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FOUNDER'S DAY 2025 CELEBRATIONS AT MAHER

Honouring the Vision of Late Thiru A. N. Radhakrishnan Institution - wide Felicitations and Inaugurations - Growth and Gratitude

Founder's Day 2025 witnessed a series of institutional recognitions and inaugurations across MAHER. Chancellor Mrs. Jayanthi Radhakrishnan, Chief Patron Mrs. Gomathi Radhakrishnan, Pro-Chancellor Mr. Akash Prabhakaran, Vice Chancellor Prof. Dr. C. Sridhar, and Pro Vice Chancellor Dr. C. Krithika graced the occasion alongside other dignitaries. The Department of Research and key contributors to MAHER's recognition under the Department of Scientific and Industrial Research (DSIR) were honored for their significant achievements. Students who excelled in poetry and art competitions were felicitated by Dr. Hariharasubramanian. Several new facilities were inaugurated, including a Podiatric Clinic at MMCHRI, an Operating Microscope Unit at Meenakshi Ammal Dental College and Hospital (MADCH), and a Wellness Centre at the Faculty of Yoga Science and Therapy (FYST). These developments signified MAHER's continuous commitment to excellence in education, innovation in healthcare delivery, and the promotion of student well-being.

The celebrations concluded with colorful and energetic cultural performances by students, showcasing their creativity, spirit, and admiration for the Founder Chancellor.



Founders Day Celebration at MAHER Auditorium

Multispecialty Health Camp at Uthiramerur - A Tribute in Action

On 21st May 2025, in commemoration of the 86th birth anniversary of the Founder Chancellor, MAHER organized a large-scale multispecialty health camp at the Rural Health Centre of Meenakshi Medical College Hospital & Research Institute (MMCHRI), Uthiramerur. The event was led by Registrar Prof. Dr. Surekha Varalakshmi, Chief Medical Officer Dr. Boopathi, and Mr. Ellappan, President of the Perungozhi Panchayat. The camp provided free consultations across specialties including Ophthalmology, ENT, Orthopedics, General Medicine, Surgery, Obstetrics & Gynecology, and Dentistry, benefiting over 200 residents from neighboring villages. Health awareness sessions were conducted by Mrs. Thephila Cathrine on cervical cancer, Mrs. Malarvizhi on women's wellness, and Mr. S. Pugazhendi and Mr. A. Anish Kumar on drug abuse. In addition to the medical services, the camp featured the donation of Rs. 10,000 to Child Haven International, distribution of notebooks to 205 school children, and a tree plantation drive.

Students from the Faculty of Yoga Science and Therapy also conducted yoga sessions for the children of the charitable home. With the support of 70 volunteers, the camp stood as a powerful reflection of the Founder Chancellor's enduring legacy of compassionate care and rural outreach.



Inauguration speech



Students treating patients

Community Outreach at Karai Village – A Prelude of Service

As a prelude to the Founder's Day celebrations, the Department of Community Medicine, in collaboration with the ISO Committee, National Service Scheme (NSS), and Unnat Bharat Abhiyan (UBA), organized a series of impactful outreach programs on 20th May 2025 at Karai Village. The initiatives began with a Non-Communicable Disease (NCD) screening camp that offered essential health checkups and created awareness among the local community. This was followed by a tree sapling plantation drive that emphasized environmental sustainability and increased the village's green cover.

The team also conducted a Clean Village Campaign, involving students and villagers in sanitation activities to promote hygiene and environmental care.



Staffs and students taking part in the campaign

These initiatives reflected MAHER's commitment to public health, environmental responsibility, and social service - core values embedded in the institution's founding philosophy.

MMCHRI Commemoration Program - A Cultural and Academic Salute



Sampling Plantation



Staffs and students pledging

The celebration also included a prize distribution ceremony for student competitions in poetry, poster design, and art-from-waste, with prizes presented by Prof. Dr. Eswari V and Prof. Dr. Muthulakshmi R, Vice Principal (Student Affairs). The event concluded with a sapling plantation ceremony, symbolizing growth and continuity.

ISO Committee at MMCHRI hosted a heartfelt Founder's Day celebration honoring the visionary legacy of Late Thiru A. N. Radhakrishnan through cultural and academic events. The program commenced with a vibrant inaugural dance performance by Phase III MBBS Part I students (XIDUCIANZ), followed by the Thamizhthai Vazhthu, floral tribute, a moment of silence, and the lighting of the kuthuvilakku. Dr. S. Saravanakumar delivered the welcome address, and the keynote speech was presented by Dean Prof. Dr. K. V. Rajasekhar. Senior faculty members offered tributes reflecting on the Founder Chancellor's ideals. A symbolic "Pledge on Trees" led by Prof. Dr. Eswari V, Vice Principal (Academics), emphasized environmental commitment. This was followed by an awareness speech by Medical Superintendent Prof. Dr. K. Boopathi on the relevance of the Founder's vision in today's healthcare landscape.

RAISE 2025 (Radhakrishnan Annual Intercollegiate Sports and Cultural Fest)

RAISE 2025, the annual intercollegiate fest of Meenakshi Academy of Higher Education and Research (MAHER), was celebrated with great enthusiasm from April 1st to 9th, 2025. The event brought together over 1,500 students from 10 constituent colleges in a vibrant and competitive display of sportsmanship, artistic expression, intellectual engagement, and cultural talent. The celebrations commenced with a spirited March Past on April 1st, where participating contingents exhibited discipline, synchronization, and unity.



Dignitaries on the dais



Students performing march past



Sports Events at Raise 2025



Sports events followed, beginning with Basketball (Men & Women) and Throwball (Women) held at Meenakshi Ammal Dental College and Hospital on April 2nd. On April 4th, Volleyball (Men), Football (Men), and Tennikoit (Women) were held at the MAHER Campus, followed by Kabaddi (Men), Kho Kho (Women), and Shotput (Men & Women) on April 5th. With over 700 students taking part, the sports competitions were a true reflection of athletic excellence and team spirit.

Fine Arts and Literary events were conducted on April 7th, witnessing the participation of 220 students in competitions such as pot painting, face painting, rangoli, mehandi, and cooking without fire, showcasing immense creativity and aesthetic talent. Simultaneously, 120 students took part in literary contests including essay writing, debate, elocution, and poster making, engaging their critical thinking and communication skills.



Students during mehandi competition



Winner of Pencil sketch with Judges



Students performing on stage

The highlight of April 8th was the presence of renowned television personality KPY Bala, who graced the occasion as the Chief Guest, along with Dr. Don as the Additional Guest, adding excitement and encouragement to

The Cultural Events held at MMCHRI on April 8th and at MADCH on April 9th brought the celebrations to a grand crescendo, with over 800 students

presenting a variety of dynamic stage performances such as classical and theme dances, mimic-a-dance, ramp walk, and stand-up comedy.

the young performers. The events were enriched by the presence of various talented judges, both online and offline, who evaluated the performances with expertise and fairness.



Celebrities for Cultural Events - Raise 2025



Faculty of Physiotherapy receiving the winner's trophy



1st Runner Up for Raise 2025 – Meenakshi Ammal Dental College

The week-long festivities concluded with a grand Valedictory Function on April 9th at the MADCH campus, honoring and celebrating the efforts, talents, and competitive achievements of all participants. In total, 50 events were conducted - 24 cultural, 6 literary, and 20 sports - with 840 students emerging as winners. FPT emerged as the Overall Champions of RAISE 2025, also securing the top position in Sports, Culturals, and Literary events. MADC was declared the Overall Runners-up, also placing second in Sports and Culturals, while MMCHRI secured the second position in Literary events.



2nd Runner Up for Raise 2025 - Meenakshi Medical College Hospital and Research Institute

RAISE 2025 stood as a testament to the unity, diversity, and vibrant energy of the MAHER community, leaving lasting memories of teamwork, talent, and triumph.

A Legacy Celebrated, A Vision Continued

Founder's Day 2025 was a profound celebration of the life and mission of Late Thiru A. N. Radhakrishnan. Through a range of initiatives - from rural health outreach and environmental stewardship to academic honors and infrastructural advancements - MAHER reaffirmed its core values of service,

innovation, and inclusivity. The events brought together faculty, students, staff, and the wider community in a unified tribute to a leader whose vision continues to guide and inspire generations. The legacy of the Founder Chancellor lives on, not just in memory, but in every step MAHER takes toward shaping a healthier, empowered future.

Faculty Awards

Dr. Lakshmi Priya Kannan, Assistant Professor, Department of Periodontics, Meenakshi Ammal Dental College & Hospital, has been awarded the Associate Fellowship in Laser Physics, Safety, Regulations, and Clinical Applications for WaterLase by the World Clinical Laser Institute (WCLI). She received the certification after successfully completing the program held on 19th and 20th April, 2025, in New Delhi.



Dr. Lakshmi Priya Kannan receiving the fellowship certificate

Student Awards



Ms. Shiny receiving the medal



Ms. A. Chitra, a M.Sc. Yoga Therapy student, has won a special prize in the State-Level Essay Competition organized by Raj Bhavan under the guidance of the Hon'ble Governor of Tamil Nadu, Thiru. R.N. Ravi. The competition was held as part of the Bharatiya Bhasha Diwas celebrations on 11th December, 2024, commemorating the 143rd birth anniversary of Mahakavi Subramania Bharathiar.

M.Sc. Yoga Therapy students Ms. Rohini C. and Ms. Gayathri M. have been appointed to Tamil Nadu Government Group II positions through the sports quota, in recognition of their exceptional achievements in sports. This remarkable accomplishment reflects their dedication and perseverance.

Ms. Shiny, a third-year BBA student of the Faculty of Humanities and Science, won the Silver Medal in the 100m hurdles at the 23rd Athletic Federation Championship (U-20) held in Allahabad during 22nd -24th June at Uttar Pradesh. Her outstanding achievement highlights the institution's commitment to nurturing talent in both academics and sports.



Ms. Rohini C and Ms. Gayathri M receiving their orders



Dr. Moulikaa with the panel of judges

Dr. Moulikaa, a third-year postgraduate student from Meenakshi Medical College Hospital and Research Institute secured First Prize in the Quiz conducted during the "Dry Lab Procedures & Hands - On Training

for Postgraduates" held on 7th June 2025 at Sri Ramachandra Institute of Higher Education & Research.

Academic Events

On 2nd and 3rd April, the Department of Community Medicine & Research and Development Committee at Meenakshi Medical College Hospital and Research Institute partnered with the Tamil Nadu Alliance for Development of Community Medicine (TADCOM) to host a two-day Research Methodology Workshop aimed at enhancing participants' knowledge of study designs, statistical analysis, and scientific writing. Esteemed external speakers included Dr. Kirubakaran (Joint Secretary, TADCOM; Senior Asst. Professor, Govt. Omandur Medical College), Dr. Grace Rebecca (Lecturer, Biostatistics

Dept., CMC Vellore), and Dr. Arun Murugan (President, TADCOM; Prof. & HOD, Govt. Omandur Medical College). The inaugural day covered foundational research concepts and study design principles, while the second day emphasized hands-on research skills, ethical standards, and effective scientific writing - an enriching program that strengthened the research capabilities of all attendees.



Dr. Grace Rebecca presenting the lecture



Inauguration of the program



Dignitaries on the dais

On 4th April, 2025, the 2nd Symposium on Oral Oncology & Workshop was successfully organized at Meenakshi Ammal Dental College & Hospital, drawing around 99 participants from across India. Organized by the Oral Oncology Unit of the Department of Oral & Maxillofacial Surgery-under the leadership of Dr. Manikandan R. and Symposium Chairperson Dr. Shubhra Chauhan Aramanai-the event was honored by the presence of Chief Guest Dr. S. Ramkumar, District Secretary of Rotary International. The symposium featured 11 distinguished guest speakers, including Drs. Jatin P. Shah, Moni Abraham Kuriakose, Arvind Krishnamoorthy, Kodeeswaran Marappan, Pndaya Kalpa Mukul, Shobana Sekhar, Kodeeswaran M, Syed Ismail Nawab John, Anbarasi Kumaresan, Vijaykumar Jain S, Rinku George, and Harish.



