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NAVARATRI CELEBRATIONS AT MAHER: A GRAND SHOWCASE OF DEVOTION AND CULTURE

The Navaratri Festival at MAHER commenced on 22nd September 2025 with grandeur and devotion, marking nine vibrant days of spiritual celebration and cultural brilliance. The festivities were meticulously coordinated each day by Meenakshi College of Physiotherapy, Meenakshi College of Arts and Science, Meenakshi Ammal Dental College and Hospital, along with the non-teaching faculty of MAHER. The celebration carried the divine blessings of Founder Chancellor Thiru. A. N. Radhakrishnan, M.A., D.Com, and was graced by the esteemed presence of Mrs. R. Gomathi, Chief Patron; Mrs. Jayanthi Radhakrishnan, Chancellor; Mr. Akash Prabhakar, Pro-Chancellor; Prof. Dr. C. Sridhar, Vice-Chancellor; Prof. Dr. C. Krithika, Pro Vice-Chancellor; and Prof. Dr. V. Sureka, Registrar. Adding artistic splendour, several external performers enriched the event, including Bhajans by Kodha Bhajana Mandali, Nama Sankeerthanam by Mrs. Bhagyalakshmi & Co., Sai Samithi, Kodambakkam, and enthralling dance performances by Seethalakshmi Natyalaya (22 members), Jayash Natyalaya under Guru Mrs. Janish Abil (21 members), Esitha Naatyalaya (20 members), and P. Chidambaralakshmi (Usha Subramanian) along with the Isai Yogam group. Students from various constituent colleges of MAHER also showcased their cultural talents. All participants were honored with certificates and mementos in recognition of their contributions. A moment of pride marked the festivities as MAHER secured the First Runner-Up award in "The Hindu's Corporate Kolu Contest 2025" for a display that beautifully blended tradition with innovation, highlighting themes of cultural harmony, environmental awareness, and women's empowerment. With heartfelt devotion and unforgettable performances, the final day of Navaratri 2025 concluded on 30th September 2025, leaving behind cherished memories of unity, culture, and celebration within the MAHER community.



Kolu at MAHER



Students performing on stage



Felicitation of the participants



Audience enjoying the performance



AWARDS

Meenakshi Academy of Higher Education and Research (MAHER) has been honored with the prestigious Best Institution Award at the 6th IAAM International MicroSummit – 2025, held on 1st and 2nd August at Saveetha Dental College and Hospital in collaboration with the Indian Association of Applied Microbiologists (IAAM). The summit, which brought together eminent experts and researchers in applied microbiology, highlighted MAHER's outstanding academic excellence, impactful research contributions, and active participation in scientific deliberations. Adding to this achievement, Dr. Sivamalar, Research Scientist, and Dr. Bakiyashree, Postgraduate in Oral Pathology at MADCH, won Best Oral Presentation Awards in the Faculty and Postgraduate categories respectively, while Dr. Pavithra Amritkumar, Head-in-charge of Microbiology at MADCH, and Dr. Valli Nachiyar, Dean of Publications, were conferred the prestigious Fellowship of the IAAM (FIAAM). These accolades reaffirm MAHER's steadfast commitment to advancing innovation, research, and academic distinction on both national and international platforms



Dr. Pavithra Amritkumar receiving the Fellowship of the IAAM



Representatives from MAHER receiving the award

MAHER has been recognized by ITC Limited's flagship initiative WOW – Wellbeing Out of Waste – with a Certificate of Appreciation for its remarkable contribution to sustainability and responsible waste management. During the financial year 2024–25, the institution successfully recycled 6,037 kilograms of dry recyclable waste, significantly reducing its environmental footprint. This achievement reflects MAHER's proactive efforts in fostering campus-wide awareness on eco-friendly practices and underscores its steadfast commitment to building a greener, more sustainable future.



Prof. Dr. V. Sureka Varalakshmi, Registrar with the certificate of appreciation



FACULTY AWARDS

Dr. D. Chamundeeswari, Principal of Meenakshi College of Pharmacy, was conferred the Lifetime Achievement Award by Lions International for the year 2025–2026 in recognition of her outstanding service and remarkable contributions to Pharmacy Education and Research. The award celebrates her exemplary leadership, dedication to fostering industry–academic collaboration, and unwavering commitment to advancing the pharmacy profession. Presented in commemoration of World Pharmacists Day, this distinguished honor stands as a testament to Dr. Chamundeeswari's lifelong devotion to nurturing future healthcare professionals and promoting excellence in the field. Her achievement brings immense pride to the Meenakshi Academy of Higher Education and Research (MAHER) community, underscoring its continued legacy of innovation, academic distinction, and societal impact.



Dr. Chamundeeswari receiving the award



Dr. Kasthuri S, Associate Professor in the Department of Biochemistry at Meenakshi Medical College Hospital & Research Institute (MMCHRI), has won Second Prize for her poster presentation at the Global Diagnostic Directors' Conclave (II) 2025, held from 18th to 20th July in Chennai, Tamil Nadu. The conclave, which brought together leading experts in diagnostics and laboratory medicine, recognized Dr. Kasthuri's research for its scientific merit and practical relevance. This achievement highlights her dedication to advancing biomedical research and reflects MMCHRI's commitment to fostering academic excellence on national platforms.



Dr. Kasthuri receiving second prize

Dr. U. Kavitha, Assistant Professor, Department of Physiology, received the Silver Medal – Toppers Award for successfully completing the NPTEL course “Electrocardiogram – Interpretation and Application in Clinical Practice” conducted during the July–August 2025 session.



Topper Certificate

STUDENT AWARDS

Meenakshi College of Nursing (MCON), MAHER, showcased remarkable talent at the Tamil Nadu XXXI SNAI Biennial Conference – TNSNAICON 2025 zonal level competitions, organized by the Trained Nurses Association of India (TNAI), Tamil Nadu State Branch, on 12th July 2025 at Sri Ramachandra College of Nursing, Porur, Chennai. Represented by 31 students and 2 faculty members, MCON actively participated across cultural, fine arts, and literary events, earning notable accolades. Highlights included Mr. Sakthivel K securing third prize in the comedy competition, Ms. Anisha R and Ms. Sabeetha S (B.Sc. Nursing – IV Year) winning first prize in face painting, and Ms. Sharmila V (B.Sc. Nursing – IV Year) achieving second prize in the essay competition. The vibrant event, graced by Dr. K. Balaji Singh, Dean, SRMC & RI, as Chief Guest, and Dr. S. Ani Grace Kalaimathi, President, TNAI – Tamil Nadu State Branch & Registrar, TNNMC, as facilitator, provided an inspiring platform for creativity, teamwork, and the celebration of student excellence, while strengthening camaraderie among future nursing professionals.



Dignitaries on the dais



Participants of the competition

Students of Meenakshi College of Arts and Science, MAHER, have brought laurels to the institution with their outstanding performances in sports. Ms. Shiny Gladisa, a BBA student, won the gold medal in the 100-metre event under the U-20 category at the Tamil Nadu State-Level Athletic Competition, showcasing her determination and athletic excellence. Adding to the pride, Mr. Aniruth, a first-year BBA (Shift II) student, secured two gold medals at the District-Level Skating Championship and qualified for the upcoming State Championship. These achievements highlight the dedication, discipline, and talent of MCAS students, reflecting the institution's strong commitment to encouraging holistic development and inspiring peers to strive for excellence in both academics and extracurricular pursuits.



Ms. Shiny Gladisa participating in the competition

The NSS Unit of Meenakshi College of Nursing proudly excelled at the State-Level Workshop on “Youth for Reviving Traditional Sports & Games” held from 8th to 10th August 2025 at Bharathidasan University, Tiruchirappalli, organized by the Department of Youth and Sports Development, Government of Tamil Nadu, and the State NSS Cell. The three-day event celebrated the cultural heritage of traditional games such as Uriyadi, Tug of War, Kavattai, Kittipuli Pandi, Nondi, and Potato Gathering. Showcasing remarkable talent, Mr. Benjamin S. secured First Prize in Kabaddi and Potato Gathering, along with Third Prize in Kittipuli, while Mr. Jasim Ali earned Third Prize in Kavattai (Men). The workshop not only highlighted the students' achievements but also deepened their appreciation of traditional games as symbols of teamwork, cultural pride, and community spirit.



Winners with their certificates

Ms. S.M. Keerthana, a second-year BDS student of Meenakshi Ammal Dental College, made the institution proud by winning a Gold Medal at the 19th Chennai District Taekwondo Championship held on 27th July 2025 at Nehru Stadium. With this remarkable achievement, she has qualified to compete in the prestigious Khelo India League 2025–26, scheduled from 15th to 17th August at SRM University. Her success not only highlights her dedication and sporting excellence but also showcases the active participation of dental students in competitive sports alongside their academic pursuits.



Ms. S.M. Keerthana receiving the award

Nithin Arunan, a final-year BPT student of the Meenakshi College of Physiotherapy, MAHER, showcased outstanding athletic talent at the 97th Tamil Nadu Senior State Athletics Championship 2025, held on 20th July at Periyar University, Salem. Competing among 130 top athletes from across the state, he secured 4th place in the 200 metres sprint with an impressive timing of 21.51 seconds. His achievement stands as a testament to his dedication and sporting excellence, while also reflecting MAHER's commitment to nurturing holistic development alongside academic growth.



Students participating in the competition

Ms. Gayathri, a Bachelor of Occupational Therapy (BOT) intern at Meenakshi College of Occupational Therapy, earned the Second Prize in the Poster Competition at the 7th Annual National Conference of Neonatal Therapy held in Mumbai from 22nd September 2025. Her achievement brings pride to the institution, reflecting her talent, dedication, and the academic excellence nurtured by the college. This recognition stands as a testament to the commitment of both the department and the institution to fostering innovation and professional growth.



Ms. Gayathri receiving the trophy

At the CM Trophy 2025 held on 7th September at Kanchipuram Anna Stadium, II and III year students of Meenakshi College of Allied Health Sciences (MCAHS) showcased remarkable enthusiasm and talent across various athletic events. A proud highlight was Ms. Teena Gladis, a III-year Cardiovascular Technology student, who secured 2nd Prize in Shot Put (Women), earning both a medal and a cash prize. Her achievement reflects the dedication and competitive spirit of MCAHS students, underscoring the importance of discipline, teamwork, and sporting excellence as vital aspects of holistic development.



Prize winners with their medals

Mr. Sherwin J. F, a II-year student from the Department of Cardiovascular Technology, Meenakshi College of Allied Health Sciences, showcased outstanding athletic prowess at the Senior State Basketball Championship 2025, held at Nehru Stadium, Chennai, from 22nd to 27th September 2025. Competing against some of the finest players from across Tamil Nadu, Mr. Sherwin displayed exceptional precision, skill, and sportsmanship throughout the tournament, earning the prestigious Best Shooter Award. His remarkable achievement brings great pride to the institution and reflects its dedication to nurturing student talent, encouraging sports participation, and fostering holistic growth alongside academic excellence.



Mr. Sherwin with his award

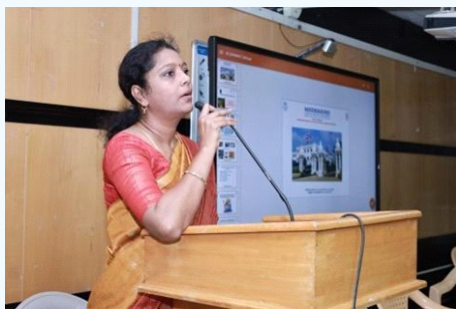
Meenakshi College of Physiotherapy achieved a remarkable milestone by clinching the Overall Championship at the prestigious intercollegiate sports fest "LUDUS 2K25," hosted by Sri Ramachandra College of Physiotherapy from 24th to 26th September 2025. The students showcased outstanding athleticism, teamwork, and perseverance across a variety of events, earning accolades and admiration from organizers and peers alike. The college secured top honors in March Past, Throwball (Men & Women), Carrom (Women), Tennikoit (Women), and Kho-Kho (Women), while both Men's and Women's Athletics Teams emerged as overall champions. Additionally, the Men's Chess and Basketball Teams claimed runners-up positions. This collective triumph highlights the students' unwavering dedication, discipline, and sportsmanship, exemplifying the institution's commitment to holistic development and excellence in both academics and sports. Their success stands as a proud inspiration for all to pursue passion with teamwork and determination.



Students with their trophies

ACADEMIC EVENTS

The Medical Education Unit, in collaboration with the Research & Development Committee of Meenakshi Medical College Hospital & Research Institute (MMCHRI), successfully organized a one-day Training Program on Good Clinical Practice on July 30th, 2025. Coordinated by Dr. Punita P, Professor of Physiology and MEU Coordinator, the program aimed to enhance participants' understanding of ethical standards and best practices in clinical research. Conducted in an offline mode, the event witnessed the participation of around 100–120 faculty members and students. Dr. V.P. Karthik, Associate Professor of Pharmacology at Sri Ramachandra Medical College & Research Institute, Chennai, served as the chief resource person, delivering an enlightening session on ethical principles, regulatory compliance, and informed consent. Additionally, five in-house faculty members presented insightful sessions on clinical trial design, documentation practices, and the role of Institutional Ethics Committees. The training provided a valuable learning platform, empowering participants with the knowledge and skills necessary to ensure integrity, ethics, and excellence in clinical research.



