 11 Am.

Research Title: “EFFECT OF YOGA THERAPY WITH AND WITHOUT AYURVEDIC DIET ON SELECTED RISK FACTORS AMONG AGED INSOMNIAC WOMEN”.

Google Meet Link: <https://meet.google.com/gut-yhtn-hjt>