Staffs and students attending the program

The Medical Education Unit of Meenakshi Medical College Hospital and Research Institute successfully organized the CRMI (Compulsory Rotating Medical Internship) Orientation Program on 7th April 2025. The program aimed to equip newly inducted interns with the essential knowledge, skills, and professional values required for their internship training. It included sessions on clinical

It also convened seven chairpersons-Drs. Murugesan Krishnan, Vivek Narayanan, Nadimul Hoda, B. Balaguhuan, Pradeep Christopher Jesudas, Reena Rachel John, and G. Lakshmi Narayana-along with seven panelists, including Nadimul Hoda, P. Jovita Martin Daniel, K. Satish Srinivas, Yasser Arfat, M. Senthil Murugan, Harish, and B. Kavitha, all of whom shared evidence-based insights into oral cancer.



Staffs and students attending the program

responsibilities, ethical practices, patient communication, and institutional protocols. HOD's and faculty members shared valuable insights to help interns transition smoothly from medical students to healthcare professionals.



Inauguration speech



Dignitaries on the dais



Dignitaries on the dais



Staffs and students attending the lecture

The Department of Orthopaedics at Meenakshi Medical College Hospital & Research Institute (MMCHRI) hosted a state-level, one-day workshop on "Recent Advances in Total Knee Replacement (TKR)" on 9th April at the New CME Hall, 250 Block. The event brought together orthopedic professionals eager to learn about the latest techniques in TKR. Prof.Dr. Thulasi Raman, HOD of Orthopaedics, warmly welcomed attendees, followed by an inaugural address from Prof.Dr. K.V. Rajasekhar, Dean of MMCHRI. Prof.Dr. Sankaralingam P, Senior Consultant and Joint Replacement Surgeon, was felicitated before delivering the

keynote on "My Experience with TKR." Another highlight was the guest lecture by Prof.Dr. Singaravelivelu V of Madras Medical College, titled "10 Commandments for a Perfect TKR," which outlined essential principles for optimal surgical outcomes. The workshop concluded with a vote of thanks from Dr. Jeeva S, Assistant Professor in Orthopaedics, marking an enriching academic milestone in MMCHRI's continued commitment to excellence in medical education and clinical practice.



Lecture on Basic Life Support



Hands on experience



Students attending written exam

The Skill Lab Committee of Meenakshi Medical College Hospital & Research Institute (MMCHRI) organized a comprehensive workshop on Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) for postgraduate students on 16th April, 2025, aiming to bolster their skills in managing cardiac emergencies through both didactic and hands-on training. Led by resource faculty from Emergency Medicine and Anesthesiology-Dr. Vignesh N, Dr. Janani K, Dr. Kamalakannan, and Dr. Bhadhrjaman-the morning session focused on BLS with interactive lectures and CPR/airway management practice, while the afternoon session covered ACLS protocols through simulations and drills, concluding with a written examination to assess learning outcomes.

On 17th April, 2025, the Library Committee at Meenakshi Medical College Hospital and Research Institute organized a Clinical Key Orientation Programme for first-year postgraduate students and faculty, led by Mr. Abhishek Gupta, Customer Service Manager at Elsevier South India. Mr. Gupta demonstrated Clinical Key's comprehensive tools and its vital role in supporting academic and clinical research, while Dr. Anbazhagan, Professor of Medicine and Library Committee Coordinator, set the tone by highlighting the value of digital resources in modern medical education. The session was attended by over 75 postgraduate students and 15 senior residents, reflecting strong enthusiasm for evidence-based learning. The programme concluded with a warm Vote of Thanks from Dr. Meiyamaai, Assistant Professor of General Medicine, who expressed appreciation for the engaging and informative session.



Inauguration speech



Staffs and students attending the lecture



Staffs and students attending the lecture



Mr. Abhishek Gupta delivering his keynote

On 9th May, 2025, the Dental Education Unit and Department of General Pathology at Meenakshi Ammal Dental College organized a guest lecture and workshop on "Approach to the Diagnosis of Bleeding Disorders," led by Dr. S. Sri Gayathri, MD, Associate Professor, Department of Laboratory Medicine, Sri Ramachandra Medical College, Chennai. The interactive session began with an overview of the fundamentals of bleeding disorders

before moving into real - world dental case scenarios involving abnormal bleeding.

Approximately 50 postgraduate students and faculty engaged in lively discussions around diagnostic strategies and therapeutic management protocols. Participants provided feedback, making the event a rich educational experience bridging theory and clinical practice.



Dr. S. Sri Gayathri presenting her lecture



Students attending the lecture



Hands on experience for the students

A delegation of six students from Chennai, led by Dr. R. Anitha (Deputy Registrar, MAHER), embarked on an enriching academic and cultural Boot Camp in Malaysia from May 18th to 26th, 2025. Highlights included visits to historical landmarks in Malacca, engaging academic sessions at USIM's Faculty of Dentistry, and clinical exposure at leading dental centers like Klinik Pergigian Modena & Avisena. Students gained hands-on insights into digital dentistry,

CBCT imaging, and hypnotherapy for pediatric care, alongside career guidance for practicing in Malaysia. Cultural experiences spanned Putrajaya, Batu Caves, Kuala Lumpur's vibrant markets, and a scenic KL Tower view. The camp concluded with a lecture on Orofacial Pain, a campus tour, and a go-karting finale-blending academics, clinical learning, and cross-cultural immersion in a truly memorable experience.

A professional development event titled "Recent Advances in Prenatal Diagnosis" was organized by the Department of Obstetrics and Gynecology, Meenakshi Medical College Hospital and Research Institute (MMCH&RI). The program aimed to enhance awareness and update healthcare professionals on the evolving methodologies and technologies in prenatal diagnostics. Welcome address delivered by Dr. R. Jayanthi, Professor & HOD, Dept. of OBG, MMCHRI. Inaugural Address presented by Prof. Dr. K.V. Rajasekhar, DEAN, MMCHRI followed by

a keynote address by Dr. Boopathi, Medical Superintendent, MMCHRI. A Session on "From Cells to Stories: Interpreting the First Trimester Ultrasound" by Dr. Parameshwar Keerthi B.H, Assistant Professor, Department of Radio Diagnosis, Meenakshi Medical College (MMCHRI). Afternoon session focused on "Recent trends in prenatal genetic diagnostics" by Dr. Sudha D, from Anderson Diagnostics and Labs. Concluding remarks by Dr. Harika, Assistant Professor, OBG, MMCHRI.



Felicitation of the chief guest



Winners with the organizing team

On 16th June, 2025, the Medical Education Unit and Mentorship Committee at Meenakshi Medical College Hospital & Research Institute (MMCHRI) conducted a comprehensive CRMI Orientation Programme, designed to familiarize the incoming cohort with the academic, ethical, administrative, and practical foundations of their training. Led by in-house faculty, the programme covered essential topics—ranging from CRMI roles and responsibilities, ethical codes, and logbook maintenance, to best practices in emergency medicine, infection control, laboratory disciplines (microbiology, pathology, biochemistry), pharmacovigilance, fire safety, HICC protocols, hostel regulations, and community medicine engagement. The event also featured reflective insights from CRMI representatives and concluded with an interactive feedback session to reinforce learning and identify areas for enhancement.

The Department of Pathology, Meenakshi Medical College Hospital and Research Institute (MMCH&RI) organized a PATHO QUIZ on 22nd May, 2025, for Phase II MBBS students. 6 teams battled it out in the final round after a preliminary round. Prizes and

certificates were awarded to the winners, and all participants received certificates for their participation. It was an engaging and educational event that tested the knowledge and skills of our future doctors.



Lecture delivered during the orientation program



Live demo for students

The Department of Periodontics at Meenakshi Ammal Dental College and Hospital hosted a successful Student Exchange Program for interns from Tagore Dental College on 18th June, 2025. Designed to enhance clinical skills and academic exposure in Periodontics, the program focused on implant surgical protocols and the use of microsurgery. Dr. Sathish Rajendran delivered an

informative lecture on basic implant procedures, followed by a live implant placement demonstration. Dr. Saranya conducted an engaging session on microsurgical applications, equipment, and suturing techniques under magnification. The students found the experience highly enriching, particularly valuing the hands-on exposure to advanced periodontal practices.

On 20th June, 2025, the Department of Computer Science and Applications organized a guest lecture titled "Computer Science: From Classrooms to Everyday Life" for Faculty of Humanities and Science students, featuring Dr. Neelima Sailaja, Assistant Professor at Nottingham University, UK (a QS Top 100-ranked institution). The session explored how classroom concepts in computer science translate into real-world innovations across smartphones, smart homes, healthcare, banking,

entertainment, and more. Dr. Neelima also shared her research on using AI to help farmers protect crops from wildlife. Dr. Parul Chauhan, Recruitment Advisor at Nottingham University, spoke on opportunities for higher studies and research in AI, data science, and cyber security. The event saw the participation of around 190 students and faculty and was coordinated by Mrs. Sridevi and Mrs. Josephine Mary from the Department of Computer Science.



Chief guest with the organizing team



Nurses and nursing students attending the lecture

On 10th April, a total of 60 participants—including 14 faculty members and 46 students—successfully took part in a World Record attempt coordinated by Einstein World Records, UAE, in association with the Association of Nurse Executives of India (ANEI). Conducted from 12:00 PM to 1:15 PM, the event focused on the vital theme of "Prevention of Medication Administration Errors," aiming to build awareness and enhance clinical

competencies among nursing professionals. This synchronized training session, delivered uniformly across all participants, was an ambitious step toward setting a global record for the largest coordinated educational initiative in nursing—highlighting a shared commitment to improving patient safety and advancing nursing education worldwide.

The Faculty of Yoga Science & Therapy organized a successful Laughter Yoga, Value Added Course, program on 17th April, 2025. The event started with a prayer and a welcome speech by Prof. V. Subbulakshmi, Principal of FYST. Dr. Raguram, Assistant Professor at FYST, then introduced Mr. Venkat S. M, a renowned Laughing and Mudra Therapist from Mahaveer Illam, Uthandi, Chennai. Through engaging discussions and practical exercises, participants gained valuable information on therapeutic benefits of laughter yoga, learning

techniques to alleviate stress and enhance well-being. The interactive laughter yoga sessions encouraged a sense of community and camaraderie among participants, who actively participated and benefited from the experience. Dr. P. Karthika, Assistant Professor at FYST, proposed the vote of thanks, expressing gratitude to Mr. Venkat and all participants. The course received positive feedback for its effectiveness in promoting overall well-being.



Students attending the lecture

On 17th April, 2025, the Faculty of Pharmacy at Meenakshi, Thandalam, in partnership with the Tamil Nadu Fire and Rescue Services (Irungattukottai, Kancheepuram District), observed National Fire Service Day with an engaging event themed "UNITE TO IGNITE, A FIRE SAFE INDIA." Officer Venkatesh opened the session with an insightful address on fire hazard awareness and everyday safety measures, followed by the distribution of informative pamphlets detailing essential prevention strategies.

On 21st April, 2025, the Department of Orthopedic Physiotherapy within MAHER's Faculty of Physiotherapy hosted an impactful guest lecture titled "From Practice to Patents: Intellectual Property in Physiotherapy" in the seminar hall. The session featured Dr. Sooriaprakas Chandrasekaran (MDS, FPFA, Diplomate IBE), Associate Professor in Conservative Dentistry and Endodontics at Meenakshi Ammal Dental College and Hospital,

who expertly highlighted the essential connection between clinical practice and patenting innovative physiotherapy techniques. The lecture—attended by 75 undergraduate and postgraduate students and faculty—delivered valuable insights into intellectual property, emphasizing its importance in safeguarding clinical advancements and encouraging innovation among practitioners.

The highlight of the morning was a live mock fire drill led by the Fire and Rescue team, showcasing evacuation protocols, proper use of firefighting equipment, and emergency response techniques—providing students and faculty with invaluable hands-on training. This initiative not only paid tribute to the bravery of firefighters but also reinforced a culture of responsibility and preparedness, supporting India's commitment to building a fire-resilient future.



Mr. Venkatesh delivering his insightful lecture



Students attending the lecture



Students experiencing VR stimulations

On 17th April, 2025, Meenakshi College of Nursing (MCON), MAHER, hosted a cutting-edge Virtual Reality (VR) Training Workshop to enhance clinical learning through immersive technology. Attended by 20 students and 8 faculty, the event opened with a welcome by Dr. J. Anitha, who spotlighted the growing role of AI and digital tools in nursing. Trainers from MEDISIMVR, Ms. Jageetheswari and Dr. Chaithanya, demonstrated VR simulations that immerse learners in realistic clinical scenarios—supporting safer, repeatable practice shown to significantly improve competence, confidence, and clinical decision-making. Participants practiced key nursing procedures in a risk-free virtual environment, aligning with evidence that such immersive VR enhances skill mastery and critical thinking. The session concluded with thanks from Mrs. Jebin Sherly, celebrating the enthusiastic participation and marking a significant step toward technology-driven, immersive nursing education at MCON.