Inauguration speech



Participants of the program

The Department of General Surgery at Meenakshi Medical College Hospital and Research Institute (MMCHRI) organized a Continuing Medical Education (CME) program on “Scientific Writing and Publication in Surgical Research” on 22nd July 2025 at Morton Hall, Hospital 2nd Floor. The event commenced with a traditional inauguration, including Tamil Thai Vaazhthu and the lighting of the Kuthuvilakku, followed by a warm welcome from Prof. Dr. P.S. Saravanan, Professor and Head of the Department, and an inaugural address by Prof. Dr. K.V. Rajasekhar, Dean of MMCHRI. The CME featured a series of insightful sessions designed to strengthen research and academic writing skills among medical professionals. Dr. M.D.S. Paul Dhinakaran opened the academic segment with a session on developing impactful research questions, followed by Dr. K. Shankar's presentation on the significance of statistics in surgical research. Dr. Sowmiya Baskaran conducted an engaging hands-on session on reference management using Zotero, effective literature search strategies, and best practices in medical writing, including plagiarism prevention and publication ethics. The event witnessed active participation from faculty and postgraduate students, serving as an enriching platform to foster a strong research culture and promote excellence in scientific communication within the institution.



Welcome address



Dignitaries on the dais

The Department of Dermatology at Meenakshi Medical College Hospital & Research Institute (MMCH&RI), Enathur, organized a Continuing Medical Education (CME) program on “Current Trends in the Management of Skin Disorders with AI,” focusing on the evolving role of Artificial Intelligence in dermatological diagnosis, treatment, and patient care. The event began with registration at 8:30 a.m., followed by a welcome address by Prof. Dr. S. Kumaravel, an inaugural address by Prof. Dr. K.V. Rajasekhar, Dean, MMCH&RI, and a keynote address by Dr. K. Boopathi, Medical Superintendent. Esteemed speakers Dr. Manjula (Professor & HOD, KMC, Chennai), Dr. Monisha Madhumita (Assistant Professor, Saveetha University), and Dr. Aishwariya (Alumni, MMCH&RI) delivered insightful sessions on topics such as PRP and growth factors in skin rejuvenation, advancements in diagnostic and imaging technologies, and AI-driven approaches to prediction, prevention, and personalized treatment in dermatology. A lively panel discussion involving faculty and residents fostered academic exchange and deeper understanding of AI integration in clinical practice. The program concluded with a vote of thanks from the organizing team, followed by lunch. The CME served as an enriching platform for knowledge sharing, emphasizing the transformative potential of AI in revolutionizing dermatological care and improving patient outcomes.



Dignitaries on the dais



Panel discussion

The Department of ENT at Meenakshi Medical College Hospital & Research Institute (MMCHRI) organized a Continuing Medical Education (CME) program titled “Update in ENT 2025 & World Deafness Day Awareness” on 25th September 2025, with the dual objective of updating medical professionals on recent advancements in ENT and promoting awareness on hearing health and preventive care. The event commenced with an inaugural address by Prof. Dr. K. V. Rajasekhar, Dean, MMCHRI, followed by a keynote address by Dr. K. Boopathi, Medical Superintendent. The academic sessions featured insightful talks, including Dr. Sathyanarayanan, Medical Director, Royal Pearl Hospital, Trichy, on “Recent Advances in Otology,” Dr. Rashmitha Reddy, Assistant Professor, on “Awareness of Noise-Induced Hearing Loss,” and Dr. Viswasanthi P, Senior Resident, on “Minimal Invasive Procedures in ENT & Trends.” A highlight of the event was the Hearing Aid Distribution ceremony, demonstrating the department’s commitment to community service. The afternoon session featured Poster Presentations by postgraduate students and an engaging Panel Discussion moderated by Prof. Dr. K. Muthubabu, HOD. The program concluded with a vote of thanks delivered by Dr. P. Sravanthi, Associate Professor. The CME effectively combined academic enrichment with social responsibility, reinforcing the significance of innovation, collaboration, and proactive hearing care.



Dignitaries on the dais



Audience engrossed in the lecture

NON-ACADEMIC EVENTS

Arulmigu Meenakshi College of Nursing (AMCON), in collaboration with Clean to Green India, conducted an impactful E-Waste Awareness Campaign on 20th August 2025 to promote responsible e-waste disposal and sustainable environmental practices among teaching staff, non-teaching staff, and students. The event began with registration and a warm welcome by Mr. Dinesh Kumar R., ISO Coordinator, followed by an inspiring inaugural address from Dr. Raghavendiran, Vice Principal, emphasizing the importance of sustainable waste management. Mr. Manova Markus, a volunteer from Clean to Green India, delivered an insightful session on proper e-waste management and recycling, complemented by Ms. Jenifer's presentation on collection methods and the use of an online application for efficient e-waste disposal. An engaging interactive session allowed participants to share ideas and clarify doubts, and the program concluded with a vote of thanks by Ms. Swathi, B.Sc. (N) IV Year. The campaign successfully enhanced the environmental awareness of 50 participants, inspiring them to contribute to a greener and more sustainable future.



Felicitating of Ms. Jenifer



Mr. Manova Markus presenting an insightful lecture

The NSS Unit of Arulmigu Meenakshi College of Nursing (AMCON) organized a Drug Awareness Seminar at Sree Narayanaguru Matriculation Higher Secondary School, Kanchipuram, as part of the Nationwide Drug Awareness Campaign on 13th August 2025. The session aimed to educate students on the harmful effects of drug abuse, the importance of early intervention, and the role of a strong support system in building a healthy, drug-free society. Mr. Dinesh Kumar R., NSS Program Officer, led an enlightening session on "Early Warning Signs, Mental Health, and Support System," motivating students to take proactive steps toward personal well-being. NSS volunteers Mr. Gokulnath and Mr. Gokul Krishnan further encouraged the participants to uphold a drug-free lifestyle and foster a positive campus environment. A key moment of the event was the Drug Awareness Pledge, where 240 students and 10 teachers joined hands with the NSS team in a collective commitment to a substance-free life. The seminar received wide appreciation for its inspiring message and impactful execution.



Mr. Dinesh Kumar delivering the lecture



Drug Awareness Pledge by students and staff

As part of its international collaboration initiatives, Meenakshi College of Arts & Science (MCAS) hosted Associate Professor Ben Arachi from Leaders Institute, Australia, for an inspiring Guest Lecture on Environmental Sustainability on 12th August 2025. Dr. Arachi emphasized the urgent need for responsible actions, sustainable practices, and innovative solutions to tackle global environmental challenges. He shared valuable insights on integrating sustainability into daily life and underscored how collective efforts can preserve the planet for future generations. The session offered Shift II students a thought-provoking perspective on their role as responsible global citizens, fostering interactive discussions and idea exchanges. This enriching lecture not only enhanced students' understanding of environmental responsibility but also inspired them to become future-ready leaders committed to a sustainable and eco-conscious world.



Dr. Arachi delivering his lecture



Felicitating of the chief guest

On 7th August 2025, the third-year B.Sc. (N) students of Meenakshi College of Nursing (MCON) hosted an engaging Mini-Exhibit on Addictive Psychiatry at the MCON auditorium as part of Elective Module II. Designed to deepen understanding of addictive disorders, the event featured creative displays from eight student groups, including models, informative charts, crossword puzzles, a gratitude jar, "foretelling four cups," and a DIY craft tree illustrating the signs and symptoms of alcoholism. The exhibits, combining academic knowledge with innovative presentation techniques, were reviewed by the entire faculty, with Principal Dr. Fabiola M. Dhanaraj commending the students for their dedication and creativity while emphasizing key learning points. The programme not only highlighted the students' academic proficiency and teamwork but also served as an impactful platform for raising awareness on addictive psychiatry.



Students explaining their exhibits to Principal Dr. Fabiola M. Dhanaraj

Meenakshi College of Nursing (MCON), MAHER, in collaboration with RLG by Reconomy (Clean to Green), successfully conducted a Plastic-Free Environment and E-Awareness Programme on 7th August 2025, engaging 97 students, 7 faculty members, and 5 non-teaching staff. Coordinated by Dr. Thephilah Cathrine R., ISO Coordinator, the event began with a welcome address by Ms. Nancy Neha (B.Sc. Nursing – I Year) and a keynote by Dr. Fabiola M. Dhanaraj, Principal, MCON, urging adoption of sustainable habits. Mr. Manova Marcus, Senior Volunteer, emphasized the harmful effects of single-use plastics and the importance of the three R's — Reduce, Reuse, Recycle — to foster eco-friendly lifestyles. Ms. Janifer Caroline Rajakumari, Environmental Consultant, addressed digital responsibility, covering cyber safety, digital ethics, and safe internet practices to support sustainability. The programme concluded with a vote of thanks by Mr. Sanjay S. R, inspiring participants to embrace small but impactful steps toward a plastic-free and digitally responsible future.



Welcome address by Ms. Nancy Neha



Mr. Manova Marcus delivering the lecture

On 7th August 2025, the Industry Institute Partnership Cell of Meenakshi College of Pharmacy organized an enriching industrial visit for 3rd semester B.Pharm students to Kniss Laboratory, Gerugambakkam, from 9:30 AM to 1:30 PM. Designed to complement the Physical Pharmaceutics curriculum, the visit provided firsthand exposure to the preparation of solid dosage forms, bridging the gap between theoretical knowledge and practical application. Students were divided into two groups for focused learning—Group 1 explored the Quality Control process, gaining insights into procedures, equipment, and quality standards, while Group 2 observed the Manufacturing Process, learning about operational sequences, machinery, and safety protocols. Although photography inside the premises was restricted, a group photograph was taken outside to commemorate the visit. Feedback from both company staff and students highlighted the value of the experience, noting enhanced understanding of quality control and manufacturing operations. The visit proved to be a highly informative initiative, offering students valuable practical knowledge and industry exposure.



Students during the industrial visit

On 5th August 2025, the Placement Cell of Meenakshi Academy of Higher Education and Research (MAHER), in collaboration with Advicewise Consultancy, organized a career guidance program titled "Career Trial: Discovering Abroad Opportunities for Education" for final-year students of the Meenakshi College of Arts and Science. Attended by 160 enthusiastic participants, the session aimed to empower students to explore higher education prospects in countries such as the United Kingdom, Canada, Sweden, Poland, and Spain. Mr. Parthiban Kannan, CEO of Advicewise Consultancy, delivered an insightful address covering the application process, education loans, and strategic approaches to studying abroad, offering practical guidance and inspiration. The program proved to be an enlightening initiative, encouraging students to broaden their academic horizons and confidently pursue global education and career opportunities



Felicitation of the chief guest



Mr. Parthiban Kannan delivering his key note lecture

On 5th August 2025, the B.Sc. Nursing II Semester students of Meenakshi College of Nursing (MCON), under the guidance of Ms. Kavitha, Ph.D. Scholar from the Department of Nutrition, organized a "Therapeutic Diet Expo" from 10:00 AM to 12:30 PM to raise awareness about the role of therapeutic nutrition in clinical practice. Divided into ten groups, students presented model therapeutic diets for various health conditions and physiological stages, including obesity, diabetes mellitus, cardiovascular, renal and hepatic disorders, pregnancy, lactation, constipation, diarrhea, and pre- and post-operative nutritional care. Each group created visual displays and explained the significance of dietary management tailored to their assigned condition. The expo was inaugurated by Dr. Fabiola M. Dhanaraj, Principal of MCON, and Dr. B. Jayabharathi, Vice Principal, along with faculty and students, who engaged with the exhibits and commended the presentations for their clarity and effort. The event offered an informative and visually appealing learning experience, providing students with a valuable platform to showcase their knowledge of clinical nutrition and its critical role in patient care.