The Anti-Ragging Committee of Meenakshi College of Nursing organized a Senior-Junior Interaction Programme on 16th April 2025. The event commenced with a soulful invocation by the college choir, setting a serene tone for the day. The keynote address was delivered by Dr. Fabiola M. Dhanaraj, Principal of MCON. She emphasized the significance of fostering a cordial relationship between seniors and juniors, highlighting how such bonds contribute to a positive and friendly learning atmosphere within the institution. Dr. Kavitha M, Professor at MCON, outlined the key discussion points for the interaction session. She also shared



Active participation of students during the Senior-Junior Interaction Programme

valuable information regarding the Anti-Ragging Cell at MAHER and MCON, including its roles, responsibilities, and contact details. An interactive session followed, where participants actively engaged in discussions and had their doubts clarified.



Interaction with the students



Chief guest delivering her keynote

The Mentorship Monitoring Committee & MAYA Clinic at Meenakshi Medical College Hospital and Research Institute (MMCHRI) organized an expert talk on mentorship titled "Guiding the Guides". The event took place on 22nd April, 2025, from 11:00 AM to 12:30 PM at Morton Hall, Hospital Block, MMCHRI. The event "Guiding the Guides" was conceptualized to strengthen the academic and mentoring capabilities of medical educators. The talk featured Prof. Dr. Rama Rao Mannam, Professor & HOD,

Department of Psychiatry, as the speaker. The program began with a welcome address by Prof. Dr. K.V. Rajasekhar, Dean, MMCHRI followed by Inaugural address by Prof Dr.V.Eswari, Vice Principal, Academics, MMCHRI. The programme concluded with a vote of thanks by Dr. M. Shanmugapriya, Mentorship Monitoring Committee Coordinator.

The Department of Tamil, Faculty of Humanities and Science at Meenakshi Academy of Higher Education and Research (MAHER), in collaboration with the Tamil Nadu State Council for Science and Technology, the World Tamil Research Centre, and the Academy of Sciences Chennai, organized an International Conference on 16th April, 2025. Themed "An Overview on Multidisciplinary Scientific Thoughts found in Ancient Tamil Literature," the event featured 250 participants, including professors and research scholars presenting offline, and international participants from Sri Lanka, Singapore, and Hong Kong joining virtually. The conference proceedings, comprising 188 research articles, were published with ISBN No: 978-93-342-5916-2. The inauguration included tributes to Thiru. A.N. Radhakrishnan, lighting of the Kuthuvilakku, and addresses by MAHER dignitaries, with Padma Bhushan Kalaimamani Dr. C. Nalli Kuppusamy inaugurating the event. Notable contributions included Dr. S. Vincent's appeal for Tamil translations in professional education and Mr. M. SeshaSai's release of the proceedings. Five academic sessions followed, featuring paper presentations, cultural performances by students, and a valedictory ceremony where awards and certificates were distributed. The event was successfully coordinated by Dr. G. Amala Karthiga and compered by Assistant Professor J. Monisha.



Felicitation of the chief guest



Dignitaries on the dais



Students during the industrial visit

The Faculty of Humanities and Science at MAHER organized an enriching industrial visit to Grundfos Pumps India Pvt. Ltd. on 23rd April, 2025, for 23 students from I BBA and I MBA, accompanied by three faculty members. The visit provided valuable exposure to real-world industrial operations, including shop floor management, production layouts, and factory workflows. Students benefited from an engaging session by Mrs. Hema Karthiga, Sustainability Manager, who emphasized the company's environmental initiatives, safety protocols, and operational practices. Additionally, Ms. Meera, Training Manager, offered insights into HR policies, employee benefits, and recruitment procedures. The visit served as a meaningful bridge between classroom learning and practical industry experience.

Arulmigu Meenakshi College of Nursing, in collaboration with MOHAN Foundation, Chennai, organized a seminar on Organ Donation Awareness for students and faculty. The program began with a formal inauguration, followed by a welcome address by Mr. Gokulakrishnan, B.Sc. (N) IV year, and a special address by Dr. Victor Devasirvadam, Principal, AMCON. Mr. Ganesh, Project Manager at MOHAN Foundation, led an interactive session on the concept of tissue and organ donation, addressing common myths and misconceptions. Dr. Hemal Kavinde,

Quality Assurance Officer, explained hospital protocols for deceased donors and the stages of grief counseling. Dr. Sangeetha, Transplant Coordinator, discussed case scenarios to enhance practical understanding. Students of B.Sc. (N) IV year also presented a role play illustrating the organ donation process. The event concluded with a vote of thanks by Mr. Dinesh Kumar R, Assistant Professor, and the National Anthem. A total of 100 students and 10 faculty members actively participated, with feedback collected to assess the program's impact.



Dr. Hemal Kavinde presenting her session



Students attending the lecture

On 28th April, 2025, Christian Medical College and Hospital, Vellore, visited Arulmigu Meenakshi College of Nursing (AMCON) to conduct an awareness seminar on snakebite prevention, management, and first aid. Jointly organized by the SNA and NSS units of AMCON, the program began with Tamizh Thaai Vazhthu, followed by a welcome address by Mrs. M. Sunithadevi, M.Sc. (N), Tutor. A four-member team from the Toxicology Department (Poison Control Centre), CMC Vellore, led the seminar with an introductory session supported by an awareness video. Nurse Educators conducted interactive demonstrations on snakebite prevention and first aid,

with students divided into three groups of 100 for focused sessions. Doubts were clarified during Q&A sessions, and informative pamphlets containing prevention tips, first aid guidance, and a toll-free helpline number were distributed. The event concluded with a vote of thanks by Mrs. G. Asha Rani, M.Sc. (N), Assistant Professor, followed by the National Anthem. A total of 300 B.Sc. Nursing students benefited from this informative and practical seminar.

As part of its commitment to nurturing career-ready pharmacy professionals, the Professional Development Committee of Meenakshi Faculty of Pharmacy, Thandalam, recently hosted a dynamic Career Development Program for first-year B.Pharm students. Led by Chennai's RISE (Rabbi Institute of Skillset & Employment), the workshop featured CEO & Founder Mr. Joshua Daniel—an expert in communication training—who emphasized the critical role of soft skills, body language, personal branding, and workplace readiness in building confidence and employability. Co-founder Mrs. Ashwini Daniel, an experienced medical coding trainer, enriched the session with practical insights on professional etiquette, goal-setting, and real-world case studies. The interactive program received enthusiastic participation, with glowing feedback from students who appreciated the confidence-building exercises and actionable career tips. The session concluded with a heartfelt vote of thanks and marks a significant step in Meenakshi Faculty of Pharmacy's mission to foster holistic, industry-ready professionals.



Mrs. Ashwini Daniel enriching the session

Non Academic Events

On 11th April, 2025, the Faculty of Humanities and Science at MAHER celebrated its Annual Day and Farewell with a vibrant and heartfelt program. The event began with Tamizh Thai Vazhthu, the ceremonial lighting of the kuthuvilakku, and a floral tribute to Founder Thiru A.N. Radhakrishnan. Highlights included a welcome dance by a III B.Com student, a warm address to the outgoing batch, and the honoring of Chief Guests Mr. Ramthiyos Rajendran (German Digital Education) and Mr. Franklin Vincent by Dean Dr. P. Sagayaraj and Principals Dr. V. Shanthi and Dr. N. Prabhadevi. Mr. Rajendran delivered an inspiring talk on global career and education pathways. A digital Annual Report showcased student achievements, and awards were presented for Academic Excellence, Leadership,

Placement, and more. The farewell segment, filled with emotional performances and reflections, was thoughtfully coordinated by Dr. R. Shanthi, Mrs. S. Malarvizhi, and Dr. K. Anitha, marking a memorable close to the academic year.



Chief guest with the organizing team



Mr. Joshua Daniel providing hands-on training



Students taking part in competitions

The Professional Development Committee of Meenakshi Faculty of Pharmacy, Thandalam, successfully conducted a Career Development Program on 3rd May, 2025, for first-year B. Pharmacy students. Featuring expert trainers from Chennai-based RISE (Rabbi Institute of Skillset and Employment), the session was led by Mr. Joshua Daniel (CEO & Founder) and Mrs. Ashwini Daniel (Co-founder & Head of Training), who provided hands-on training in communication skills, soft skills, body language, professional etiquette, medical coding, and personal branding. The highly interactive session received enthusiastic feedback and was a meaningful step in preparing students for the healthcare industry. In a similar stride toward dynamic learning, the Department of Pharmacology at Meenakshi Medical College Hospital and Research Institute hosted Pharm Fiesta on 17th May, 2025, for Phase II MBBS (2023–2024 batch) students. The event blended creativity and pharmacological knowledge through a variety of themed competitions—poster making (Pharm Canvas), rangoli (RANGOLY), drug biographies (Pharma Tales), roleplays (Scripts), e-content creation (Digital Doses), and model displays (Model Messengers). A high-energy quiz on “Drugs Acting on Hormones” capped off the event, with top-performing teams recognized with academic prizes. Both initiatives reflected MAHER’s ongoing commitment to experiential learning and student empowerment.



Felicitation of the alumni



Alumni from various batches

The Annual Alumni Meet 2025 was held on 7th May, 2025, at the Meenakshi Ammal Dental College Auditorium, bringing together around 55 alumni from various batches for a memorable gathering. The event began with a warm welcome address by Dr. Geetha, Alumni Coordinator, who highlighted the significance of maintaining strong alumni connections. Five distinguished alumni—Dr. Sakthivel R, Dr. Ganesh Jeevanandan, Dr. Divya Sethuraman, Dr. Jayanth Kumar, and Dr. Neeraj J Menon—were felicitated for their achievements. Dr. Sakthivel R delivered an inspiring address, sharing his post-graduation journey and offering valuable insights to current and former students. The event celebrated the strong bonds and continued legacy of the Meenakshi Ammal Dental College alumni community.



Students attending the lecture



Interactive session

The Internal Complaints Committee of Meenakshi College of Nursing organized a Training on Assertive Behaviour on 7th May, 2025. The program began with a soulful invocation by the college choir, creating a calm and reflective atmosphere. Dr. Fabiola M. Dhanaraj, Principal of MCON, delivered the keynote address, setting the tone for the session. Dr. Anitha, Professor at MCON and the resource person for the event, highlighted the importance of assertive communication—expressing oneself honestly and

directly while respecting others' feelings. She engaged participants through an interactive role play and also provided insights into the role and functioning of the Internal Complaints Committee. The session concluded with an active Q&A, during which students' queries were addressed in detail.

On 12th May, 2025, the Internal Quality Assurance Cell (IQAC) of the Faculty of Occupational Therapy, MAHER—working together with the MAHER Placement Cell—successfully launched a Skill Development Program focused on Personality Development. The event opened with the Tamil Thai Vazhthu, followed by a warm welcome from Principal Prof. Deepa Sundareswaran and a special address by Dr. Anita, Placement Coordinator. The session featured corporate trainer and HR specialist Ms. Sumathy Srinivasan, who, alongside Dr. Damodaran of Psychology, led the first interactive module designed to equip first- and second-year BOT students with personal growth strategies, professional demeanor, goal-setting techniques, and an understanding of essential qualities for future occupational therapists. The highly engaging format encouraged active student participation through discussions and activities, and the event concluded with a vote of thanks from Ms. Aarthi A. and the National Anthem, marking a meaningful stride toward empowering students for their professional journeys.