Students actively participating in the exhibit



Exhibit of foods to be included and excluded

On 2nd August 2025, the Internal Complaints Committee (ICC) of Arulmigu Meenakshi College of Nursing (AMCON), under Meenakshi Academy of Higher Education and Research (MAHER), conducted an Awareness Program on Women & Child Helpline Numbers through the One Stop Centre (OSC) from 12:30 PM to 1:00 PM. The session began with a welcome address by Ms. A. Jhonsi Inbakumari, Faculty Member, and aimed to inform students about critical support services such as the One Stop Centre (OSC), Women Helpline – 181, and Child Helpline – 1098. Dr. Vasantha Priya J., ICC Presiding Officer and Professor at AMCON, delivered an engaging talk on the 24/7 Women Helpline 181, explaining its role in providing emergency support and connecting women to essential services and welfare schemes. She also highlighted the importance of Child Helpline 1098, a toll-free service that has aided over three million children across India with care and protection services. The program saw active participation from around 100 students, fostering meaningful engagement and awareness. Coordinated by Dr. Vasantha Priya J., with support from faculty and student members, the event concluded with a vote of thanks by Ms. Asha Rani, leaving participants better informed about these vital helpline services



Dr. Vasantha Priya delivering her lecture



Students attentively listening during the lecture

On 2nd August 2025, Meenakshi Ammal Dental College (MADCH) hosted a heartfelt Alumni Meet to celebrate the Silver Jubilee of the BDS batch of 2001–2006, marking 25 years since their journey began. Organized by the Meenakshi Ammal Dental College Alumni Association, the event brought together former classmates, mentors, and cherished memories. The celebration opened with a warm welcome by Alumni Coordinator Dr. Geetha A., followed by an inspiring address from Principal Dr. Velmurugan, who lauded the batch's legacy and contributions to the institution and dental profession. The programme featured touching reminiscences from senior faculty and personal stories shared by alumni, blending nostalgia with inspiration. Commemorative mementos were presented to all attendees, and the evening included the announcement of an endowment prize in memory of a late batchmate, along with a generous book donation to the college library—symbolic of the batch's spirit of giving back. Concluding with a group photograph, the Silver Jubilee Meet celebrated enduring bonds, professional milestones, and the lasting sense of community cherished by MADCH alumni



Alumni gathered to relive memories

On 30th July 2025, the Internal Complaints Committee of Meenakshi College of Nursing (MCON) organized an Awareness Programme on Women and Child Development from 11:00 AM to 1:00 PM, beginning with a soulful invocation by the college choir. Ms. Sailaja, B.Sc. Nursing II Year student, delivered the welcome address, followed by an inspiring keynote by Dr. Fabiola M. Dhanaraj, Principal, MCON, who emphasized the importance of initiatives like One Stop Centres in supporting women affected by violence and the broader role of women and child development in society. The guest speaker, Mrs. Jothilakshmi, Inspector of Police, Mangadu, Chennai, delivered an empowering session on critical support systems, including the One Stop Centres (OSC), Women Helpline (181), and Child Helpline (1098), along with discussions on psychosocial counselling and gender-based violence, supported by informative videos. With active participation from 97 students and 12 faculty members, the session fostered meaningful interaction and deeper awareness of these vital services. The programme concluded with the National Anthem, reaffirming a collective commitment to empowerment and advocacy for social well-being.



Mrs. Jothilakshmi sharing her expertise



A warm felicitation to the chief guest

Awareness Programme on Leprosy at the MCON Conference Hall, aimed at educating nursing students about early detection, prevention, and elimination of leprosy. Coordinated by Mrs. R. Jebin Sherly, Associate Professor, the event began with Tamil Thai Vaazhthu, followed by a welcome address by Ms. Dharshini, a second-year B.Sc. Nursing student. Dr. Fabiola M. Dhanaraj, Principal, MCON, delivered the keynote, stressing the importance of early diagnosis and free treatment to prevent disabilities and deformities. Mr. Krishnamurthy, Health Educator, Deputy Director of Health Services, Poonamallee, provided a compelling talk on leprosy's signs, symptoms, treatment, and prevention, highlighting the Leprosy Case Detection Campaign and the national goal of zero leprosy cases by 2027. Nearly 100 students and 8 faculty members actively participated, engaging in discussions and appreciating the programme. Concluding with a vote of thanks by Ms. Yogalakshmi, the event underscored the importance of awareness, timely intervention, and collective action toward a leprosy-free future.



Inauguration speech



Insightful session by Mr. Krishnamurthy

On 29th July 2025, the Training, Placement, and Career Guidance Cell of Meenakshi College of Pharmacy hosted a Career Awareness Program for +2 students of UCCK Matriculation and Higher Secondary School, Ambattur, at its Thandalam campus from 10:00 AM to 12:30 PM. The event, attended by 26 students, began with registration, a soulful invocation, and a welcome address by Dr. K.K. Rajasekhar, Professor and Head, Department of Pharmaceutical Chemistry, who felicitated visiting school teachers for their dedication to student development. The Principal addressed the students on informed career choices, highlighting pharmacy's evolving role in healthcare, while second-year B.Pharm students shared their academic experiences. The program included guided campus and laboratory tours, where school students, in groups, explored practical aspects of pharmaceutical education under faculty guidance. A special moment celebrated the first-year B.Pharm topper, recognized by the Principal as an inspiration to aspiring learners. The program concluded with a vote of thanks from a UCCK faculty member, a group photograph, and the National Anthem, leaving participants inspired and better informed about career opportunities in pharmacy.



Interactive session with the School students



Participants during the program

On 29th July 2025, the Placement and Career Guidance Committee of the Meenakshi College of Allied Health Sciences (FAHS), MAHER, organized an enriching Career Seminar for Allied Health Sciences internship students. Led by Mr. Joshua Daniel, CEO and Founder of RISE, Chennai, the session offered valuable insights into career planning, skill development, and professional growth strategies specific to the healthcare industry. Attended by 80 enthusiastic students, the seminar encouraged active participation and provided practical guidance to help bridge the gap between academics and the professional world. The event proved to be an inspiring platform, equipping future healthcare professionals with the knowledge and confidence to thrive in today's competitive landscape.



Mr. Joshua Daniel addressing the audience



Active participation of students

The Placement Cell of MAHER, in collaboration with Deed Trust, Pondicherry, successfully organized the "UNICEF Yuwaah – Passport to Earning" Skill Development Program for pre-final-year students of the Meenakshi College of Arts and Science. This transformative program engaged 167 students, equipping them with essential digital skills, including effective use of Artificial Intelligence tools, to enhance workplace readiness and confidence for the modern job market. By focusing on future-ready competencies, the initiative underscores MAHER's strong commitment to empowering students to meet evolving industry demands with skill and confidence.



Felicitation of the chief guest



Resource person engaging the audience

On 28th July 2025, the Internal Complaints Committee of Meenakshi College of Pharmacy (MCOP), Chennai, hosted a thought-provoking seminar on "Importance of Women Empowerment & Gender Issues" at the Seminar Hall from 10:30AM to 12:05 PM. The event opened with an invocation and the ceremonial lighting of the Kuthu Vilakku, symbolizing the dispelling of ignorance through knowledge. Prof. Dr. D. Chamundeeswari, Principal, welcomed attendees and set the tone for the session. Dr. L. Karpagavalli introduced the Chief Guest, Mrs. N. C. Kalaivani, Deputy Director cum Centre Head, State Career Guidance Centre, Guindy, who underscored the importance of empowering women across all spheres, discussed the socio-economic benefits of inclusivity, and highlighted available support systems, including helpline numbers 182 and 1098. An engaging interaction session followed, where students and faculty discussed gender-related challenges in academic and social contexts. Dr. K. K. Rajasekhar concluded the event with a vote of thanks, and the session closed with the National Anthem. Anchored by second-year B.Pharm students Ms. Sowmya and Ms. Yazhini, this seminar proved to be a vital platform to educate and inspire action toward a more equitable society.



Felicitation of the chief guest



Mrs. Kalaivani delivering her lecture

The Placement Cell of MAHER, in collaboration with Naandi Foundation, successfully conducted the "Job Factory" Skill Development Program for final-year students of the Meenakshi College of Arts and Science, engaging 179 participants. Designed to enhance employability, the program offered practical training in communication, presentation techniques, and database management, providing hands-on exposure to industry-relevant tools and expectations. This initiative served as a valuable bridge between academic learning and workplace readiness, empowering students with the confidence, skills, and competence needed to excel in today's competitive job market.



Students during practical training



Participants with their certificates

As part of NABH compliance and the commitment to uphold the highest standards of patient safety and emergency care, the Department of Emergency Medicine organized a comprehensive Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) training session for all staff nurses. Conducted by Dr. Kamala Kannan and Dr. Badhur Jaman, certified instructors of the American Heart Association (AHA), the program aimed to strengthen the nurses' ability to manage critical and life-threatening emergencies with confidence and skill. Through hands-on demonstrations and simulation-based exercises, participants gained practical expertise in essential life-saving techniques, including high-quality chest compressions, airway management, and defibrillator use, while also reinforcing teamwork, communication, and timely response. The session was highly appreciated by the participants and served as a valuable initiative to promote continuous professional development in emergency care.



Students performing hands on training



simulation-based demonstration

The NSS Unit of Meenakshi College of Nursing (MCON) organized an awareness program on Tuberculosis (TB) and the National Tuberculosis Elimination Program (NTEP) on 24th July 2025 at the college's Conference Hall. The event began with the Tamil Thai Vaazhthu, followed by a welcome address from Ms. Sailaja of B.Sc Nursing II Year. Mrs. R. Jebin Sherly, Associate Professor, delivered the keynote address highlighting the vital role of community participation in disease prevention and control. Mr. Raju Sundar, Health Educator from the District TB Centre, Kanchipuram, led an insightful session covering the signs, symptoms, treatment protocols, and preventive measures for Tuberculosis, while also outlining the objectives of NTEP and the importance of the DOTS strategy. The program concluded with a pledge by students and faculty to promote TB awareness and elimination efforts, followed by feedback from Mr. Bharath and a vote of thanks from Ms. Sandra, both B.Sc Nursing II Year students. Attended by around 100 students and 8 faculty members, the event underscored the significance of collective responsibility in advancing public health and combating infectious diseases.



Inauguration speech



Students and faculty taking pledge

The NSS Volunteers of Arulmigu Meenakshi College of Nursing actively participated in the 10th Anniversary and Success Meet of Kuzhalosai Trust, celebrating a decade of impactful community and environmental initiatives. The college has shared a strong partnership with the Trust for the past four years through its NSS unit, contributing to numerous outreach activities promoting environmental sustainability and social responsibility. Notably, in 2022, under the Trust's guidance, the volunteers successfully sowed 50,000 palm seeds, marking a major step toward ecological conservation. During the recent celebration, the students presented a powerful mime on the theme "Save Nature, Save Plants," which captivated the audience and emphasized the urgent need for environmental preservation and the active role of youth in protecting the planet.



Participants receiving certificate



Students participating in the event

The Meenakshi College of Nursing, MAHER, conducted a Soft Skills Programme on "5S Awareness" on 24th July 2025, from 2:00 PM to 3:00 PM, to educate students on the importance and practical application of the 5S methodology in professional and personal settings. Coordinated by Dr. Thephilah Cathrine R, Associate Professor, the session saw enthusiastic participation from 97 students and 7 faculty members. The event commenced with a welcome address by Dr. Anitha J, Professor, followed by a keynote address by Dr. Fabiola M. Dhanaraj, Principal, who emphasized the initiative's role in promoting global standards of discipline, efficiency, and continuous improvement. The guest speaker, Ms. Lydia Annie J, Chief Nursing Officer, Kauvery Hospital, Chennai, delivered an engaging talk on the five pillars of 5S—Seiri (Sort), Seiton (Set in order), Seiso (Shine), Seiketsu (Standardize), and Shitsuke (Sustain)—highlighting their value in enhancing workplace efficiency, minimizing waste, and fostering safety and organization. The programme concluded with an interactive Q&A session and a vote of thanks by Dr. Thephilah Cathrine R. Participants appreciated the insightful session, recognizing its relevance and applicability in both academic and professional spheres.



Ms. Lydia Annie delivering her key note



Welcome address by Dr. Thephilah Cathrine

The Internal Complaints Committee of the Meenakshi College of Allied Health Sciences, MAHER, conducted an awareness programme on 23rd July 2025 at 1:00 PM to highlight the vital support systems available for women and children in need. The session featured Dr. T.S. Subashini, Associate Professor at SRM Dental College, as the guest speaker, who delivered an enlightening presentation on the purpose and accessibility of One Stop Centres (OSC), the Women Helpline (181), and the Child Helpline (1098). She provided practical insights into how these services can be effectively utilized and emphasized their crucial role in ensuring safety and immediate assistance. The programme witnessed active participation from around 60 students, who gained valuable knowledge about the mechanisms and resources designed to protect and empower women and children in distress.



Chief Guest with the organizing team



Dr. Subashini enlightening the students

The MAHER Placement Cell organized a Career Guidance Program on 22nd July 2025 at the Seminar Hall, Meenakshi College of Physiotherapy, MAHER, with the objective of guiding students toward global academic and professional opportunities. The session featured two esteemed guest speakers—Ms. Shanmathi, International Student Recruitment Representative from the University of Pécs, Hungary, and Ms. Pooja Jaiswal, Branch Head of FES Chennai, Fragomen Educational Services. They shared valuable insights on international higher education systems, admission processes, scholarships, visa procedures, and global career prospects for Indian students. Around 80 students from the Departments of Physiotherapy and Psychology participated enthusiastically, engaging in interactive discussions and clarifying their queries. The session was highly appreciated and stood as a testament to MAHER's ongoing commitment to fostering career growth and international exposure among its students.



Keynote speaker delivering her lecture



Felicitation of the chief guest

The Meenakshi College of Occupational Therapy (MCOT), MAHER, organized an Expert Talk on “Quality Research Practices in Occupational Therapy” on 14th July 2025, from 10:30 AM to 12:30 PM, aimed at promoting research excellence among students and faculty. The session witnessed the active participation of 150 students and 6 faculty members, reflecting the institution's dedication to fostering research-oriented learning. The event commenced with a welcome address by Prof. Deepa Sundareswaran, Principal, MCOT, followed by the joint felicitation of the guest speaker by Prof. Sundareswaran and Dr. Lilly Christopher, Dean, Student Affairs, MAHER. Dr. Lilly Christopher also delivered a special address emphasizing the importance of research-driven practice in the field of occupational therapy. The highlight of the event was an engaging lecture by Dr. Preethy S. Samuel, Associate Professor of Occupational Therapy, Wayne State University, Michigan, USA, who shared valuable insights on research ethics, developing impactful research questions, and ensuring quality in clinical and academic studies. Drawing from her extensive experience, Dr. Preethy S. Samuel illustrated her points with real-world examples from community-based projects and Family Quality of Life studies, inspiring the audience to pursue meaningful research. The session concluded with an interactive Q&A segment and a vote of thanks by Mrs. Leala Joyce Rani R., leaving participants motivated to strengthen evidence-based practice in occupational therapy.