Students attending the lecture



Ms. Sumathy Srinivasan delivering her lecture



Dignitaries on the dais



Felicitation of the chief guest

The Placement Cell of MAHER, in collaboration with the Faculty of Humanities and Science, proudly celebrated the successful valedictory ceremony of the Value Added Course "Insights on Tally." Held with great enthusiasm, the event opened with the reverent Thamizhthai Vazhthu and featured distinguished guests including Dr. V. Surekha (Registrar, MAHER), who delivered the welcome address; Rtn. Tarun Agrawal (President, Rotary Club of Chennai Kilpauk), who spoke on the power of education and service; Dr. Abhilash Bhaskaran (Rotary Vocational Service Director), who introduced Rotary's community initiatives; and Rtn. Velu Muthu (Rotary Founder Member), who shared insights on bridging the gap between academia and industry. A heartfelt vote of thanks was presented by Dr. Anitha K., Placement Officer, MAHER. A proud highlight of the event was the certificate distribution to 100 FHS students from Management Studies and Commerce, recognizing their completion of the hands-on training program in collaboration with ICA, Palakkad. This initiative marks a meaningful step in equipping students with industry-relevant skills, embodying the spirit of Nelson Mandela's belief that "Education is the most powerful weapon which you can use to change the world."

From 19th to 23rd May, 2025, Meenakshi College of Nursing, MAHER, hosted a transformative Value Added Course titled "Nurse Entrepreneur", tailored for final-year nursing students. Inaugurated by Principal Dr. Fabiola M. Dhanaraj- who highlighted the critical role of innovation and leadership in advancing the nursing profession-the program featured industry leaders such as Dr. Udaya Kumar (CEO, Impetus Healthcare Skills Pvt. Ltd.) and Mr. Surendhar Babu (Stoma & Wound Care Therapist), who shared real-world expertise in healthcare entrepreneurship. Supplemented by insightful sessions from faculty on nurse-led innovation, business models, and professional development, the course was coordinated seamlessly by Dr. Kavitha M. with engaging student participation throughout. On successful completion, all participants were awarded certificates, marking a significant stride in empowering future nurses to imagine and build entrepreneurial career paths in healthcare-a core element of MAHER's mission to provide holistic, industry-relevant education.



Students attending the lecture



Inauguration of the program



Dr. Mahesh Kumar during his keynote speech



Hands on demo on patient

Dr. Mahesh Kumar, Professor at the Faculty of Physiotherapy, served as the Resource Person for a Clinical Skill Enrichment workshop titled "Advanced Cardio-Respiratory Intervention for Physiotherapy Practice" held on 29th May, 2025, at Mannai Narayanasamy College of Physiotherapy, Thanjavur. The session equipped participants with evidence-based strategies and advanced techniques in

cardiopulmonary care, featuring hands-on demonstrations, interactive case studies, and practical insights to enhance clinical proficiency in physiotherapy practice.

On 29th May, 2025, Meenakshi Faculty of Pharmacy hosted a Code of Conduct Awareness Program to reinforce discipline, academic integrity, and examination protocols among students and faculty. Starting with a welcome from Mr. S. Pugazhendhi and a detailed address by the Principal on expected behavior-including punctuality, dress code, respect, and decorum-the session also covered exam rules like ID verification, prohibited items, reporting times, and plagiarism consequences. Prof. K.K. Rajasekaran further elaborated on procedural guidelines for theory and practical exams, stressing honesty, correct handling of materials, attendance, and lab conduct. The program emphasized positive interpersonal conduct-empathy, teamwork, and inclusivity-and concluded with an interactive Q&A session and vote of thanks by Ms. V. Yamuna. By fostering clarity and understanding, the event effectively reminded students of their responsibilities and contributed to cultivating a respectful and responsible campus environment-a best practice in creating ethical academic cultures that support integrity and accountability.



Inauguration of the program



Students enlightened about the code of conduct



Online mode of the program



Prof. Dr. N. Arunagirinathan delivering the introductory speech

Research, who underscored MAHER's dedication to research excellence. Prof. Vasudevan delivered invaluable insights on manuscript structuring, journal selection, peer-review navigation, and ethical research practices, earning praise for clarity, depth, and actionable guidance. A lively Q&A segment enabled participants to seek personalized advice, and the event concluded with a heartfelt vote of thanks from Dr. D.Nalini. This initiative reinforces MAHER's mission to elevate research quality and foster academic capacity among its faculty, scholars, and students.

The IQAC of the Faculty of Humanities and Science at MAHER hosted a highly successful two-day Professional Development Program on "Professional Ethics, Attitude & Behaviour: Building a Value-Driven Academic Culture" on 11th and 12th June, 2025, at the IIC Hall. Held under the blessings of Founder Chancellor Thiru A.N.Radhakrishnan and in the esteemed presence of MAHER's leadership, the program drew participation from 51 faculty members eager for growth. Attendees gained fresh perspectives from Mr.Vishal, a renowned Business Transformation and Communication Coach from Chennai, and Dr.V.D.Swaminathan, Honorary Chief Mentor of Thunai, Chennai, who delivered thought-provoking sessions on ethical decision-making, leadership rooted in values, and effective professional communication. With dynamic discussions and interactive activities, the event fostered a reflective atmosphere and empowered faculty to cultivate a positive, value-driven academic environment. Heartfelt thanks to all faculty, student coordinators, and organizers for making the event a grand success.



Mr. Vishal and Dr. V.D. Swaminathan enlightening the faculty



Chief Scientist addressing the gathering

From 10th to 12th June, 2025, Meenakshi Medical College Hospital & Research Institute (MMCHRI), Enathur, Kanchipuram, successfully hosted a state-level workshop on "Good Clinical Laboratory Practices (GCLP) – International Standard", organized by the Departments of Biochemistry, Pathology, and Microbiology. Held at the Skill Lab and 250 Lecture Hall, the three-day program offered in-depth training aligned with ICMR and NABL guidelines, targeting medical lab professionals, postgraduates, lab directors, managers, and quality officers. Participants engaged in lectures, group discussions, and case studies led by distinguished resource persons including Dr. Sujatha Chandrasekaran (formerly Senior Consultant, Global Hospitals), Dr. V. K. Ramadesikan (Senior

Consultant, Clinical Biochemistry, SMF Chennai), and Dr. Pachamuthu Balakrishnan (Professor & Chief Scientist, MAHER). The workshop equipped attendees with essential knowledge for ensuring quality and compliance in clinical laboratory practices, reinforcing MAHER's ongoing commitment to healthcare excellence and capacity building in laboratory standards.

As part of the initiative by the Directorate of Medical Education, Meenakshi College of Nursing, MAHER, organized the screening of Vannathupoochi a significant film was featured in a college on 13th June 2025 from 3.00 PM- 4.00 PM. A total of 143 students and 08 faculties participated in the event. The event was organized by Student Nurses Association with the aim to promote awareness and facilitate conversations about parenting and the challenges faced by students, especially in the context of modern pressures and mental health. Dr Thephilah Cathrine R, Associate Professor, MCON, SNA Advisor highlighted the DME's initiative also serve as an opportunity for college students to understand how parental influence and societal pressures can impact their emotional and psychological well-being. The movie addressed the mental



Screening of Vannathupoochi

health issues faced by children and adolescents, which often stem from pressures in their home environments, academic expectations, and societal norms. This part of the initiative was meant to encourage students to seek help when needed and reduce the stigma surrounding mental health.



Students attending the lecture

On 17th June, 2025 at 12:30p.m., the Meenakshi College of Nursing, MAHER, hosted an ERP Refreshment Program to strengthen faculty and students' familiarity with the campus-wide ERP system and its key functionalities-including student admissions, TC processing, biometric tracking, leave management, attendance, and fee reporting. The session opened with an introductory address by Dr. Fabiola M. Dhanaraj, Principal of MCON, outlining the significance and utility of ERP in streamlining administrative and academic workflows.

On 16th June, 2025, Arulmigu Meenakshi College of Nursing (AMCON) hosted a career development program in collaboration with IMIMS, aimed at empowering 98 final-year B.Sc. Nursing students with insights into global nursing opportunities. Mr. Vinayakam A, Learning & Development Head at IMIMS, outlined the overseas job landscape and immigration pathways, while Ms. Jacqueline, IMIMS Business Development

This was followed by an in-depth update from Mr. G. Sukumar, Assistant DBA, and Mr. Jayakrishnan, Junior Developer from MAHER's ERP Department, who addressed user concerns and demonstrated new functional and procedural enhancements. Representatives from each class, teaching faculty, and administrative staff participated-10 faculty members and 25 students in total. The program concluded at 2:00 p.m. with a vote of thanks delivered by Dr. J. Anitha, Professor at MCON, reflecting the institution's ongoing commitment to digital proficiency and operational efficiency.

Manager, described tailored training programs for aspiring nurses targeting the UK, Gulf countries, and beyond. Ms. Vaishali Merin, an OET trainer, introduced various OET preparatory courses, highlighting their importance in unlocking international career prospects. The interactive session concluded with a Q&A forum where students' queries on immigration and recruitment services were addressed comprehensively.



Introduction talk by Dr. Fabiola



Resource person delivering the keynote



Dr. Suvaithenamudhan delivering his lecture



Student participating in the workshop

The Faculty of Occupational Therapy at MAHER hosted a Career Guidance Program titled "Higher Education and Job Prospects in the United States" on 18th June, 2025, from 2:30 PM to 4:00 PM, with 174 students and 4 faculty members in attendance. The event began with the Tamil Thai Vazhthu, followed by the lighting of the Kuthuvilakku and a floral tribute to Founder Chancellor Thiru A.N. Radhakrishnan. The program featured a welcome address by Prof. Deepa Sundareswaran, with Dr. Kowsalya, Dean of International Relations, and Dr. Lily Christopher, Dean of Student Affairs, providing insights on the event's objectives. The session was led by guest speaker Mr. Pravin Xavier, OTR/L, from Ohio, USA, who shared valuable information on the NBCOT examination, state licensure, and career opportunities in both clinical and non-clinical settings for Occupational Therapy professionals. The event included a Q&A session, allowing students to address their questions. Prof. Deepa Sundareswaran honored the speaker with a memento, and Ms. Hasti Divecha, Assistant Professor, delivered the vote of thanks, concluding the program with the National Anthem.

The Faculty of Allied Health Sciences organized a two- day statistics workshop for third year AHS students on 17th and 18th June 2025. The event was conducted by the research committee, FAHS. Dr. Suvaithenamudhan, Assistant professor in research, Central Research Laboratory, MAHER, served as the resource person. A total of 46 students actively participated in this event & benefited from sessions.



Dr. Lilly Christopher providing insights



Mr. Pravin Xavier delivering his keynote



Staffs of MADC at the conference

The 1st International Accreditation Ranking and Quality (ARQ) Conference was held from June 19th to 21st, 2025, at Sri Ramachandra Institute of Higher Education and Research. Faculty members from Meenakshi Ammal Dental

College, including Dr. Preethi M, Dr. Anitha Logaranjini, and Dr. S. Ramya, attended the event and gained valuable insights to enhance their understanding of accreditation, ranking, and quality improvement in higher education.

The Faculty of Occupational Therapy at MAHER organized a National Conference on Holistic Rehabilitation, "Reflections 25," on June 27th and 28th, 2025, at the MAHER Auditorium. The two-day event brought together professionals, educators, researchers, and students from across India to discuss the complexities of rehabilitation under the theme "Breaking the Complexities in Rehabilitation." Notably, the entire conference was translated in Sign Language by Mrs. Vijaya Baskaran.

The conference was inaugurated with Tamil Thai Vazhthu and the lighting of the Kuthuvilakku, followed by a welcome address from Prof. Deepa Sundareswaran, Principal of the Faculty of Occupational Therapy, and an inaugural address by Prof. Dr. V. Sureka, Registrar of MAHER. Dr. Roopa Nagarajan, Special Officer and Professor at SRIHER (DU), delivered the keynote.

Day 1 featured scientific sessions on early detection and intervention for children with neurodiversity, pediatric rehabilitation, accessibility, community engagement, and transitioning to independent living. Notable speakers included Dr. S. Subramanian, Dr. Sujatha Missal, Dr. Krupa M., and Dr. B.S. Santhosh Kanna. The day concluded with scientific paper and poster presentations, with researchers showcasing innovations in the field.

Day 2 focused on advancements in spine & neurosurgery, onco-rehabilitation, hand rehabilitation, and policy empowerment for people with disabilities. Experts like Dr. G. Balamurali, Dr. Hitesh Gupta, Dr. Vinoth Kumar T., and Mr. Rajat Srivastava presented their work, followed by discussions on mental health rehabilitation and assistive technologies. The conference concluded with a valedictory ceremony, where awards were given for the best paper and poster presentations, as well as for the winners of the Reels competition. Dr. Pooja Sanghvi from UNICEF provided valuable feedback on the interdisciplinary approach to child development.

"Reflections 25" successfully created a platform for dialogue and innovation, highlighting the need for interdisciplinary collaboration in rehabilitation. It emphasized that rehabilitation should be viewed as a holistic journey that includes physical, psychological, social, and environmental well-being.



Panel discussion



Dignitaries with organizing team



Felicitation of the chief guest

OBSERVANCE OF COMMEMORATIVE DAYS

World Water Day

The Meenakshi College of Nursing, MAHER, observed World Water Day on 3rd April, 2025, from 2:30 PM to 3:30 PM, with the participation of 80 students and 8 faculty members. The event highlighted the importance of Sustainable Development Goal 6—ensuring water and sanitation for all by 2030. The program began with a speech by the Principal, who emphasized the critical role of water in daily life and the need for rainwater harvesting. A water conservation pledge was taken by all attendees, followed by a thematic address on "Glacier Preservation" delivered by Ms. Karthika and Ms. Thamizh, final-year B.Sc. Nursing students.



Staffs and students taking the pledge



Watering of the plants

World IPR Day



Chief Guest delivering her keynote



Felicitation of the chief guest

Throughout April 2025, various MAHER institutions marked World Intellectual Property Rights (IPR) Day with a series of engaging seminars, guest lectures, and interactive sessions to promote innovation and awareness. On 4th April, the IPR Cell hosted a seminar titled "FEEL THE BEAT OF IPR" at Meenakshi Medical College Hospital and Research Institute. Experts including Dr. Suresh Kumar, Dr. Parimala, Dr. Deepa Boppana, Dr. Saravana Kumar, and Dr. Punitha V. C. covered topics ranging from IPR basics

and laws to AI applications and ethics in innovation. The session concluded with a valedictory highlighting IPR's role in medical research.

A guest lecture on "Patents – An Overview" was held at Arulmigu Meenakshi College of Nursing on 3rd April, led by Dr. Deepa Boppana. The event was graced by Dr. Ponmurugan Panneerselvam and Dr. Saravana Kumar and coordinated by Dr. Victor Devsivadam and Dr. K. S. M. Raghavendran, reflecting the institution's commitment to fostering an IPR culture.



Chief Guest delivering her keynote



Inauguration speech



Chief Guest giving her keynote



Staffs and students standing for the national anthem

On 15th April, a session themed "From Curiosity to Creation" attracted 75 students and 8 faculty of Meenakshi College of Nursing. Speakers Dr. Ramya S., Dr. Ponmurugan, and Dr. J. Anitha guided attendees through ideation and IPR processes, concluding with interactive activities and the National Anthem.

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Students attending the program



Felicitations of the chief guest



Felicitations of the chief guest



Professor Mohammed Abbas presenting his lecture

On 17th April, the Faculty of Humanities and Science, in collaboration with the IPR Cell, hosted a guest lecture entitled "Building a Future: IPR Awareness for the Next Generation." Professor Mohammed Abbas from Peri Institute of Technology, Chennai, led a presentation on the full spectrum of intellectual property-patents, copyrights, trademarks, and trade secrets. The event engaged around 150 students and was coordinated by Mrs. Josephin Mary.

Earlier, on 3rd April, 2025, the Faculty of Allied Health hosted a seminar entitled "Patents-An Overview." Featuring Dr. Deepa Boppana, a renowned patent attorney from Bhavesh Associates, the session provided attendees with nuanced insights into the patent landscape-including application processes, regulatory frameworks, and the significance of patents in fostering scientific innovation. The program was further enriched by the presence of Dr. Ponmurugan Panneerselvam (Dean, Doctoral Studies & IPR) and Dr. Saravana Kumar (IPR Coordinator), along with Dr. Ponnazhagan, and was expertly orchestrated under the leadership of Dr. V. Ramnath (Principal) and Dr. K. S. Sridevi Sangeetha (Vice-Principal & IPR Cell Coordinator).



Dr. Ponmurugan delivering his lecture



The chief guests with the organizing team



Students attending the program

On 19th April, the Faculty of Yoga Science and Therapy hosted the World IPR Awareness Program 2025, themed "Personal View on Creating Innovations." Prof. V. Subbulakshmi opened the session with a prayer and warm welcome before scientist Dr. A. Josephin shared personal IPR experiences-ranging from Chlorella vulgaris patents to medicinal lollipop and natural diabetic remedies-while discussing IPR opportunities in the yoga domain. Participants engaged actively in discussions, and Dr. P. Karthika concluded the event with a vote of thanks.

World Hand Hygiene Day:

The Department of Community Medicine, in collaboration with NSS, organized a health education camp on 9th May, 2025, at the Urban Health Training Centre to observe "World Hand Hygiene Day 2025," themed "Gloves at the right time. Hand hygiene all the time." Guided by Dean Dr. Rajasekhar, with Dr. Shankar (Professor and HOD) and Dr. G. Hariharan (Assistant Professor) overseeing the event, the camp featured engaging sessions and live demonstrations by CRMIs on proper hand

hygiene practices, supported by IEC materials. A total of 38 individuals participated in the awareness program, which concluded with an interactive Q&A session, a vote of thanks, and refreshments for all attendees.



Students creating awareness among public

World Asthma Day



Students creating awareness among public

The Department of Community Medicine, in collaboration with NSS, conducted a health education camp on 13th May, 2025, at Namandi village (RHTC) to mark "World Asthma Day 2025," themed "Make inhaled treatments accessible for all." Guided by Dean Dr. Rajasekhar, with Dr. Shankar (Professor and HOD), Dr. Sakthivel (Assistant Professor), and Dr. Subhashini (Senior Resident) overseeing the event, the camp featured informative sessions by CRMIs on asthma symptoms, causes, and treatment methods,

supported by IEC materials. A total of 72 individuals actively participated in the awareness program, which concluded with a Q&A session, vote of thanks, and refreshments.

World Hypertension Day

A health education camp was held on 21st May, 2025 at Vengalathur village (RHTC) to mark "World Hypertension Day 2025" under the theme "Measure Your Blood Pressure Accurately, Control It, Live Longer." Organized by the Department of Community Medicine with NSS, the session covered causes, symptoms, treatment, and prevention of hypertension using IEC materials, with presentations by CRMIs. Under the guidance of Dean Dr. Rajasekhar, Dr. Shankar (Professor and HOD) and under the supervision of Dr. Sakthivel, (Assistant Professor), the camp benefited 108 participants. The program concluded with a Q&A session, vote of thanks, and refreshments.



Students creating awareness among public

World No Tobacco Day

A health and awareness camp was held on 27th May, 2025, at Pilanthangal village (RHTC) to mark "World No Tobacco Day 2025," themed "Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products." Organized by the Department of Community Medicine in collaboration with NSS, the camp featured informative sessions by CRMIs on tobacco addiction, its complications, and preventive measures, supported by IEC materials. Guided by Dean Dr. K.V. Rajasekhar, with Dr. Shankar K. (Professor and HOD) and Dr. M. Sakthivel (Assistant Professor) overseeing the event, and in the presence of Dr. Adithyan (Senior Resident) and Dr. Parimala (Medical Officer), the camp engaged 82 participants, with five individuals referred for further medical care. The program concluded with a Q&A session, a vote of thanks, and refreshments.



Students creating awareness among public



Staffs and students participating in awareness program

In continuation of the observance, the Department of Respiratory Medicine, in collaboration with the Department of Community Medicine, commemorated "World No Tobacco Day 2025" on 31st May, 2025, at Kolivakkam village, Kanchipuram. Themed "Bright Products, Dark Intentions – Unmask the Appeal," the event brought together members of the public, faculty, and students for a meaningful awareness program emphasizing the harmful impact of tobacco and the deceptive marketing tactics used by the industry.

World Autism Awareness Day

The Faculty of Occupational Therapy, MAHER, celebrated World Autism Awareness Day on 2nd April, 2025, from 3:30 PM to 4:30 PM, with the participation of 45 students and 3 faculty members. The event aimed to raise awareness and advocate for the rights, dignity, and well-being of individuals with autism. Centered around the theme "Advancing Neurodiversity and the UN Sustainable Development Goals (SDGs)," the celebration highlighted the role of inclusive policies in fostering global sustainability and supporting the autistic community. The event began with the display of handmade posters created by second-year BOT students, reflecting their commitment to promoting neurodiversity.



Inauguration speech by the Principal



Students displaying their handmade posters



Partaking of the interactive sticky board



Students attending the event

The Faculty of Occupational Therapy at MAHER made history on 25th April, 2025, by hosting Echoes 2025, India's first-ever Autism Film Festival—an innovative event that blended creativity, awareness, and inclusion through the power of cinema. With participation from over 180 FOT students, the festival began with the traditional lighting of the kuthu vilakku and Tamil Thaai Vazhthu, followed by a warm welcome from the Principal. The event was graced by renowned documentary filmmaker and media activist Mr. Amudhan R.P., who delivered an

inspiring keynote and inaugurated the interactive Sticky Board, encouraging personal reflections. A compelling lineup of films offered profound insights into autism, sparking emotional engagement and thoughtful dialogue. Concluding with a vote of thanks and the National Anthem, Echoes 2025 left an enduring impact, highlighting student leadership and the transformative role of occupational therapy in promoting acceptance and inclusion beyond clinical spaces.

World Autism Awareness Day

The Department of Community Medicine, in collaboration with NSS, organized a "World Health Day" camp on 8th April, 2025, at Umayalpuram, Thiruvannamalai. The event, themed "Healthy Beginnings, Hopeful Futures," was held under the guidance of Dean Dr. Rajasekhar, with Dr. Shankar (Professor and HOD) and Dr. Hariharan (Assistant Professor) overseeing the program. The camp featured informative sessions by CRMs on key health topics such as heatstroke prevention, maternal nutrition, vaccination, and child care, supported by IEC materials. A total of 103 community members participated, with their health queries addressed by Dr. Devasena. The event concluded with a vote of thanks and refreshments for all attendees.



Students enlightening the public



Student presenting their poster



Awarding of the prize winners

emphasizing the need for raising awareness about maternal and newborn health. Prof. Sudha discussed the gaps in maternal and newborn survival and the importance of prioritizing women's long-term health. The event featured various competitions, including rangoli and poster presentations on maternal and newborn health, with winners receiving awards and certificates. The program concluded with the National Anthem.

The Student Nurses Association (SNA) and the Cultural Committee of Arulmigu Meenakshi College of Nursing (AMCON) celebrated World Health Day on April 7th, 2025, from 10:30 AM to 12:30 PM, with the global theme "Healthy Beginnings, Hopeful Futures." The event was graced by the Chief Guest, Prof. Sudha, M.Sc (N), from Padmasree College of Nursing. The program began with the Tamil Thai Vazhthu, followed by a welcome address from Prof. Dr. Ragavendaran, Vice Principal of AMCON. Prof. Dr. Victor Devasirvadam, Principal of AMCON, delivered a special address

On April 9th, 2025, the Meenakshi College of Nursing, MAHER, observed World Health Day with a focus on raising public awareness about preventing maternal and fetal deaths from avoidable causes. The event saw the active participation of 38 public members, 6 students and 2 faculty members. Fourth-year BSc (N) students led a health talk on the theme "Healthy Beginnings, Hopeful Futures" at the Kundrathur Health Centre, where they engaged antenatal and postnatal mothers. The students' efforts to raise awareness among the public were well received, contributing to a greater understanding of maternal and newborn health.



The students raising awareness among public



Students taking part in physical exercise session

The Faculty of Allied Health Sciences also marked World Health Day by organizing an awareness program for first-year AHS students on April 7th, 2025, at Maduravoyal, Chennai. This event aimed to promote overall well-being and included a physical exercise session and mental health assessments. The 160 participating students actively engaged in fitness exercises and psychological self-assessments to understand their health better. The program was a resounding success, providing the students with valuable insights into the importance of both physical and mental health.

On the same day, the Cultural and Social Awareness Committee of Meenakshi Faculty of Pharmacy, Thandalam, hosted a World Health Day celebration with the theme "Healthy Beginnings and Hopeful Futures." Prof. Dr. K.K. Rajasekhar, the resource person, delivered an insightful address on the importance of maternal and newborn health for thriving families and communities. The session covered critical topics such as safe pregnancies, skilled childbirth practices, postnatal care, and maternal mental health. Prof. Rajasekhar also discussed global challenges, including preventable maternal and neonatal deaths, urging collective action to strengthen healthcare systems. The event was a success, inspiring attendees to contribute to building healthier generations and reaffirming the institution's commitment to global health priorities.