Students attending the lecture



Felicitation of the chief guest

The NSS Unit of Meenakshi College of Nursing, in collaboration with the Rotary Club of Kilpauk, organized a Tree Plantation Program on 12th July 2025 within the college campus, reaffirming its commitment to environmental conservation and sustainability. The event began with Tamizh Thai Vazhthu, followed by a welcome address by Ms. Thamizh, B.Sc (Nursing) IV Year. Dr. Fabiola M. Dhanaraj, Principal, delivered the keynote address emphasizing the importance of student-led green initiatives in building a sustainable future. The Chief Guest, Mr. Ravi Sundar, District Environmental Chairman, Rotary Club of Kilpauk, delivered an inspiring message on environmental responsibility and the power of collective action. He, along with the Rotary Club President, led the plantation drive, during which nearly 50 Mahogany saplings were planted across the campus with active participation from the Principal, Vice Principal, faculty, and students. The event concluded with a vote of thanks by Mr. Karthik Surendran, President, Rotary Club of Kilpauk, who commended the collaborative efforts of all participants. This initiative not only enriched the campus greenery but also fostered a strong sense of environmental awareness and responsibility among the MAHER community



Sampling plantation



Chief guest with the organizing team

The Training, Placement, and Career Guidance (TPCG) Committee of Meenakshi College of Nursing (MCON) organized an enlightening Career Guidance Program titled "Orientation to Nursing Job Opportunities in Government Sector" on 11th July 2025, from 2:00 PM to 3:00 PM, exclusively for B.Sc Nursing III and IV year students. The event commenced with a welcome address by Mr. Deepak N, followed by a keynote address from Dr. Fabiola M. Dhanaraj, Principal, MCON, who encouraged students to explore the diverse career prospects within the public health sector. The resource person, Mr. Dhanasekar V. M., Deputy Nursing Superintendent & Nursing Tutor, College of Nursing, AIIMS Mangalagiri, delivered a comprehensive session on various government roles for nurses, detailing application processes, eligibility criteria, preparation strategies, and available resources. His presentation provided valuable guidance for students aspiring to build stable and rewarding careers in government service. The session also featured an inspiring address by Mr. Karthick S, Senior Nursing Officer at NIMHANS, Bengaluru, and MCON alumnus, who shared his personal journey and motivated students to pursue their goals with perseverance. The program concluded with a vote of thanks by Mr. Raghul S, followed by the National Anthem. The event was well-received, leaving students motivated and better informed about career pathways in the government nursing sector.



Inauguration speech



Mr. Karthick inspiring the audience

The Medical Education Unit (MEU) of Meenakshi Medical College Hospital and Research Institute (MMCHRI) conducted a three-day Basic Course in Medical Education (BCME) workshop from 8th to 10th July 2025, aimed at strengthening faculty competencies in accordance with National Medical Commission (NMC) guidelines for faculty development. Held at the MEU, the workshop was facilitated by experienced in-house faculty under the supervision of an NMC-appointed observer to ensure compliance with prescribed standards. Thirty faculty members from various departments participated enthusiastically in the program, which featured engaging sessions from 8:30 AM to 5:00 PM each day. The training covered key areas such as curriculum planning, adult learning principles, innovative teaching-learning methods, assessment strategies, and effective feedback techniques. Through interactive discussions, group activities, and reflective exercises, participants gained practical insights into improving teaching effectiveness. The workshop proved to be a valuable platform for medical educators to enhance their pedagogical skills and align with evolving best practices in medical education



Inauguration speech



Faculty attending the session

The Annual Sports Meet and Cultural Event — Fencing Fiesta 2.0 — organized by Meenakshi College of Nursing, Meenakshi Academy of Higher Education and Research (MAHER), was held from 25th June to 1st July 2025 and culminated in a grand Valedictory Ceremony on 2nd July 2025. Hosted by the Sports and Games Cell Committee and the Cultural Committee, the week-long celebration seamlessly blended athletic spirit and artistic flair, fostering physical fitness, creativity, and camaraderie among students and faculty. The valedictory ceremony was graced by distinguished Chief Guests Dr. Iyyappan Iyyasamy, President & General Secretary of the Rocket Ball Federation of India and CEO, Chennai Sriram Builders, and Mr. Jeen, Managing Director, Chromalin Capital Chemicals Pvt. Ltd. and Vice President, Tamil Nadu Sportsman Association. Their inspiring words commended the enthusiasm, talent, and sportsmanship of the participants. The event featured a lively prize distribution ceremony, cultural performances including classical dance, music, theatre, Adzap, Ramp Walk, and movie dubbing, all met with resounding applause. A Fine Arts Exhibition added vibrancy to the occasion, with creative displays such as face painting, mehendi, art from waste, cooking without fire, and rangoli, reflecting students' innovation and social awareness. Principal Dr. Fabiola M. Dhanaraj extended heartfelt appreciation to all contributors for their dedication in making the event a success. The ceremony concluded with the lowering of the sports flag, marking the end of an energetic and inspiring celebration that underscored the spirit of unity, creativity, and excellence at MAHER



Winners receiving their certificates



Face painting



Cooking without fire

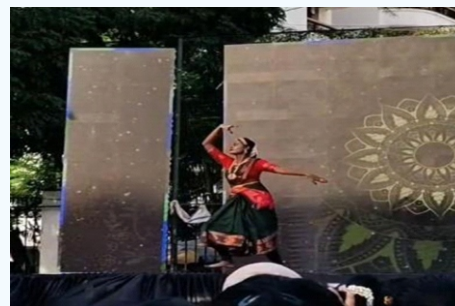


Rangoli

The Meenakshi College of Physiotherapy, MAHER, celebrated its 27th Annual Day — Physio FIESTA 2025 — on 5th July 2025 with immense enthusiasm and joy. The event recognized the exceptional dedication and teamwork of students and faculty members, whose efforts led to the Faculty securing the overall championship at the intercollegiate event RAISE 2025. The celebration featured a variety of lively on-stage and off-stage competitions that showcased the talents and camaraderie of participants. The evening came alive with vibrant cultural performances, including energetic dance acts and entertaining programs, creating an atmosphere of unity and festivity. Physio FIESTA 2025 stood as a heartfelt celebration of academic excellence, artistic expression, and collective achievement, leaving behind cherished memories for all attendees



Winners receiving their prize



Student performing on stage

The Meenakshi College of Occupational Therapy, MAHER, in collaboration with the University of Lincoln, England, conducted an engaging Student Interaction Session on 4th July 2025, from 2:30 PM to 4:30 PM, fostering international academic exchange and cross-cultural learning in the field of Occupational Therapy (OT). A total of 28 students actively participated, while others observed and provided feedback. Divided into six interdisciplinary groups comprising members from both institutions, students explored key professional themes through interactive activities. The first discussion centered on the most rewarding aspects and challenges of being an OT professional, highlighting the profound impact of promoting independence and quality of life, alongside the need for greater global recognition of the profession. The second activity encouraged brainstorming on future collaborative opportunities, where students shared innovative ideas on learning from global OT practices and understanding cultural diversity in healthcare delivery. Group insights were compiled and shared via a collaborative Padlet platform, ensuring ongoing engagement. The session proved to be an inspiring success, strengthening international connections and reaffirming a collective commitment to advancing Occupational Therapy through global dialogue and shared learning.



Students actively participating in the Student Interaction Session

On 20th August 2025, Meenakshi College of Arts and Science (MCAS) organized a Guest Lecture on “Digital Wellbeing of Students” for first-year students at the MAHER Auditorium. Delivered by Dr. Nidhya, Assistant Professor, Department of Visual Communication, Loyola College, the session emphasized the importance of maintaining a balanced and mindful relationship with digital technology. Dr. Nidhya discussed the impact of excessive screen time on mental, emotional, and social health while sharing practical strategies to achieve digital balance in everyday life. The highly interactive lecture, held from 10:30 AM to 12:00 PM, engaged around 200 students and faculty members, offering valuable takeaways for managing digital consumption responsibly. The event was efficiently coordinated by Prof. Dr. Prabhavathi Devi, Principal (Shift II), MCAS, and served as an eye-opening initiative to promote digital wellness and encourage students to adopt healthier technology habits for academic and personal growth.



Felicitating of the chief guest



Dr. Nidhya enlightening the audience

“Ageing with Dignity”

As part of the UGC's nationwide initiative promoting empathy, respect, and social responsibility toward the elderly, the constituent colleges of Meenakshi Academy of Higher Education and Research (MAHER) organized impactful “Ageing with Dignity” programs in September 2025.

Meenakshi College of Arts and Science conducted its awareness program on 20th September 2025, witnessing enthusiastic participation from Shift II students across all departments. The event began with faculty and students taking the official UGC e-pledge via QR code, reaffirming their commitment to uphold the dignity of senior citizens. Principal (Shift II) Dr. N. Prabhavathi Devi addressed the gathering, emphasizing compassion and shared responsibility in supporting the elderly. A special lecture by Dr. Mythili, Professor of Psychology, offered practical insights on companionship, counseling, and valuing the wisdom of older generations. Coordinated by Dr. R. Shanthi and Mrs. S. Malarvizhi, the session successfully inspired participants to contribute toward building a more inclusive and respectful society.



Organizing team



Students and faculty taking the official UGC e-pledge via QR code

Meenakshi College of Allied Health Sciences (MCAHS) held its "Ageing with Dignity" awareness programme on 17th September 2025 for second- and final-year students. Led by the Principal and Vice Principal, the session began with oral and e-pledges, symbolizing the collective commitment to respect and care for the elderly. A special lecture on "Ageing with Dignity: Building Respect Across Generations" underscored the vital role of healthcare professionals in ensuring the wellbeing and rights of senior citizens. The event fostered empathy and intergenerational harmony, motivating students to advocate for a compassionate society that values its elderly.



Students taking the pledge



Students attending the lecture

Meenakshi College of Nursing organized its "Ageing with Dignity" program on 16th September 2025 at the MCON Conference Hall. The event began with an invocation by the college choir and a welcome address by Ms. Sandhra T., coordinated by Professor E. Bhuvanewari. Principal Dr. Fabiola M. Dhanaraj delivered a keynote address outlining ten key aspects of ageing with dignity, followed by Vice-Principal Dr. B. Jayabharathi's insights on the rights and welfare of senior citizens. A collective pledge reaffirmed the institution's dedication to compassion and care, and the session concluded with the National Anthem, inspiring all participants to uphold respect for the elderly in their personal and professional lives.



Staff and students taking the pledge



Audience attending the lecture

Arulmigu Meenakshi College of Nursing (AMCON) observed the "Ageing with Dignity" initiative on 16th September 2025 at the Multipurpose Hall, beginning with Tamizh Thai Vazhthu and a welcome address by Ms. Sujatha, II Year B.Sc. (N). Principal Dr. S. Victor Devasirvadham and Associate Professor Mrs. S. Uma delivered inspiring addresses on elderly rights and responsible caregiving. Following a collective pledge, Ms. Dorthy Braina proposed the vote of thanks, and the session concluded with the National Anthem. An outreach program at Pallavarmedu, led by Mrs. Asha Rani, focused on ageism, elderly care, and awareness of support helplines. The initiative reached around 200 students, reinforcing the importance of empathy and respect for senior citizens.



Staff and students taking the pledge

Meenakshi College of Arts and Science, in collaboration with ISO-MAHER, conducted an awareness program on "E-Waste Management" on 16th and 18th September 2025 at the MAHER Auditorium for Shift I and Shift II students, respectively. The session was led by Mr. Marcus, a senior volunteer at an NGO and freelancer from Pondicherry, who shed light on the growing issue of electronic waste caused by rapid technological advancement and excessive consumerism. He elaborated on the toxic components of e-waste and their detrimental effects on human health and the environment, urging students to practice responsible disposal and recycling methods. The session, attended by around 500 students, proved to be highly informative and impactful, fostering environmental awareness and a sense of responsibility among participants. The program was effectively coordinated by Mrs. S. Malarvizhi and Mrs. R. Arivukodi, ISO Coordinators, MCAS, and stood as a meaningful step toward promoting sustainable environmental practices within the campus community.



Felicitation of the chief guest



Mr. Marcus enlightening the audience

The Placement Cell and International Relations Division of MAHER organized an engaging session on “Higher Education and Scholarship Opportunities for Indian Students in France” on 17th September 2025 at the MAHER Auditorium. The event featured Mr. Ajitkumar R., Campus France Manager (Tamil Nadu & Pondicherry Zone), French Embassy in India, as the Guest Speaker. In his informative address, he outlined various academic programs, scholarship schemes, and application procedures available to Indian students aspiring to study in France. The interactive session drew an enthusiastic audience of over 139 students, who actively participated and gained valuable guidance on pursuing global academic and professional opportunities. The event marked a significant initiative by MAHER in fostering international exposure and promoting cross-cultural academic collaboration.