Prof. Dr. K.K. Rajasekhar delivering an insightful address

World Malaria Day



Students creating awareness among public

The Department of Community Medicine, in collaboration with UBA and NSS, organized a "World Malaria Day 2025" camp on 24th April, 2025, at UHTC, Kanchipuram. Themed "Malaria Ends with Us: Reinvest, Reimagine, Reignite," the event was conducted under the guidance of Dean Dr. Rajasekhar, with Dr. Shankar (Professor and HOD) and Dr. Hariharan (Assistant Professor) overseeing the proceedings. CRMs delivered engaging sessions on malaria, focusing on its symptoms, transmission, and preventive measures, supported by IEC materials. The camp saw active participation from 72 attendees and concluded with an interactive Q&A session, a vote of thanks, and refreshments for all participants.

World Environment Day

An awareness camp was conducted on 3rd June, 2025, at Kolivakkam Village to commemorate "World Environment Day 2025," under the theme "Ending Plastic Pollution." Organized by the Department of Community Medicine in collaboration with NSS and ISO, the event aimed to raise environmental consciousness through informative sessions by CRMs on the harmful effects of plastic, supported by

IEC materials. The program also included a community cleaning campaign and a practical demonstration on solid waste segregation, promoting sustainable practices and environmental responsibility among the participants.



Staffs and students creating awareness among public



75th anniversary of the Indian Constitution



Students attending the lecture



Inauguration speech during the event

To honor the 75th anniversary of the Indian Constitution and the 134th birth anniversary of Bharat Ratna Dr. B.R. Ambedkar, the National Service Scheme at Arulmigu Meenakshi College of Nursing (AMCON) hosted an English elocution competition on "Jai Bhim and the Indian Constitution" on April 15th, 2025, at 10 AM in the college conference hall. The event featured a formal inauguration and keynote

address by Principal Dr. Victor Devasivadam, who also evaluated the speeches delivered by 15 B.Sc. Nursing students. With over 100 students in attendance, the competition recognized the top speakers with awards, and the session concluded with a vote of thanks from Assistant Professor Mr. Dinesh Kumar R.

World Earth Day

In celebration of World Earth Day 2025, the ISO Committee of Meenakshi Medical College Hospital and Research Institute (MMCHRI) organized a significant event on April 22th, 2025. Dr. S. Saravana Kumar, ISO Coordinator of MMCHRI, delivered the welcome address, setting the tone for the event. The keynote address was given by Prof. Dr. K.V. Rajasekhar, Dean of MMCHRI, who highlighted the importance of environmental responsibility. Prof. Dr. V. Eswari, Vice Principal of Academics, MMCHRI, took the World Earth

Day pledge in front of more than 200 students and 15 faculty members. The event concluded with a vote of thanks by Dr. Ruby Ramya, ISO Coordinator of MMCHRI, marking a successful observance of the day.



Felicitations of the chief guest



Students and staffs taking their oath

The Student Nurses Association and Cultural Committee of Arulmigu Meenakshi College of Nursing (AMCON) commemorated World Earth Day 2025 on April 22th with an event themed "Our Power, Our Planet." Held from 10:30 AM to 12:30 PM, the program began with Tamil Thai Vazhthu and a welcome address by VI Semester student Ms. Yogalakshmi K. Principal Dr. Victor Devasivadam emphasized the importance of environmental awareness in his special address, followed by Chief Guest Mrs. Preetha Selvakumari (PG Assistant, St. Paul Higher

Secondary School, Chennai) delivering a thought-provoking speech on sustainability and collective responsibility. Students took an Earth Day pledge and presented two creative mime performances. Competitions in Tamil and English elocution and drawing were also conducted, with winners M. Devasri, R. Swathi, S. Gopika, S. Pavithra, S. Gayathri, V. Priyanka, and A. Vignesh receiving prizes and certificates. The event concluded with a vote of thanks by Ms. Ramya V (VI Semester) and the National Anthem.

Meenakshi Faculty of Pharmacy, also commemorated World Earth Day 2025 with a quiz competition for first-year B. Pharm students. Held on April 22th, 2025, the event, themed "Our Power, Our Planet," aimed to promote environmental awareness and sustainability. Coordinated by the Cultural and Social Awareness Committee, the quiz saw 42 students participating in teams. After a competitive preliminary round, two teams advanced to the finals, with the winning team comprising Mohammed Fahim V Z, Devashena M, Surya Prakash R, Rabeeya Bashreen R, and Shaik Farzana.

Prof. Dr. D. Chamundeeswari congratulated the winners, presenting them with a token of appreciation for their enthusiasm and excellent performance.



Staffs and students during the event



Students participating in the competition

World Book and Copyright Day



Dignitaries on the dais

Library Advisory Committee, Meenakshi Medical College Hospital and Research Institute (MMCHRI) organized World Book and Copyright Day on 29th April 2025. Welcome Address by Dr. C. Velmurugan, the Chief Librarian of MMCHRI. This was followed by the Keynote Address, presented by Prof. Dr. K.V. Rajasekhar, Dean, MMCHRI. Dr. Anbazhagan, Professor of General Medicine and Library Committee Coordinator, delivered the Felicitation Address. The Session titled "How to Access the E-Resources through Knimbus: User Orientation Programme for First Year PG Students was led by Dr. C. Velmurugan, indicating a focus on equipping new postgraduate students with essential skills for utilizing the institution's digital library resources. After the orientation, there was a Q&A session that allowed for discussion and clarification.. The program concluded with a Vote of Thanks delivered by Dr. C.T. Meyyammai, Assistant Professor, General Medicine.

To observe World Book and Copyright Day, II Year B.Sc. Nursing students at AMCON organized a program on April 23rd, 2025. The event opened with Tamilthaai Vaazhthu, followed by a warm welcome from Ms. B. Roshini. Principal Dr. Victor Devasivadam delivered a special address, after which Ms. K. Keerthana recited a poetry on the benefits of reading. Mr. Lingesh from L&T, Kanchipuram introduced the Chief Guest. Vice-Principal Prof. Dr. M. Raghavendean traced the history of the day, and first-through third-year students-including Hasmitha, Lathushya, Subhisha, Suryaprakash, Pavithra, Abinaya, and Pooja-shared

insights on reading benefits. Librarian Mr. Panchanathan spoke on the power of books, and Chief Guest Mr. Balaraman, a retired Drawing Teacher, presented the keynote address. Prizes were awarded to winners of the elocution, essay, and drawing competitions, and Library Assistant Mrs. Elakiya offered the vote of thanks. Some 100 students participated, and the event concluded with the National Anthem.



Felicitation of the chief guest



Inauguration of the event

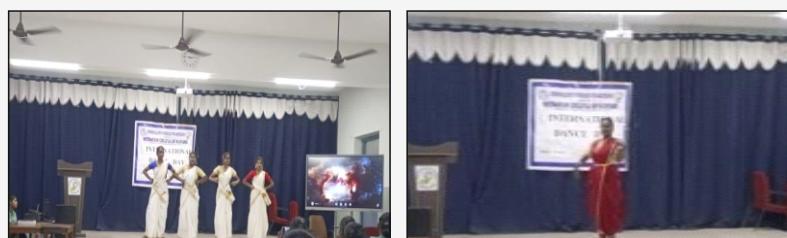
World Dance Day



Students actively participating in the dance competition

The Student Nurses Association (SNA) & Cultural Committee of Arulmigu Meenakshi College of Nursing (AMCON) celebrated World Dance Day on May 2nd, 2025, under the theme "Dance's Unifying Power to Transcend Cultural and Geographical Boundaries." The event, held from 11:00 AM to 1:00 PM, featured Chief Guest Prof. Dr. K. S. Sridevi Sangeetha, Vice Principal of the Faculty of Allied Health Sciences, who delivered an insightful address on the significance of dance in fostering

unity and cultural exchange. The program began with the Tamil Thaai Vazhthu, followed by a welcome address by Ms. Bakiyalakshmi K, a B.Sc(N) student. Seven captivating dance performances were presented by B.Sc (N) students from various batches, showcasing their creativity and team spirit. The Chief Guest commended the efforts of the participants and praised the success of the event. The program concluded with the National Anthem and a vote of thanks by Ms. Nivetha, a final-year student.



Students performing onstage

On April 29th, 2025, the Student Council of Meenakshi College of Nursing (MCON) celebrated International Dance Day at the MCON Conference Hall. The event commemorated the birth anniversary of Jean-Georges Noverre, the pioneer of modern ballet. The celebration began with an invocation song by the MCON choir, followed by the lighting of the Kuthuvillaku by the dignitaries. The welcome address was delivered by Ms. Sabetha S., a B.Sc (N) IV-year student, and the keynote address by Dr. Fabiola M. Dhanaraj, Principal of MCON, highlighted the unifying power of dance. The event showcased vibrant traditional dance performances representing various states of India, performed by B.Sc (N) students from II, III, and IV years. The performances were met with enthusiastic applause, and the students participated joyfully in collective movements, embodying the spirit of harmony and cultural exchange. The program concluded with the National Anthem, followed by a vote of thanks by Ms. Karthika S., a final-year student.

On April 29th, 2025, the Faculty of Allied Health Sciences organized an engaging International Dance Day event, honoring dance as a powerful universal language that transcends cultural, social, and geographical boundaries. Dr. V. Ramnath, Principal of FAHS, emphasized the significance of dance as a medium for connection, joy, and cultural exchange. Students actively participated in the event, showcasing their talent through various dance performances and reflecting on different themes. The event successfully brought together dancers, enthusiasts, and communities, celebrating the power of movement to foster unity and creativity. Faculty members and the Vice Principal of FAHS also participated, making it a collaborative success.



Students participating in the events

World Perfusion Week



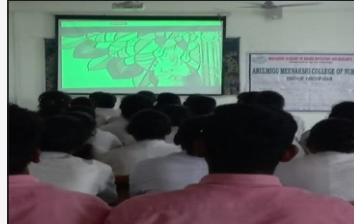
Celebration during the event

themes and encouraged educational sessions, poster presentations, and team-building activities. The event also featured a recognition ceremony to appreciate the outstanding contributions of perfusion team members. The event was a collaborative success bringing together multidisciplinary teams, including surgeons and anaesthesiologists, in a unified show of appreciation. AHS Vice Principal and faculties participated in this event.

The Faculty of Allied Health Sciences, MAHER organized World Perfusion Week celebration on 7th May 2025. The event aimed to raise awareness about the profession, recognize the dedication of perfusion professionals, and educate the students and medical staff about the critical contributions of perfusionists in cardiac and surgical care. Principal Dr. V. Ramnath emphasized the importance of perfusionist and their expertise, vigilance, and technical skill towards patient survival and recovery in clinical settings. Students actively participated and showcased their understanding of different

International Midwives Day

On May 5th, 2025, International Midwives Day-celebrated under the theme "Midwives: Critical in Every Crisis"-was honored through a live webcast hosted by the Indian Nursing Council. Arulmigu Meenakshi College of Nursing joined the event, with the Principal, faculty, and B.Sc. nursing students tuning in via YouTube. The program, inaugurated at 11 AM. by the Honourable Chief Guest, underscored midwives' essential role in critical care, spotlighting how nursing professionals deliver lifesaving support during emergencies and public health crises. Viewers were able to witness insightful speeches and discussions on enhancing midwifery's impact, recognizing their vital contributions to healthcare systems. This observance not only paid tribute to midwives but also demonstrated the college's unwavering commitment to advancing midwifery education and advocating for their critical place in society and the medical field.



Nursing students attending the lecture online

International Nurses Day

On May 12th, 2025, the Student Nurses Association and Cultural Committee of Arulmigu Meenakshi College of Nursing (AMCON) commemorated International Nurses Day in Lecture Hall 250, MMCHRI, from 10:30 a.m. to 12:30 p.m., under the global theme "Our Nurses. Our Future: Caring for Nurses Strengthens Economies." The event was presided over by Chief Guest Prof. Dr. Edna Sweenie J., Deputy Director and Professor at Sri Venkateswara Group of Nursing Institutions, Andhra Pradesh.



Winners receiving certificate

It began with the Tamil Thaivazhthu and traditional lamp lighting, followed by a welcome address from Prof. Dr. J. Vasantha Priya and a dance performance by Ms. Abinaya. The inaugural address by Prof. Dr. Raghavendran and the chief guest's keynote emphasized the vital contributions of nurses to healthcare and the economy. Highlights included an English speech by Ms. Devasri, a MIME performance, and a Poster & Rangoli competition with awards presented by the chief guest. Sweet treats were shared in honor of Florence Nightingale's birthday, and the program concluded with a vote of thanks by Mrs. Shrimathi, anchored by Mr. Naren M. and Ms. Sujitha B., and closed with the National Anthem-celebrating nursing, honoring heritage, and reinforcing AMCON's dedication to the profession.



Students attending the program



Group discussion



Lighting of the lamps



Winners receiving their prize

On May 12th, 2025, the SNA Unit of Meenakshi College of Nursing (MCON) proudly marked International Nurses Day under the theme "Our Nurses. Our Future. Caring for nurses strengthens economies," a call endorsed by the International Council of Nurses emphasizing that prioritizing nurses' well-being not only uplifts health systems but also drives economic growth. Organized by Dr. Thephilah Cathrine R, the event opened at 2 p.m. with the MCON Choir's invocation, followed by a welcome address from Ms. Thamizh V. A solemn tribute to Florence Nightingale by the principal, faculty, and students set a reflective tone, before Dr. Fabiola M. Dhanaraj unveiled the theme, highlighting the economic imperative of investing in nurses' welfare. The program featured a creative hand-wash dance, a spirited debate on the rising economic status of nurses-concluding affirmatively-plus a heartwarming video tribute and a unique thumb-impression activity on a "gratitude tree" poster. Concluding with a vote of thanks by Ms. Vishak Raj and the MCON Choir's rendition of the National Anthem, the event engaged 29 students and 8 faculty members, reinforcing MCON's dedication to honoring and empowering nurses in alignment with this globally meaningful theme.

The ISO Committee of Meenakshi Medical College Hospital and Research Institute (MMCHRI), organized a significant awareness event titled "No Bin Day – Zero Food Waste" on 16th May 2025. The event aimed to promote the importance of eliminating food waste and encouraged responsible consumption habits among students. The event successfully emphasized the critical issue of food wastage in institutional settings. By encouraging students to be mindful of their food consumption and waste disposal practices, No Bin Day served as an educational and practical initiative to instill sustainable habits.



Organizing team



Mindful eating of the students towards zero food waste

World Digestive Health Day

On the occasion of World Digestive Health Day 2025, the Department of Medical Gastroenterology at Meenakshi Medical College Hospital and Research Institute, Kanchipuram, organized a one-hour webinar titled "Nutrition in Liver Disease". The event was conducted on 29th May 2025. The webinar aimed to raise awareness about the crucial role of nutrition in maintaining liver health and managing liver diseases. It aligned with the global theme declared by the World Gastroenterology Organization for 2025 – "Your Digestive Health: Nourish to Flourish", which emphasized the importance of a balanced diet for digestive and overall wellness. The session was delivered by Dr. N. Dinakaran, D.M., Professor Emeritus, Department of Gastroenterology, who served as the resource person. He provided expert insights into clinical nutrition approaches in liver disease management.



Dr. N. Dinakaran providing his expert insight



Students participating in the program



Posters presented

Meenakshi College of Nursing (MAHER), in collaboration with Government Kilpauk Medical College & Hospital (KMCH), Chennai, organized a National Tuberculosis Elimination Programme (NTEP) awareness program on June 3rd, 2025, at the KMCH Auditorium. The session began at 11:00 a.m., engaging 44 B.Sc. Nursing students and 2 faculty members from Meenakshi College of Nursing alongside 3 Health Inspectors and 1 TB Medical Officer from KMCH. The initiative aimed to educate participants on the NI-KSHAY portal-a government-run TB notification and patient management system under NTEP that enables healthcare providers to register, track, and

report TB cases to authorities in real time. Dr. Kandhimathi, Medical Officer of the TB wing, explained TB transmission, clinical symptoms, diagnostic and treatment protocols, and guided students on ways to support awareness and notification efforts. Following the talk, all attendees took an oath to actively combat TB. The event closed at 12:30 p.m. with a heartfelt vote of thanks from Dr. Anitha J, Professor at MCON.

World Bicycle Day

On June 3rd, 2025-World Bicycle Day, themed "Cycling for a Sustainable Future"-Meenakshi College of Nursing (MCON) celebrated with an event organized by their Sports and Games Committee to promote physical wellness, reduced pollution, and sustainable habits. Principal Dr. Fabiola M. Dhanaraj underscored cycling's power to foster healthier communities and cleaner environments. Over 50 students and 7 faculty took part in a fun "slow-cycle race" (requiring riders to go as slowly



Students cycling to set an example



Students attending the lecture

as possible without losing balance), with B.Sc Nursing I Year students Mr. Jophil J J, Mr. Abhijit, and Mr. Nitturu Puneet securing first, second, and third places respectively. The event successfully championed cycling as a daily practice for improved health and sustainability.

International Yoga Day



Students participating in the event

The Department of Radiodiagnosis at MMCHRI celebrated International Yoga Day on June 21st, 2025, by organizing a Health Awareness Program at the New Lecture Hall from 8:30 AM to 1:00 PM. Aimed at promoting physical and mental well-being, the event featured Yogasana presentations by department staff, followed by performances from students, faculty, and staff of MMCHRI. Chief Guest Dr. P. Karthika, Assistant Professor, FYST, delivered an insightful talk on the benefits of yoga in modern-day practice. The program successfully emphasized yoga's role in holistic health and was well-received by all participants.



AMCON students attending the lecture



MCON Faculty attending the lecture online



AHS Students attending the lecture

On June 19th, 2025, the University Grants Commission (UGC) organized an enlightening online lecture to celebrate International Yoga Day, centered on the theme "Yoga for Universal Harmony and Peace." The session, held from 2:30 PM to 3:30 PM, featured Prof. (Dr.) K. Satya Lakshmi, Director of the National Institute of Naturopathy, Pune, who discussed yoga's physiological, psychological, and biochemical benefits. Emphasizing yoga as a holistic lifestyle promoting inner peace, physical strength, and mental balance, the session concluded with an engaging Q&A. Students and faculty from AMCON, MCON and AHS attended and benefited from the program.



Students performing yoga

various sitting and standing asanas while learning their benefits. Faculty, staff, and students reflected on yoga's role in balancing mind and body, with many vowing to adopt it into their daily routines. The event concluded with a vote of thanks by Mr. Vishak Raj J R and the National Anthem.

On the occasion of International Yoga Day 2025, a special session titled "Yoga Sangam" was organized to promote the importance of yoga in daily life. The event began with a welcome address by Prof. Dr. D. Chamundeeswari, Principal, who emphasized yoga's role in physical and mental well-being. Mr. Sreenath, Sr. Admin. Officer/PRO, MAHER, delivered an inspiring talk on the transformative impact of yoga on discipline, focus, and inner peace. The core session was led by Mrs. M. Ramya, Founder of Nirodham Yoganaya, with asana demonstrations by Mr. Bageerathan, M.Sc (Yoga Science), followed by a special session for girls on managing menstrual health through yoga, conducted by Mrs. R. Ramya. Prof. Dr. K.K. Rajasekhar delivered the vote of thanks, appreciating the contributions of all involved. Participants submitted feedback via the Yoga Sangam portal and received e-certificates. The session was a rejuvenating and insightful experience, encouraging a balanced and mindful lifestyle.

Meenakshi College of Nursing (MCON) celebrated International Yoga Day on June 21st, 2025, at the MCON auditorium from 10:00 AM to 11:00 AM, under the theme "Yoga for One Earth, One Health." The event began with an invocation by the college choir, followed by a welcome address from Ms. Tamizh V, B.Sc (N) IV Year. Coordinated by Prof. E. Bhuvaneswari, the program featured an introduction to Yoga Day by Ms. Suganya and team, Ph.D. Scholars in Yoga Therapy from MAHER. Participants engaged in warm-up exercises and performed



Inauguration speech



Participants standing for the national anthem



Dignitaries on the dais

India Dr. V. Subbulakshmi, Principal of FYST, delivered the opening welcome, followed by keynote speaker Dr. P. Rajinikumar, Head of Biomechanics at TNPESU, who explored the scientific validation of yoga and its integration into modern wellness practices. The stimulating Q&A session facilitated meaningful academic dialogue and interdisciplinary exchange.

Shortly thereafter, on June 21st, during the International Yoga Day celebration, FYST organized a vibrant ceremony featuring addresses by Dr.V. Sureka (Registrar, MAHER) and Chief Guest Mr. V. M. Janakiraman (Director of Yoga Therapy, Krishnamacharya Yoga Mandiram), a captivating yoga performance by students, and a record-setting Kapotasana (Pigeon Pose) attempt by Mr. M. Githendra Sai, officially validated by an India Book of Records adjudicator. The celebration, embodying yoga's role in sustainable and holistic well-being, concluded with a vote of thanks and the National Anthem, leaving participants inspired and energized.



Mr. M. Githendra Sai receiving the certificate by India Book of Records



Participants performing yoga



Winners with their trophies

of MAHER leadership, Faculties, and alumni. The competition highlighted the importance of yoga in youth development and holistic wellness, in alignment with the theme 'Yoga for One Earth, One Health'.

The 2nd State Level Yogasana Competition - 2025, held on 29th June at MAHER, marked the grand conclusion of the International Day of Yoga celebrations, drawing over 1,000 participants from across Tamil Nadu. The event provided a vibrant platform for participants to showcase their yoga skills in a spirit of healthy competition and learning. It was organized by the Faculty of Yoga Science and Therapy (FYST) with the support

World Environment Day

On June 5th, 2025, the ISO Committee of Meenakshi Medical College Hospital & Research Institute (MMCHRI) spearheaded a campus-wide observance of World Environment Day (9:30-10:30 AM), aligned with the global theme "Combating Plastic Pollution", focusing on eliminating single-use plastics. Dean Dr. K. V. Rajasekhar highlighted the health and environmental risks of plastic use, followed by a pledge led by Vice Principal (Academics) Dr.V.Eswari to commit everyone to reducing plastic dependency. An engaging awareness rally, launched by Dr.Rajasekhar and Medical Superintendent Dr.K.Boopathy, brought together enthusiastic faculty and students. The ISO Committee prominently displayed "Plastic-Free Zone" boards at key locations and distributed pamphlets in hospital areas-coordinated by Dr.Shankar (HOD Community Medicine) and Dr.S.Saravana Kumar (ISO Coordinator)-to educate the public on single-use plastic hazards.



Students attending the lecture



Staffs and students taking part in awareness rally



Live demonstration by fire-fighters



Organizing team along with the fire-fighters

Immediately following, from 11:00 AM to 12:30 PM, MMCHRI hosted a Live Fire Safety and Rescue Operations Demo at the athletic track, conducted by Kanchipuram District Fire Safety & Rescue Officers. Faculty, staff, students, and administrative officials attended, observing emergency response techniques and fire-safety best practices-underscoring MMCHRI's dual commitment to environmental sustainability and institutional safety preparedness.

On the occasion of World Environment Day which is observed on June 5th, One Time Use and Throwaway Plastic Avoidance Committee of Meenakshi Ammal dental college and Hospital had spread awareness about plastic pollution through an awareness rally and also distributed pamphlets about the alternatives for single use plastics to general public and OP patients.



Staffs and students in the awareness rally



Distribution of pamphlets



Dr. Protushya delivering the lecture



Students attending the lecture



Students participating in the event



Live demonstration of composting equipment

On the same day, the One-Time Use & Throwaway Plastic Avoidance Committee at Meenakshi Ammal Dental College & Hospital hosted an awareness lecture for BDS students titled "Plastic Paradox in Dentistry." The session featured Dr. Protushya, Assistant Professor in Oral & Maxillofacial Pathology & Microbiology, who explored the conflict between essential single-use plastics in dental infection control and the urgent need to minimize environmental harm.

Meenakshi College of Nursing celebrated World Environment Day on June 16th, 2025, themed "Beat the Plastic," with 33 students, faculty, and the Principal participating in a collaborative event organized by NSS and Mangadu Municipality. The program began with a visit to the Mangadu Micro Composting Centre, featuring a presentation by Mr. Sai on waste segregation, plastic reduction, and composting techniques, followed by a live demonstration of composting equipment. Participants then visited the Mangadu Municipality office, where Ms. Augusta distributed pamphlets on

waste disposal. The event concluded with feedback from Mr. Barath and refreshments. Principal Dr. Fabiola M. Dhanaraj later met the Municipality Commissioner to express gratitude for the opportunity to engage in this impactful environmental initiative.