Mr. Ajitkumar delivering his keynote



Felicitation of the chief guest

Arulmigu Meenakshi College of Nursing conducted a First Aid and CPR Mock Drill on 16th September 2025 to equip students with essential life-saving skills and emergency response techniques. The session, led by Mr. Dinesh Kumar, ISO Coordinator, focused on practical first aid measures for various emergencies, while Mr. Prasanna Kumar E., IRCF and BCLS Instructor, demonstrated CPR procedures through an interactive mock drill. Students actively participated in hands-on practice sessions and return demonstrations, gaining confidence and competence in managing critical situations. Feedback from participants was collected to further enhance future training programs. A total of 50 students benefited from this highly informative and practical session, which reinforced the importance of preparedness and prompt action in medical emergencies.



Mr. Prasanna Kumar demonstrating CPR procedure



Students having hands on practice

Swachhata Pakhwada 2025

As part of the nationwide Swachhata Pakhwada 2025 observance, the constituent colleges of Meenakshi Academy of Higher Education and Research (MAHER) organized a series of impactful activities on 15th September 2025 to promote cleanliness, hygiene, and environmental consciousness among students.

Meenakshi College of Arts and Science marked the occasion with a vibrant set of activities fostering awareness and participation in the Swachh Bharat mission. The celebration began with a Swachhata Thematic Painting Competition on the theme “Clean India – Green India”, where students creatively expressed their commitment to sustainability through art. A Mass Swachhata e-Pledge followed, with faculty and students reaffirming their dedication to maintaining cleanliness within the campus and beyond. The highlight of the day was a Swachhata Rally, during which students carried banners and chanted slogans promoting hygiene and environmental protection. The observance, marking the 10th year of Swachhata Pakhwada, successfully inspired collective action under the coordination of Dr. R. Shanthi and Mrs. S. Malarvizhi, UGC Activities Coordinators.



Staff and students parading in Swachhata Rally



Students during the competition

Meenakshi College of Allied Health Sciences (MCAHS) organized its Swachhata Pakhwada program on the theme “Keeping Our Surroundings Clean”, emphasizing community participation in sustaining hygiene and waste management practices. Around 80 students took part enthusiastically, engaging in activities that highlighted the importance of maintaining cleanliness in schools, workplaces, and public spaces. The program encouraged behavioral change toward sustainable practices and fostered a sense of civic responsibility among participants.



Staff and students taking the pledge



Poster presentation

Meenakshi College of Occupational Therapy observed Swachhata Pakhwada with a series of initiatives designed to strengthen environmental responsibility and hygiene awareness. The celebration began with a plantation drive, symbolizing students' commitment to a greener future, followed by a Mass Swachhata Pledge reinforcing their dedication to cleanliness. An awareness session led by Ms. Leala Joyce Rani, Assistant Professor, underscored the crucial role of youth in sustaining the Swachh Bharat mission through responsible hygiene practices. The event concluded with students reaffirming their pledge to maintain cleanliness, embodying the true spirit of Swachhata Pakhwada and environmental stewardship.



Students watering the plants



Staff and students taking the pledge

The Students' Council 2025, in association with the Sports Committee of Meenakshi Medical College Hospital and Research Institute (MMCHRI), inaugurated Dharmakshetra 2025, the institution's much-anticipated annual sports extravaganza. The event was graced by Mr. Sumeeth Sanghavi, Coach of the National Olympic Archery Team, who motivated the participants with his inspiring words, and by Dr. K. V. Rajashekhar, Dean, MMCHRI, whose continued guidance and encouragement have been instrumental in nurturing student excellence. The inauguration set the stage for a vibrant series of sporting events, celebrating teamwork, discipline, and the enduring spirit of healthy competition.



Dignitaries on the dais



March past by students

The Ministry of Culture, Government of India, organized an International Conference on “Reclaiming India's Knowledge Legacy through Manuscript Heritage” as part of the Gyan Bharatham initiative from 11th to 13th September 2025 at Vigyan Bhawan, New Delhi. The faculty and students of Arulmigu Meenakshi College of Nursing, Kancheepuram, actively participated in the event. A live address by the Hon'ble Prime Minister was streamed on 12th September 2025 at the college's Lecture Hall, where he emphasized that the Gyan Bharatham Mission aims to serve as the voice of India's culture, literature, and collective consciousness. He highlighted India's vast manuscript collection—one of the largest in the world—and underscored the importance of preserving these invaluable works through collaboration among libraries, institutions, and private custodians. The session offered students and faculty valuable insights into India's rich intellectual heritage and its enduring significance in shaping global knowledge traditions.



Gyan Bharatham being telecasted live for students

As part of the UGC initiative, Meenakshi College of Nursing hosted a live webcast of the Special Session with the Hon'ble Prime Minister of India during the International Conference on Gyan Bharatam, themed "Reclaiming India's Knowledge Legacy through Manuscript Heritage," on 12th September 2025 in the Conference Hall. The Prime Minister's address emphasized the significance of rediscovering and revitalizing India's traditional knowledge systems, urging collective efforts to preserve, digitize, and promote ancient manuscripts that encompass insights across science, medicine, philosophy, arts, and governance. The webcast offered students an inspiring experience, highlighting the national commitment to safeguarding India's cultural and intellectual heritage and demonstrating the enduring relevance of ancient wisdom in addressing modern challenges and shaping a knowledge-driven future.



Gyan Bharatam being telecasted live for students

Officials of Meenakshi Academy of Higher Education & Research (MAHER) recently had the privilege of engaging with Mr. Dennis M.S. Tsai, Director of the Taipei Economic and Cultural Center (TECC), Chennai, to explore potential academic collaborations with leading universities in Taiwan. The discussion focused on initiatives such as student and faculty exchange, joint research projects, academic mobility programs, and cross-cultural knowledge sharing, aiming to provide MAHER students with global learning opportunities while encouraging Taiwanese universities to engage with India's higher education landscape. MAHER officials highlighted the institution's commitment to internationalization and innovative learning, while Mr. Tsai expressed keen interest in strengthening ties and fostering mutual growth in healthcare, technology, and interdisciplinary research. This interaction marks the beginning of a promising partnership, opening avenues for students and faculty to gain global exposure and academic enrichment.



Officials of MAHER with Mr. Dennis M.S. Tsai

The TPCG Committee of Meenakshi College of Nursing (MCON) organized a career guidance programme on "Global Career Opportunity" for B.Sc. Nursing III and IV year students on 9th September 2025 from 10:00 a.m. to 12:00 p.m. The session commenced with a welcome address by Ms. Pushpanjali, IV Year, followed by a keynote address from Dr. Fabiola M. Dhanaraj, Principal, MCON, who highlighted the diverse international opportunities available for nurses and the importance of proper guidance in pursuing them. Resource persons from Leo Global Overseas, introduced by Ms. Sabeetha, IV Year, shared valuable insights: Mr. Suresh Kumar, Operations Head, discussed nursing job prospects in the UK, pathways for higher education, and free IELTS training; Dr. K. Lakshminarayanan, Strategy Head, elaborated on preparation strategies, application processes, and eligibility criteria; and Mr. Suriya, Technical Head, encouraged students to begin early preparation for global placements. The programme concluded with a vote of thanks by Mr. Vishak Raj J.R., IV Year, and the National Anthem, providing an informative and motivating platform for students to confidently explore international nursing career pathways.



Inauguration speech

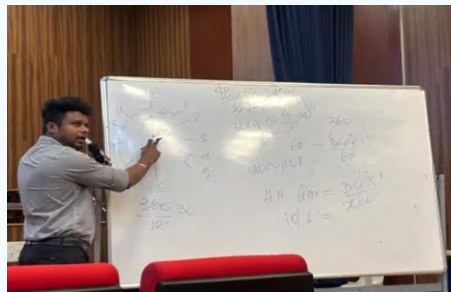


Dr. K. Lakshminarayanan delivering his keynote

The Placement Cell of Meenakshi Academy of Higher Education and Research (MAHER), in collaboration with Meenakshi College of Arts and Science, successfully conducted a five-day Skill Training Program on Placement Training from 1st to 4th and 9th September 2025 at the MAHER Auditorium. The program aimed to equip students with essential knowledge, skills, and confidence to excel in campus recruitment and future career pursuits. Sessions covered a wide range of topics, including Government Exam Orientation by Mr. Mahanaeven, Aptitude and Vedic Mathematics by Mr. Thilak, Reasoning Basics by Mr. Naresh Kumar, Personality Development Training by Mrs. Priya, and Grooming and Etiquette also conducted by Mr. Naresh Kumar. By combining technical and aptitude skill enhancement with personality development and professional etiquette, the bootcamp provided holistic preparation for students, reflecting MAHER's commitment to nurturing confident, industry-ready graduates and empowering them for professional success.



Felicitation of the chief guest



Resource person enlightening the audience

The Department of Mathematics, Meenakshi College of Arts and Science (MCAS), MAHER, successfully conducted the preliminary round of the "Precise Energy Olympiad – 2025" on 25th August 2025 at the MCAS campus, in association with the Russian Centre of Science and Culture, Chennai, Rosatom State Corporation, and the Tamil Nadu Science and Technology Centre. Around 200 students from Computer Science, Mathematics, Psychology, and Commerce participated enthusiastically, with the top two scorers in each subject—Chemistry, Physics, and Mathematics—qualifying for the final stage held from 2nd to 4th September 2025 at the Russian Centre of Science and Culture, Chennai. The award ceremony on 4th September at Russian House was graced by Mr. Alexander Dodonov, Director, Russian House; Dr. Alexander Nakhabov, Scientist, National Research Nuclear University (MEPhI); and Ms. Nina Dementsova, Head of Communications, Atomstroyexport JSC, with MAHER represented by Dr. N. Prabhavathi Devi, Principal (Shift II), and Dr. R. Shanthi, Head, Department of Mathematics. Out of over 12,600 participants across Tamil Nadu, 620 qualified for the final stage, and the top three students in Mathematics, Chemistry, and Physics were awarded prizes. The Olympiad provided an exceptional platform for students to demonstrate academic talent, strengthen problem-solving skills, and experience an international-level competition.



Students taking part in the Olympiad



Participants with their certificates

The Anti-Ragging Committee of Arulmigu Meenakshi College of Nursing (AMCON) organized a "Sensitization Program on UGC's Anti-Ragging Guidelines and Regulations" on 4th September 2025 at the Multipurpose Hall. The session aimed to raise awareness among students about UGC's anti-ragging framework and promote a safe, inclusive, and respectful learning environment. The program began with a welcome address by Mr. Vigneshwaran, B.Sc. (N) VI Semester, followed by an informative talk by Mr. Dinesh Kumar R., Nodal Officer, highlighting key provisions of the guidelines and students' responsibilities in preventing ragging. The interactive session allowed students to clarify their doubts, after which all participants took a solemn pledge to say "No to Ragging," reaffirming their commitment to a ragging-free campus. The event concluded with a vote of thanks by Ms. Jenifer, B.Sc. (N) IV Year. A total of 195 students actively participated, gaining valuable insights into the importance of anti-ragging measures and their role in fostering a positive and respectful campus culture.



Mr. Dinesh Kumar delivering his lecture



Student interaction

Students of Meenakshi College of Allied Health Sciences (MCAHS) actively participated in the three-day conference and workshop, SEDAT TECH 2025: A Holistic Approach to Professional Wellbeing with Hands-on Training, organized by SRM Medical College at Kattankulathur, Chennai. The event provided an enriching platform for knowledge exchange, skill enhancement, and engaging discussions. B.Sc. Operation Theatre & Anaesthesia Technology students from MCAHS contributed significantly to the sessions and workshops, reflecting MAHER's commitment to excellence in medical education, research, and innovation. Their participation fostered collaborative learning, broadened perspectives, and strengthened professional ties with other institutions. Engaging in such national-level academic platforms highlights the importance of innovation, holistic development, and professional well-being in shaping competent future healthcare professionals.



Students during hands on training

Meenakshi College of Nursing (MCON) successfully conducted the Orientation Programme for newly admitted B.Sc. (N) I Year students from 18th to 23rd August 2025, aimed at familiarizing students with the college environment, academic departments, professional expectations, and hostel life, while instilling discipline, responsibility, and self-awareness. The week-long programme commenced with an introduction to the college, laboratories, library, parent hospital, and hostel, followed by department orientations and interactive ice-breaking sessions. Students participated in sessions on the Anti-Ragging Policy, Mentor-Mentee System, Code of Conduct, Professional Etiquettes in Nursing, and health and safety awareness, complemented by creative activities such as essay writing and painting competitions. Career guidance, introductions to professional associations, emotional intelligence workshops, and alumni interactions enriched the learning experience, while the Freshers' Welcome Programme and cultural activities fostered peer bonding. The orientation concluded with a visit to Valluvar Kottam, a quiz, documentary screening, and a Valedictory Function, providing comprehensive academic, professional, and cultural exposure. With active participation and positive feedback, the programme marked a meaningful and inspiring start to the students' nursing journey at MCON.