In celebration of World Environment Day 2025, the Faculty of Occupational Therapy in collaboration with the Environmentalist Foundation of India (EFI), organized an impactful environmental initiative at Keezhkattalai Lake, Chennai, on June 5th from 8:00 AM to 11:00 AM. Centered around the theme "Beat Plastic Pollution," the event engaged 40 students and 2 faculty members in a dynamic lake clean-up drive, collecting 16 sacks of waste and planting 50 saplings including Hibiscus, Paarijatham, Ixora, and Bougainvillea. Mr. Gyandep, Senior Engineer at EFI, and Prof. Deepa Sundareswaran,



Planting of the saplings



Volunteers along with the waste they collected

Principal, inspired participants with messages on sustainability and stewardship. The initiative also included seed ball distribution to the public, promoting community involvement. The event concluded with a heartfelt vote of thanks, reaffirming the faculty's dedication to environmental action and awareness.



Felicitation of the chief guest



Dr. V. S. Chandrasekaran delivering his lecture

thanks by Mrs. S. Malarvizhi and the National Anthem, coordinated effectively by Dr. Shanthi, Mrs. Malarvizhi, Mrs. Arivukkodi, and Ms. Sindhu Bhavani.

Faculty of Humanities and Science celebrated World Environment Day on June 10th, to raise environmental awareness. The event, hosted by Dr. R. Shanthi, Head of Mathematics, began with Tamizhthai Vazhthu and a welcome address by Dean Dr. P. Sagayaraj. Chief Guest Dr. V. S. Chandrasekaran, retired Principal Scientist at ICAR-CIBA and guest faculty at Anna University, delivered a compelling lecture on "Turning the Tide: Strategies to Combat Marine Plastic Pollution," highlighting the dangers of plastic waste to marine life and human health, and emphasizing the Reduce, Reuse, Recycle approach. The program concluded with a vote of

Between June 10th and 16th, 2025, various MAHER institutions observed World Blood Donor Day, themed "Give Blood, Give Hope: Together We Save Lives". On June 13th, MMCHRI's Department of Blood Centre hosted an awareness program to honor voluntary blood donors through educational sessions on donor eligibility, blood safety, health benefits, and the vital role of blood donation in emergency care, surgeries, maternal health, and chronic disease treatment.



Audience attending the program



Organizing committee



Students creating awareness in public schools

June 12th saw Meenakshi Ammal Dental College partner with TN Dr. MGR Medical University to organize an enthusiastic blood donation campaign, demonstrating students' strong commitment to community service.



Students getting their blood test



Students enrolling for blood donation



Panel discussion on blood donation



Students attending the program

At Meenakshi College of Nursing, the event began with an invocation by the college choir, followed by a keynote address by Principal Dr. Fabiola M. Dhanaraj, emphasizing the lifesaving impact and global hope offered by each blood donation. A Blood Donation Quiz, organized by Dr. Kavitha M., saw three undergraduate teams competing; winners were felicitated by the Principal.



Poster competition



Students taking oath

Faculty of Pharmacy, on June 16th at 12:41 PM, organized a pledge-taking ceremony where Prof. Dr. D. Chamundeeswari emphasized the role of regular and uncompensated blood donation in instilling compassion and civic responsibility. Both students and faculty pledged to donate regularly and advocate for awareness in their communities. Across MAHER, these coordinated events-ranging from awareness programs to active donation drives-powerfully echoed WHO's call for solidarity, volunteerism, and a culture of lifesaving blood donation.

A special health screening camp was conducted on April 11th, 2025, at the Mahindra SUV Proving Track in Cheyyar by MSPT in collaboration with the Department of Community Medicine, Meenakshi Medical College, under the guidance of Dean Dr. K.V. Rajasekar. Led by Dr. Shankar K and his team, the camp focused on early detection of diabetes and hypertension through blood pressure checks, blood sugar tests, waist circumference measurements, and IDRS assessments. Among the 110 participants screened, 5 showed elevated blood sugar levels, 3

had high blood pressure, and 50 had abnormal waist circumference. High-risk individuals received lifestyle advice, and those requiring further evaluation were referred for follow-up care.

A health education camp was conducted on June 10th, 2025, at Ayyangarkulam. Organized by the Department of Community Medicine in collaboration with NSS, the program featured informative sessions on blood donation eligibility, the donation process, and its significance, supported by audiovisual aids. Guided by Dean Dr. K.V. Rajasekar, with Dr. Shankar K. (Professor and HOD), and under the supervision of Dr. M. Sakthivel (Senior Resident) and Dr. Parimala (Medical Officer), the camp actively engaged students in interactive discussions. The event concluded with a vote of thanks and refreshments for the participants.



Students getting their blood test



Students enrolling for blood donation

On June 16th, Arulmigu Meenakshi College of Nursing (AMCON) observed with a program featuring a welcome address by Ms. Aishwarya, followed by Dr. Victor Devasirvadham's principal address. Activities included a student-led panel discussion, a skit addressing misconceptions about blood donation, a pledge-taking, and a vote of thanks by Ms. Abinaya Sree-reinforcing the importance of voluntary, unpaid donation.



Students taking part in the quiz



Inauguration speech

During the same day, the Faculty of Allied Health Sciences (FAHS) NSS unit organized a poster competition and a student pledge in support of voluntary donation, with several students actively donating blood as part of the drive.



Staffs and students taking oath



Doctors assessing workers at Mahindra SUV Proving Track



Year-Long Celebration of Constitution Day

As part of the "Year-Long Celebration of Constitution Day - 2025," Arulmigu Meenakshi College of Nursing observed Constitution Day on June 10th, 2026, with the theme "Environmental Rights and Responsibilities." The event began at 10:00 AM with Tamil Thai Vazhthu, followed by a welcome address from Ms. Monika, B.Sc (N) VI Semester. Dr. Victor Devasivadham, Principal, unfolded the theme, and Vice Principal Dr. M. Raghavendran highlighted the significance of environmental rights. Speeches by Ms. Thenmozhi and Ms. Bhuvaneswari emphasized tree



Sapling plantation



Students attending the lecture

planting and environmental protection. A panel discussion on "Environmental Laws" was moderated by Dr. Raghavendran. The program concluded with sapling plantation in the AMCON NSS garden and the National Anthem, benefiting around 98 students.

International Day against Drug Abuse and Illicit Trafficking



Students and staffs taking part in rally



Students performing skit

MAHER observed the "International Day against Drug Abuse and Illicit Trafficking" on June 26th, 2025, with the theme "Break the Cycle. #Stop Organized Crime". AMCON conducted a spirited campus event attended by 98 students and 17 faculty members. The day began with an awareness rally featuring vivid placards and banners, followed by a compelling skit titled "The Journey from Addiction to Recovery," illustrating addiction's challenges and the strength of recovery. Participants took a pledge to stay drug-free and raise awareness. The program culminated with the National Anthem, reinforcing personal and collective responsibility in combating drug misuse.



Students with their posters



Staffs and students in the rally

FAHS organized a poster-painting competition, an inaugural awareness rally, and a pledge ceremony-all designed to educate students on the dangers of drug abuse and illicit trafficking. The creative and engaged participation highlighted students' commitment to promoting sobriety and fostering a safer, healthier community.

Lamplighting Ceremony



Students taking their oath



Staffs and students taking part in lamplighting ceremony

The Student Nurses Association of Arulmigu Meenakshi College of Nursing (AMCON) hosted the Lamplighting Ceremony on June 21st, 2025, marking the formal induction of nursing students into the profession. The event began with Tamil Thaai Vazhthu and a graceful procession, followed by a warm welcome from Dr. Vasantha Priya. Dignitaries lit the traditional kuthuvilakku, symbolizing the light of knowledge and service. Inspirational addresses were delivered by Dr. Victor Devasivadham, Mrs. Uma Devi, Dr. Fabiola M. Dhanaraj, and Dr. Paulraj Seenidurai, who spoke on the evolving role of nurses. Guest of Honour Ms. Magdalene Thangam shared a heartfelt message, after which students lit their candles and took

shared a heartfelt message, after which students lit their candles and took the Nightingale Pledge. The event also featured a dedication song and a prize distribution ceremony recognizing academic excellence. With 387 students participating, the ceremony was a profound celebration of commitment, compassion, and the future of nursing.

World Vitiligo Day

The Department of Dermatology at Meenakshi Medical College Hospital & Research Institute (MMCHRI) organized the World Vitiligo Day Awareness Program on June 25th, 2025, from 9:30 to 10:30 AM. The event featured insightful speeches by Chief Guest Dr. K.V. Rajasekhar, Dean, along with Prof. Dr. S. Kumaravel and Dr. Rajesh from the DVL department, emphasizing the need for accessible diagnosis, treatment, and emotional support for those affected by Vitiligo. Attended by around 50 participants-including doctors, students, patients, and caregivers-the session highlighted both medical and surgical treatment options. Educational pamphlets in Tamil were distributed to aid public understanding, and the program concluded with a vote of thanks by Dr. Sivayogana, Assistant Professor, DVL.



Chief Guest with the organizing team

Extension and Outreach Activities

Faculty of Physiotherapy conducted a free community physiotherapy camp on April 11th, 2025, at Chennai's bustling Koyambedu Flower Market, in partnership with the Chennai Flower Retail Market Association. Led by Dr. Sugasri Sureshkumar (Head of Neurology, I/C) alongside faculty and postgraduates, the camp screened and treated over 300 individuals for neurological and musculoskeletal conditions—including stroke, spinal cord injuries, diabetic neuropathy, cerebral palsy, head injury, arthritis, and joint pain. Participants received posture and pain - management education, home - exercise guidance, and

referrals for free follow-up care at MAHER's outpatient department. Principal R. Parthasarathy emphasised the initiative's goal to extend physiotherapy expertise into the community, enhance urban well-being, and reduce pressure on formal healthcare systems—demonstrating MAHER's ongoing commitment to public health outreach and preventative education.



Students and staffs treating patients at the camp



Students receiving their certificates



On 21st April, 2025, the Hospital Volunteers Club under the Faculty of Physiotherapy, MAHER, organized a compassionate initiative encouraging students to volunteer for blood donation in support of heart surgery patients at Global Hospital, Perumbakkam, Chennai. The activity highlighted the spirit of social responsibility and healthcare service among students. In recognition of their humanitarian contribution, appreciation certificates were awarded by the Principal. The event served as a meaningful reminder of the impact that student-led volunteerism can have on saving lives and supporting the wider medical community.



Doctors and nurses at the camp



Under the patronage of Meenakshi Academy of Higher Education and Research, a special medical camp was held on April 30th, 2025, in the village of Siruvakkam. Organized by Meenakshi Medical College & Hospital in collaboration with the Department of Community Medicine, Unnat Bharat Abhiyan, and the National Service Scheme, the camp offered specialist consultations and screenings for diabetes, hypertension, anemia, and nutritional status. Of the 90 beneficiaries, 27 had elevated blood sugar (including 13 newly diagnosed), 16 had high blood pressure (7

newly diagnosed), and 33 were found to be anemic. Thirty individuals were referred for further care, while all attendees received basic medications and health education as part of the outreach effort.

On June 17th, 2025, the Department of Community Medicine, MMCHRI, in collaboration with the NSS, conducted a community outreach program on respiratory tract infection awareness at Thirupanankadu. The event featured health education on symptoms, prevention, and management, along with basic screenings such as blood pressure checks and physical examinations. Engaging health exhibits and live demonstrations on proper handwashing and cough etiquette captured the attention of attendees. Eight interns participated in the initiative, which reached 58 community members, with several referred to MMCHRI for further care. The program received enthusiastic support from local authorities and residents alike.



Students creating awareness during the camp



Students creating awareness among public

On June 24th, 2025, the Department of Community Medicine, MMCHRI, in collaboration with the NSS, organized a community outreach program on acute gastroenteritis awareness at Vellakuam. The initiative included health education on identifying symptoms, preventive measures, and proper management of the condition. Basic health screenings such as blood pressure checks and physical examinations were conducted, while interactive exhibits and live handwashing demonstrations actively engaged both children and adults. A total of 48 community members were served by eight participating interns, with individuals requiring further care referred to MMCHRI. The program was well-supported by local authorities and warmly received by the community.



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