Students partaking in cultural activities



Introductory speech

Meenakshi College of Pharmacy conducted the Student Induction Program (SIP) for the newly admitted B. Pharm students of the 2025–2026 batch from 20th to 26th August 2025, aimed at orienting students to academic life, professional expectations, and personal development. The program commenced with an inspiring address by Thiru S. Dharmalingam, Inspector of Police, Sriperumbudur, followed by sessions from eminent resource persons covering the B. Pharm curriculum, departmental introductions, student committees, pharma entrepreneurship, industry etiquettes, career opportunities, and healthcare IT. Practical workshops enhanced laboratory skills, safety awareness, group dynamics, and entrepreneurial thinking, while sessions on anti-ragging, placement opportunities and personal growth supported student welfare. The inauguration of the Literary Club and interactive discussions further enriched the experience. The week-long SIP concluded with enthusiastic student feedback, successfully laying a strong foundation for academic excellence, industry engagement, and holistic development.



Inauguration speech



Thiru S. Dharmalingam addressing the audience

The Department of English, Meenakshi College of Arts and Science, in collaboration with the Centre for Online Education and the Students' Council, hosted a lively two-day literary festival, Madras Memoirs: Tales from the City, on 22–23 August 2025. The first day featured storytelling and elocution competitions in both English and Tamil, engaging school and college students in celebrating Chennai's cultural heritage and creativity. On the second day, participants attended thought-provoking talks, paper presentations, and a panel discussion exploring the representation of Madras in literature, cinema, and history, fostering an environment of dialogue and discovery among scholars and students. The festival was graced by esteemed dignitaries, including Chief Guest Prof. Dr. Shantichitra Kalidas, Guest of Honour Mrs. K. Padmaja, and special invitees Prof. Dr. N. Arunagirinathan, Dr. Shanthi V, and Dr. N. Prabhavathy Devi, who also distributed prizes to the winners. Convenor Dr. Pushpa Nagini Sripada shared an inspiring Madras Day message, while coordinator Dr. Seema Sathish extended a heartfelt vote of thanks. The event successfully highlighted the power of literature and culture in connecting communities and inspiring fresh perspectives



Felicitation of the chief guest



Students with their certificates

Meenakshi College of Allied Health Sciences (MCAHS) organized Deeksharambh 2025–2026, a six-day Student Induction Programme for newly admitted undergraduate and postgraduate students, marking the beginning of their academic journey with warmth and motivation. The inaugural session was graced by Prof. Dr. K.V. Rajasekar, Dean (MMCHRI), Prof. Dr. V. Ramnath, Principal (MCAHS), and the Vice Principal, with addresses highlighting the institution's vision, mission, and goals, while induction materials were distributed to students. Alumni Mr. Lamuel Mathew (2019–2023) and Ms. Preethi (2015–2018) from the Cardiovascular Technology program shared their experiences, inspiring freshers and receiving tokens of remembrance. Parents expressed their appreciation for the meaningful event, adding a personal touch to the occasion. The programme also featured an invited lecture by Dr. I. Radhika, Assistant Professor of Biochemistry, Tagore Medical College and Hospital, on emerging careers in Allied Health Sciences, emphasizing their crucial role in healthcare. Deeksharambh 2025–2026 successfully fostered confidence, a sense of belonging, and motivation among the new students, preparing them to embrace the opportunities and challenges of their academic journey at MCAHS



Distribution of books



Freshers and parents attending the event

Meenakshi College of Physiotherapy (MCPT) warmly welcomed its 2025–2026 batch of undergraduates and postgraduates with the Induction Ceremony – Deeksharambh on 21st August 2025 at the MAHER Auditorium. The event began with the Tamil Thai Vazhthu and the traditional lighting of the lamp, followed by a welcome address by Prof. Dr. N. Koushik Kumar, Vice Principal, and a showcase of the MAHER Higher Education Academy's vision and mission. The ceremony featured motivational speeches by the Chief Guest, alumni, and senior students, as well as inspiring addresses from Heads of Departments across Orthopedics, Neurosciences, Cardiopulmonary Sciences, Pediatrics, Obstetrics & Gynaecology, and Sports Sciences. A Tamil presentation highlighted MCPT's growth from 1998 to 2025, and books were symbolically distributed to students by Prof. Dr. R. Parthasarathy, Principal, MCPT. The program also included a short film depicting college life and an interactive Q&A session for freshers. Concluding with a vote of thanks and the National Anthem, the Induction Ceremony fostered a sense of belonging, motivation, and commitment, leaving students inspired to embark on their academic journey with confidence and pride



Distribution of books



Lightening of the lamp

The Alumni Coordination Cell of Meenakshi College of Nursing (MCON), MAHER, organized an Alumni Interaction on 22nd August 2025 themed "Breaking the Myths of Nursing Profession." Held from 10:00 am to 11:30 am, the event saw participation from 67 students, 4 faculty members, the Principal, and the Vice Principal. The session aimed to foster an accurate understanding of nursing as a highly skilled, science-driven, and leadership-oriented profession, dispelling common misconceptions about the field. The program began with an invocation song by students, followed by a welcome address by Ms. Gloria Bakkiavathi, B.Sc (N) III Year, and a keynote by Dr. Fabiola M. Dhanaraj, Principal, MCON. Mrs. Aarthi P, Nursing Tutor and Alumni Coordinator, introduced the speaker, Mrs. Priyadharshini, Assistant Professor, who delivered an insightful talk on the realities of nursing, addressing myths, gender diversity, challenges, and the promising future of the profession. The session concluded with a vote of thanks by Ms. Amritha S. R., B.Sc (N) III Year, and the National Anthem, leaving participants enlightened and inspired about the evolving role of nurses in healthcare



Mrs. Priyadharshini engaging the audience



Inauguration speech

Meenakshi College of Nursing successfully conducted a Mass Deworming Programme for its students, distributing Albendazole tablets as part of a health initiative to combat intestinal worm infections among children and adolescents. The programme began with a keynote address by Dr. Fabiola M. Dhanaraj, Principal, who also led the tablet distribution, emphasizing the importance of deworming as a preventive measure to improve health, concentration, and overall well-being. The initiative underscored the college's commitment to public health awareness and preventive healthcare, reinforcing the message that collective action can significantly reduce the burden of intestinal worms and promote a healthier future for the younger generation



Enlightening the students



Distribution of Albendazole tablets

Meenakshi Medical College Hospital and Research Institute (MMCHRI) organized a Gender Sensitisation Programme on 21st August 2025 at the New 250 Lecture Hall, centered on the theme "Has Feminism Attained its Goal of Gender Equality – A Debate." The event began with registration and a warm welcome by Dr. Kala, Professor (OBG), followed by the Inaugural Address by Dr. K.V. Rajasekhar, Dean, MMCHRI, who emphasized the importance of gender awareness in academic and professional settings. Dr. C. Indhu, Presiding Officer, ICC, delivered a session on the "ICC and its Commitment to Gender Equality," reaffirming the institution's dedication to a safe and inclusive campus. The highlight of the programme was a lively debate exploring whether feminism has achieved its goal, offering diverse perspectives and prompting thoughtful reflection on progress and challenges in gender justice. The event concluded with a felicitation ceremony and a Vote of Thanks, underscoring the role of dialogue, awareness, and collective responsibility in fostering a more equitable society



Inauguration speech



Non-teaching staff attending the session

Meenakshi College of Pharmacy, Thandalam, organized an informative Awareness Session on Nutrition for Adolescent Girls on 30th September 2025 at the Seminar Hall, MCOP. The session aimed to educate young girls on the importance of healthy dietary habits during their crucial growth phase. The program began with a welcome address by the coordinators, followed by a keynote speech by Dr. K. Sundari from the Department of Pharmacology, who highlighted the role of balanced nutrition, essential micronutrients, and the risks of poor dietary habits, such as anemia and lifestyle-related diseases. Practical guidance was provided on incorporating fruits, vegetables, proteins, and iron-rich foods into daily meals, along with tips on staying hydrated, avoiding processed foods, and maintaining regular physical activity. Over 40 students actively participated, engaging in discussions and sharing experiences, making the session interactive and impactful. The program concluded with a vote of thanks, reinforcing the college's commitment to promoting health and wellness among its students



Dr. K. Sundari delivering her speech



Audience attending the lecture

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Dignitaries on the dais



Students attending the lecture

The Department of Research at Meenakshi Academy of Higher Education and Research (MAHER) organized an invited talk on "Extramural Grant (EMG) Writing" on 29th September 2025 at the University campus, attended by faculty members and research scholars from various disciplines. The session featured eminent speakers Dr. D. Velmurugan, Member-Secretary, Tamil Nadu State Council for Higher Education, and Dr. B. Ramalingam, Scientist 'F' and Senior Deputy Director, Department of Immunology, ICMR-NIRT, Chennai, invited by Prof. Dr. N. Arunagirinathan, Dean of Research, and Dr. Pachamuthu Balakrishnan, Chief Scientist, respectively. The speakers provided valuable insights into proposal structuring, budgeting, compliance, and strategies to meet reviewer expectations, highlighting funding opportunities from national agencies such as DBT, DST, and ICMR. Prof. Dr. C. Sridhar, Vice-Chancellor, presented certificates of appreciation to the resource persons, recognizing their expertise and contributions. The program successfully reinforced MAHER's dedication to fostering research excellence and enhancing grant-writing skills among faculty and scholars



Presentation of the resource person



Felicitations of the chief guest

The Anti-Ragging Committee of Arulmigu Meenakshi College of Nursing (AMCON) conducted an Anti-Ragging Orientation Program on 27th September 2025, reaffirming the college's commitment to a safe, inclusive, and harmonious learning environment. The event began with the soulful rendition of Tamil Thai Vazhthu, followed by an inaugural address by Dr. S. Victor Devasirvadam, Principal, AMCON, who emphasized respect, dignity, and mutual care, while highlighting the shared responsibility of students and faculty in maintaining a ragging-free campus. Mr. Dinesh Kumar R., Nodal Officer, Anti-Ragging Committee, conducted an insightful orientation for the newly admitted B.Sc. (N) 2025–2026 batch, explaining the objectives, policies, and functions of the committee, and stressing the importance of vigilance and ethical conduct. The interactive session allowed students to clarify their doubts, while all first-year students submitted their Anti-Ragging Affidavits, affirming their commitment to a respectful academic environment. With 99 students actively participating, the program concluded with a heartfelt Vote of Thanks, leaving a lasting message of accountability, unity, and positive campus culture



Mr. Dinesh Kumar interacting with the students



Enlightening the students

On 25th September 2025, the Tamil Nadu State Government organized a special live programme titled “Kalviyil Sirantha Tamil Nadu (Tamil Nadu Excelling in Education)” at the Nehru Indoor Stadium, Chennai, to highlight its flagship educational initiatives. The event, telecast live at the Conference Hall of Meenakshi College of Nursing (MCON), was coordinated under the supervision of Mr. Loganathan, Tahsildar; Mrs. Dolly, Revenue Inspector and Camp Incharge, Kundrathur Division; and Dr. Fabiola M. Dhanaraj, Principal, MCON. The programme showcased the government's key schemes such as Naan Mudhalvan, Chief Minister's Breakfast Scheme, Pudhumai Penn, Tamil Pudhalvan, Kalaingar Sports Kit Scheme, Mission International Medal Scheme (MIMS), and other initiatives supporting children with special needs—reflecting the state's strong commitment to equitable and inclusive education. A significant highlight was the launch of Tamil Pudhalvan and Pudhumai Penn for 2025, under which 1,000 per month will be provided to 2.57 lakh government school students pursuing higher education. The MCON faculty and students viewed the telecast with enthusiasm, responding with applause to the government's efforts in empowering youth through education. A total of 15 faculty members and 120 students participated, making the event both inspiring and informative for the academic community



“Kalviyil Sirantha Tamil Nadu” being telecasted live for students



COMMEMORATIVE DAYS

World Photography Day

The Meenakshi College of Arts and Science, under the aegis of Meenakshi Academy of Higher Education & Research (MAHER), celebrated World Photography Day on 19th August 2025 by organizing a captivating guest lecture on “Influence of Photography in Modern Days.” The session was led by Mr. R. Satish Babu, a distinguished photojournalist from Agence France-Presse (AFP), who shared valuable insights into how photography shapes modern narratives, media, and culture in today's digital era. Complementing the lecture, a photography contest on the themes “Hands that Build” and “Power of Silence” provided a platform for students to express their creativity and storytelling prowess through compelling visuals. The most impactful entries were recognized and awarded, making the celebration both engaging and inspiring. The event not only honored the art and influence of photography but also motivated students to view it as a powerful medium for expression and social awareness



Mr. R. Satish Babu engaging the audience



Staffs and Students attending the lecture

79th Independence Day

The 79th Independence Day was celebrated with patriotic fervor and grandeur at Meenakshi Medical College Hospital & Research Institute (MMCH&RI), Enathur, Kanchipuram, on 15th August 2025. The celebration commenced with Thamizh Thai Vazhthu, followed by the inspection of the parade and flag hoisting by the Chief Guest, Comdr. Digvijay Singh, Senior Met & Education Officer, INAS 312, INS Rajali, Arakkonam. Prof. Dr. K.V. Rajasekhar, Dean, MMCH&RI, delivered the Welcome Address, after which the Chief Guest addressed the gathering, emphasizing the significance of patriotism, unity, and discipline in nation-building. Awards and recognitions were presented to outstanding students and staff members by Mrs. Gomathi Radhakrishnan, Chief Patron of MAHER (Deemed to be University), and Mrs. Jayanthi Radhakrishnan, Chancellor of MAHER. The event concluded with a Vote of Thanks by Dr. V. Eswari, Vice Principal (Academics), followed by the distribution of sweets, reinforcing the spirit of independence, pride, and collective harmony among the participants



Comdr. Digvijay Singh delivering his speech



Students performing march past

The National Service Scheme (NSS) Unit of Arulmigu Meenakshi College of Nursing (AMCON) observed the 79th Independence Day on 15th August 2025 with great enthusiasm and patriotic zeal. The ceremony commenced with Tamil Thai Vazhthu, followed by a Welcome Address by Ms. Sayadevi (B.Sc. Nursing – IV Year), the hoisting of the National Flag, and a well-coordinated march-past by the students. The Independence Day Pledge was administered, reaffirming the participants' commitment to the nation's ideals of freedom and unity. As part of the "Har Ghar Tiranga" campaign, students and faculty members actively participated in a human chain and rally, showcasing their patriotic spirit. Dr. Victor Devasirvadam, Principal, AMCON, delivered an inspiring address emphasizing the role of youth in nation-building. The programme also featured cultural and intellectual events, including patriotic songs, a group dance, and a debate on the topic "சுதந்திர இந்தியாவில் நமது வாழ்க்கை, சந்தோஷமா? சங்கடமா?". Winners were felicitated, and the celebration concluded with a Vote of Thanks by Ms. Sathya (B.Sc. Nursing – IV Year) and the distribution of sweets, marking a memorable observance of national unity and pride



Staffs and students at the rally



Staffs and students forming a human chain

The National Service Scheme (NSS) Unit of Meenakshi College of Nursing (MCON), Chennai, celebrated the 79th Independence Day on 15th August 2025 with solemnity and patriotic spirit. The celebration commenced at 7:30 a.m. with an invocation rendered by the B.Sc. (Nursing) students, followed by a Welcome Address by Mr. Asinath (B.Sc. N I Year). The National Flag was hoisted by Dr. Fabiola M. Dhanaraj, Principal, MCON, who also delivered the keynote address highlighting the significance of freedom, national integrity, and social responsibility. The gathering took the Independence Day Pledge, followed by a speech by Ms. Poornima (B.Sc. N I Year), reflecting on the nation's journey toward progress and resilience. Students presented a series of patriotic performances that embodied the spirit of unity and devotion to the nation. The event concluded with a Vote of Thanks by Mr. Nancy (B.Sc. N I Year) and the National Anthem, leaving a profound sense of pride and patriotism among all participants



Staffs and students saluting the national flag



Staffs and students taking pledge

Anti-Drug Awareness Week

Meenakshi College of Allied Health Sciences marked Anti-Drug Awareness Week with a pledge-taking ceremony on 14th August 2025, aimed at sensitizing students to the adverse effects of drug abuse and promoting a healthy, drug-free lifestyle. The programme witnessed active participation from faculty members and students, who collectively took the pledge to oppose drug use and to raise awareness within their peer groups and the wider community. A total of 60 participants reaffirmed their commitment to fostering a safe and healthy society. The observance underscored the vital role of youth in advocating for a drug-free environment and highlighted the importance of collective responsibility in building a healthier future



Staffs and students taking pledge

International Youth Day

Arulmigu Meenakshi College of Nursing (AMCON) celebrated International Youth Day on 12th August 2025 from 9:00 AM to 2:00 PM at the Multi-Purpose Hall, MMCH&RI campus, bringing together students and faculty to promote physical fitness, teamwork, and sportsmanship. The event featured a range of sports and fitness challenges, including Lateral Arm Raise, Single Leg Skipping, and Plank competitions, with thirty students and fourteen faculty members participating enthusiastically. A Walkathon was also conducted within the campus to encourage active and healthy lifestyles. In the faculty category, Dr. Prof. Vasantha Priya secured first place in Lateral Arm Raise, while among students, Mr. Sukisivam (4th Year B.Sc. Nursing) won Lateral Arm Raise, Ms. S. Agalya (6th Semester B.Sc. Nursing) claimed first in Single Leg Skipping, and Mr. Vignesh (4th Semester B.Sc. Nursing) emerged victorious in the Plank competition. The programme successfully fostered camaraderie, motivation, and awareness of the importance of incorporating fitness into daily life



Staffs and students at the rally



Staffs participating in fitness challenges

Meenakshi College of Allied Health Sciences, MAHER, commemorated International Youth Day on 12th August 2025 with a programme designed for II and III year students to foster youth leadership and inspire meaningful contributions to nation-building. The event featured a series of engaging activities, including an elocution competition on the theme "Igniting Minds, Inspiring Action", short speeches on "My Vision for a New India", and a creative initiative, the "Youth Wall", centered on "We the Youth, We the Change Makers." These activities provided students a platform to demonstrate their talent, confidence, and originality while sharing their vision for social progress and collective responsibility. A total of 65 students participated actively, enhancing their communication and critical thinking skills, while reinforcing their commitment to positive change. The celebration served as a motivating reminder of the pivotal role of youth in shaping an inclusive and prosperous future.



Student participating in elocution competition



Students with their posters

National Librarian's Day

Meenakshi College of Nursing (MCON) celebrated National Librarian's Day with a solemn and insightful programme honoring Dr. S. R. Ranganathan, the Father of Library Science in India. The event commenced with a melodious invocation by the MCON Choir, followed by a keynote address from Dr. Fabiola M. Dhanaraj, Principal, MCON, who emphasized the vital role of libraries as knowledge hubs and reflected on Dr. Ranganathan's pioneering contributions to modern library systems. Ms. Manju (B.Sc. Nursing I Year) highlighted the importance of reading as a lifelong skill, while Dr. Kavitha M., Professor, elaborated on Dr. Ranganathan's Five Laws of Library Science and the Colon Classification System, which continue to guide library services today. The occasion also included a floral tribute by faculty and students in honor of Dr. Ranganathan, and concluded with the National Anthem, marking a fitting homage to his enduring legacy and inspiring participants to value the transformative role of libraries in education and society.



Dignitaries on the dais



Staffs and students honoring Dr. Ranganathan

Arulmigu Meenakshi College of Nursing (AMCON) observed National Librarian's Day on 12th August 2025 at the AMCON Multipurpose Hall, commencing with a melodious invocation by students that set a solemn and respectful tone. Dr. Prof. S. Victor Devasirvadam, Principal, AMCON, delivered the keynote address, emphasizing the importance of libraries and the enduring legacy of Dr. S. R. Ranganathan, the Father of Library Science in India. The programme included speeches by Mrs. S. Elakiya, Library Assistant, on the significance of books and libraries, and by B.Sc. Nursing students on the use of library resources. Insights into Dr. Ranganathan's contributions were shared by Dr. Prof. M. Raghavendran, Vice Principal, while Mr. Panchanathan, Librarian, elaborated on how reading can transform lives. The Chief Guest, Dr. Prof. Vasantha Priya, along with Mr. J. Shankar, Sub-Inspector of Police, Kanchipuram, addressed the gathering on promoting reading for personal and social growth. The event concluded with a floral tribute to Dr. Ranganathan and the National Anthem, honoring his monumental contributions to India's library system



Mr. J. Shankar addressing the gathering



Staffs and students at the event

Bone and Joint Day 2025

Meenakshi Medical College Hospital & Research Institute (MMCHRI) observed Bone and Joint Day 2025 under the theme "Old is Gold – 360° Care for the Elderly," emphasizing the importance of comprehensive musculoskeletal care for the aging population. The event brought together healthcare professionals, faculty, students, and members of the local community to engage in discussions on holistic approaches to geriatric orthopaedic health. The programme highlighted the significance of early intervention, multidisciplinary care, and community education in promoting bone health and enhancing the quality of life for the elderly, reinforcing MMCHRI's commitment to advancing geriatric healthcare.



Dignitaries on the dais



Elderly people and public attending the program

World Breastfeeding Week

Meenakshi College of Nursing, MAHER, in collaboration with Kundrathur UPHC, organized a Breastfeeding Awareness Program on 7th August 2025 under the theme “Invest in Breastfeeding, Invest in Future.” The event aimed to emphasize the vital role of breastfeeding in promoting maternal and child health and was attended by 20 students, 2 faculty members, and 15 mothers. Mrs. Aarthi inaugurated the session with an informative talk on World Breastfeeding Week, highlighting the developmental and health benefits of breastfeeding. Students actively contributed through educational chart presentations on breastfeeding techniques, breastmilk composition, baby positioning, calorie requirements, and milk expression, complemented by a visual display on nutritious postpartum diets. An engaging Q&A session encouraged participant interaction, with prizes distributed to foster enthusiasm and learning. The program concluded with a heartfelt vote of thanks by Ms. Muthuselvi, appreciating the collaborative efforts of the health centre staff, students, and participants in promoting awareness for a healthier future.



Presentation on breast milk composition



Mrs. Aarthi creating awareness among mothers

Meenakshi College of Arts and Science observed World Breastfeeding Week on 5th August 2025 at Computer Lab II, under the theme “Prioritise Breastfeeding: Create Sustainable Support Systems.” The programme celebrated breastfeeding mothers and emphasized the collective role of families, communities, and health professionals in supporting them. The Department of Nutrition and Dietetics organized a special lecture titled “Role of Nutrition in Supporting Lactation – Dispelling Myths”, delivered by Ms. N. HariPriya, MSc, RD, CDE, Clinical Nutritionist, Cloudnine Group of Hospitals, attended by nearly 55 participants. The session highlighted the importance of maternal nutrition, early initiation of breastfeeding, exclusive breastfeeding for six months, and continued breastfeeding with complementary foods, underscoring its impact on reducing infant mortality, preventing childhood illnesses, and promoting long-term maternal and child health. Dr. P. Sagayaraj, Dean, addressed the gathering on the vital role of breastfeeding in immunity and disease prevention, while Dr. N. Prabhavathy Devi, Principal (Shift II) and Head of the Department of Nutrition and Dietetics, elaborated on the nutritional significance of breast milk. The programme concluded with a vote of thanks by Dr. T. Thilagavathi, Assistant Professor, reinforcing the importance of sustainable breastfeeding support systems.



Staffs and Students attending the lecture



Felicitation of the chief guest

ISP Oral Hygiene Day

The Department of Periodontics, Meenakshi Ammal Dental College and Hospital, in collaboration with the Indian Society of Periodontology, celebrated Oral Hygiene Day 2025 with a series of educational and awareness initiatives targeting students, patients, and the wider community. The programme commenced with an oral hygiene quiz competition for undergraduate students to enhance their understanding of preventive dental care, alongside a public awareness rally where students and faculty engaged the community, highlighting the link between oral hygiene and systemic health. An educational lecture on the impact of smoking on periodontal health, followed by interactive patient awareness sessions, encouraged informed self-care and early intervention. Adding an environmental dimension, a sapling plantation drive was conducted, and a Pledge Wall invited patients to commit to improved oral hygiene practices. To support these efforts, oral hygiene kits were distributed, generously provided by the Indian Society of Periodontology. The event successfully combined outreach, education, and engagement, reinforcing the message that good oral hygiene is essential not only for a healthy smile but also for overall well-being.



Staffs and students participating in the rally



Distribution of oral hygiene kits

World Hepatitis Day

In observance of World Hepatitis Day 2025, the Department of Microbiology, in collaboration with the Infection Prevention and Control Committee (IPCC), organized a Health Awareness Program followed by Hepatitis B Antibody Titre Screening for all healthcare workers. The initiative aimed to raise awareness about the impact of hepatitis and the critical importance of prevention through timely vaccination and regular screening. Expert speakers highlighted the risks faced by healthcare professionals and stressed the need to maintain immunity for both personal and patient safety. The screening helped assess antibody levels among staff, facilitating early intervention and protection against Hepatitis B. This programme underscored the role of preventive healthcare initiatives in safeguarding public health and fostering a proactive culture of wellness among medical professionals



Staffs participating in the screening



Blood screening done

The Meenakshi College of Pharmacy observed World Hepatitis Day 2025 with a community awareness programme themed “Hepatitis – Let’s Break It Down” on 23rd July 2025 at Government High School, Santhavellore Village, Kancheepuram District. The initiative, attended by 45 pharmacy students and over 200 school students, aimed to educate rural communities on the prevention and control of hepatitis while promoting overall health awareness. Activities included a formal visit to the Village President’s office, a tree plantation drive on the school campus, and interactive sessions addressing local health concerns such as kidney stones, cardiovascular issues, and joint pain. The programme featured a welcome address by the Headmaster, an inspiring talk by the Principal of the Meenakshi College of Pharmacy, and an informative lecture on hepatitis by Mr. Pughazhendhi, Associate Professor, covering causes, transmission, symptoms, preventive measures, and treatment. The event concluded with a vote of thanks by the Assistant Headmaster, with the Village President and school authorities commending the initiative’s impact, underscoring the importance of preventive healthcare, community engagement, and sustainable practices in fostering wellness at the grassroots level.



Enlightening the school students



Sampling plantation

World Population Day

The Arulmigu Meenakshi College of Nursing (AMCON) observed World Population Day 2025 on 16th July 2025 at Vellakulam, Vadamavanthal, under the global theme “Empowering Young People to Create the Families They Want in a Fair and Hopeful World.” The event, held from 10:00 AM to 12:00 Noon, began with Tamil Thai Vazhthu and a welcome address by Ms. Swathy (III Year B.Sc Nursing). The chief guest, Dr. Parimala, MBBS, delivered an inspiring talk highlighting the importance of informed choices, reproductive health, and equitable opportunities for youth empowerment. As part of the outreach initiative, AMCON students organized a health education session for the residents, discussing issues related to overpopulation and preventive measures, followed by an engaging awareness skit that received enthusiastic appreciation from the community. Over 80 beneficiaries participated in the program, with 40 residents actively engaging in discussions and feedback. The event concluded with a vote of thanks by Ms. Aishwarya (III Year B.Sc Nursing). The observance successfully combined education, awareness, and community engagement, reinforcing the college’s commitment to promoting public health and social responsibility.



Nursing students creating awareness among public

International Plastic Bag Free Day

The Arulmigu Meenakshi College of Nursing (AMCON) observed International Plastic Bag Free Day on 3rd July 2025 through a dynamic community outreach programme at the Pallavarmedu Community Urban Center, organized by the NSS Unit of AMCON. The initiative aimed to raise awareness about the environmental and health hazards of plastic pollution while promoting sustainable, eco-friendly alternatives. The event commenced with a welcome address by Mrs. Asha Rani, M.Sc. (N), Assistant Professor, followed by an informative awareness session conducted by a four-member team from the Department of Community Medicine, emphasizing the harmful effects of plastic use and the importance of adopting reusable materials. In a spirited display of student involvement, B.Sc. (N) IV Year students participated in a rally through the community, delivering messages under the theme "Beat the Plastic." A thought-provoking skit on plastic-free living, performed by Mr. Jenuson and team, drew great appreciation from the audience. The programme concluded with a vote of thanks by Mrs. Sunitha Devi, M.Sc. (N), Tutor, followed by the National Anthem. The event successfully reached over 150 community members, inspiring collective responsibility toward reducing plastic use and safeguarding the environment for future generations.



Staffs and students participating in the rally



Students delivering pamphlets to the public

National Doctors' Day

The Internal Quality Assurance Cell (IQAC) of Meenakshi Medical College Hospital & Research Institute (MMCHRI), Kanchipuram, organized a heartfelt celebration on 1st July 2025 to mark National Doctors' Day, observed under the theme "Behind the Mask: Caring for Caregivers." The event honored the dedication, compassion, and resilience of doctors while emphasizing the need to safeguard their physical and emotional well-being. The celebration was graced by Dr. M. Manickavasagam, MD, DM, Professor and Head of Medical Oncology, Sri Ramachandra Institute of Higher Education and Research, who delivered an insightful special address highlighting the mental health challenges and work-life pressures faced by medical professionals. Distinguished faculty members Dr. Govardhanan K., Professor of General Surgery, and Dr. Ursula Sampson, Professor of Biochemistry, were felicitated for their exemplary service, followed by a prize distribution ceremony recognizing outstanding mentors for their guidance and commitment to student development. The programme also featured engaging cultural performances by faculty and students, celebrating the unity and compassion that define the medical fraternity. The event served as a poignant tribute to the unwavering spirit of doctors who selflessly serve society while often placing their own needs last.



Dignitaries on the dais



Felicitation of the chief guest

5th National Pharmacovigilance Week

The 5th National Pharmacovigilance Week celebration at Meenakshi Medical College Hospital and Research Institute (MMCHRI), Kanchipuram, commenced with an impactful walkathon on 17th September 2025, organized under the theme "Your Safety, Just a Click Away – Report to PvPI." The event aimed to promote awareness about the significance of adverse drug reaction (ADR) reporting under the Pharmacovigilance Programme of India (PvPI). Healthcare students and professionals from MMCHRI actively participated in the walkathon, displaying banners and placards that highlighted the importance of patient safety and vigilant drug monitoring. In addition, pharmacovigilance posters were exhibited throughout the campus to encourage greater engagement among healthcare workers and the public. The initiative reinforced MMCHRI's commitment to fostering a culture of safety, awareness, and shared responsibility in pharmacovigilance practices nationwide.



Initiation of the walkathon



Students with the banners

The Department of Pharmacology, Meenakshi College of Pharmacy, Chennai, organized an insightful seminar on 23rd September 2025 as part of the 5th National Pharmacovigilance Week, under the theme "Your Safety – Click Away Report to PvPI." Held at the college's Seminar Hall, the event saw active participation from faculty, students, and invited dignitaries. The session commenced with an invocation and lighting of the Kuthuvilakku, followed by a welcome address from Prof. Dr. D. Chamundeeswari, Principal, who highlighted the growing importance of pharmacovigilance in ensuring patient safety. The Chief Guest, Dr. G. Kannan, Professor and Head, Department of Pharmacology, PERI College of Pharmacy, delivered an engaging address on advancements in pharmacovigilance, the pharmacist's role in drug safety, and the procedures for reporting adverse drug reactions (ADRs) to the CDSCO and WHO global safety database. The interactive session encouraged active dialogue among participants, fostering deeper understanding of the subject. The event concluded with a vote of thanks by Dr. K. Sundari, Lecturer, and the National Anthem. The seminar successfully enhanced awareness on pharmacovigilance and inspired students to uphold the principles of responsible and ethical drug monitoring.



Felicitation of the chief guest



Inauguration speech

Constitution Day

Arulmigu Meenakshi College of Nursing (AMCON) observed Constitution Day 2025 on September 10, 2025, at the Multipurpose Hall with the theme "Legislative Awareness." The event commenced with Tamizh Thai Vazhthu and a welcome address by Ms. Ruba Sri, IV Year B.Sc. (N). Dr. S. Victor Devasirvadam, Principal, emphasized the importance of constitutional values, while Mrs. S. Uma, Associate Professor, delivered an informative session on the structure and functions of Parliament and its committees. The IV Year students conducted an interactive parliament activity workshop and panel discussions showcasing the workings of the legislative process. Mr. Dinesh Kumar, Assistant Professor, enriched the event with a detailed talk on the State Legislature. The program concluded with a vote of thanks by Mrs. Elakiya, Library Assistant, followed by the National Anthem. The celebration successfully deepened students' understanding of democratic governance and inspired them to uphold constitutional ideals.



Students actively participating in the parliament activity workshop and panel discussions



Meenakshi College of Allied Health Sciences celebrated Constitution Day on 25th September 2025, emphasizing Legislative Awareness and the importance of civic responsibility. The program featured an enlightening address by Ms. Priyadharsini from Chengalpattu Government Law College, who explained the structure, powers, and functioning of the Indian Parliament, including the Lok Sabha and Rajya Sabha, while offering insights on how young citizens can actively contribute to strengthening democracy. The event witnessed enthusiastic participation from 102 students, enhancing their understanding of constitutional principles and instilling a sense of pride and responsibility in shaping India's democratic future.



Students attending the lecture



Ms. Priyadharsini enlightening the audience

World Suicide Prevention Day

Meenakshi College of Occupational Therapy, MAHER, observed World Suicide Prevention Day 2025 with an impactful Awareness Programme on 10th September 2025 at the MAHER Auditorium. The event commenced with Tamizh Thaa Vazhthu and the lighting of the Kuthuvilakku by Chief Guest Ms. Preenu Ashok, symbolizing the spread of hope and awareness. Prof. Deepa Sundareswaran welcomed the gathering, followed by inspiring addresses from Dr. Lily Christopher, Dean of Student Affairs, and the Chief Guest, who emphasized positivity, gratitude, and resilience. Highlights of the day included a student pledge against suicide, a “chain of positivity” initiative, and a Dial a Help session providing vital helpline information. Students delivered powerful performances through dramas, speeches, and reels promoting mental wellness, alongside competitions that recognized creativity in poster and reel presentations. The programme concluded with a vote of thanks by Ms. Aarthi A., Assistant Professor. The event effectively promoted awareness, empathy, and collective responsibility toward fostering mental well-being and suicide prevention.



Inauguration speech



Staff and students attending the lecture

To commemorate World Suicide Prevention Day, Meenakshi College of Nursing organized an awareness program on 10th September 2025 from 1:30 p.m. to 4:30 p.m., themed “Changing the Narrative on Suicide.” The event sought to raise awareness, dispel stigma, and encourage open dialogue on mental health and suicide prevention. The program began with a welcome address by Mr. Sagar C., a third-year B.Sc. Nursing student, followed by a keynote address by Dr. Fabiola M. Dhanaraj, Principal, MCON, who emphasized the importance of early intervention, emotional resilience, and peer support in suicide prevention. A series of impactful activities—including a rally with awareness placards, a human chain symbolizing solidarity, and counselling sessions for newly admitted students from Jammu & Kashmir—further strengthened the initiative's reach. The event concluded with a vote of thanks by Mr. Abishek, a third-year B.Sc. Nursing student, followed by the National Anthem. The program effectively fostered empathy, promoted mental well-being, and reinforced the importance of nurturing a compassionate, stigma-free campus environment.



Students forming a human chain symbolizing solidarity



Students on the rally

Meenakshi College of Allied Health Sciences (MCAHS) observed World Suicide Prevention Day on 30th September 2025, emphasizing awareness, empathy, and collective responsibility toward mental health. The program began with a solemn invocation, followed by insightful sessions highlighting the importance of emotional support, recognizing signs of distress, and fostering a safe environment for seeking help. Prof. Dr. V. Ramnath, Principal, and Prof. Dr. B. Durga, Vice Principal, addressed the gathering, urging the community to engage in open conversations and promote mental wellness. Faculty and students actively participated, sharing reflections on care and empathy, and concluded with a collective pledge to nurture emotional resilience. The observance reinforced the vital role of awareness, compassion, and community support in preventing suicide and fostering a supportive campus environment.



Prof. Dr. Durga engaging the audience



Organizing team

World Alzheimer's Day

In observance of World Alzheimer's Day 2025, the Department of Community Medicine, Meenakshi Medical College Hospital & Research Institute (MMCHRI), Kanchipuram, organized a health education session at Kumaran Old Age Home, Enathur. The program aimed to enhance awareness about Alzheimer's disease, focusing on its symptoms, management, and preventive measures. Postgraduate students and CRMIs conducted an interactive session, providing practical insights and engaging the elderly residents in meaningful discussions on maintaining cognitive health. The initiative underscored MMCHRI's commitment to promoting community health education and fostering early awareness for the effective management of Alzheimer's disease.



Students creating awareness among the elderly of Kumaran Old Age Home

Teachers' Day

The constituent colleges of MAHER observed Teachers' Day with great enthusiasm and reverence, celebrating the dedication, guidance, and invaluable contributions of faculty members who continue to inspire and shape future generations.

At Meenakshi Medical College Hospital and Research Institute (MMCHRI), the Student Council organized a heartfelt celebration on 3rd September 2025 at the Admin Block Board Room. The event commenced with a warm welcome to faculty members, followed by addresses from Dr. K.V. Rajasekhar, Dean; Dr. K. Boopathi, Medical Superintendent; Dr. V. Eswari, Vice Principal (Academics); Dr. Parimala, IQAC Coordinator; and Dr. S. Saravana Kumar, Student Council Coordinator. Their inspiring words underscored the vital role of teachers in shaping the next generation of medical professionals. The celebration featured a cake-cutting ceremony and the felicitation of faculty, symbolizing the deep respect and gratitude of students. The occasion served as a reminder of the enduring bond between teachers and learners, rooted in mentorship, dedication, and compassion.



Dr. K.V. Rajasekhar cutting the cake with the students

Staff and students of MMCHRI

At Arulmigu Meenakshi College of Nursing (AMCON), the Student Nurses Association hosted a vibrant Teachers' Day celebration on 6th September 2025 at the Multipurpose Hall. The program began with the Tamil Thaiavazhu, followed by a welcome address by Mr. Vigneshwaran and a special reflection on the significance of the day by Ms. Nandhini, both IV Year B.Sc. (N) students. The event featured a series of cultural performances, including solo and group dances, songs, and engaging segments such as "Mic Drop Moments" and "Confessions and Courage," which fostered a strong emotional connection between faculty and students. Faculty members were felicitated with mementos and a symbolic cake-cutting ceremony, while the event concluded with a vote of thanks and the National Anthem. The celebration beautifully captured the spirit of gratitude and respect toward educators.



Teachers receiving gifts from students

Student performing on stage

At Meenakshi College of Allied Health Sciences (MCAHS), Teachers' Day was celebrated on 6th September 2025 under the theme "Our Guiding Stars: A Day of Gratitude." The event was inaugurated by Prof. Dr. B. Durga, Vice Principal, whose inspiring address set a tone of appreciation and reflection. The celebration included soulful musical performances, graceful classical and western dances, and heartfelt speeches by students expressing admiration for their mentors. The program created a warm and joyful atmosphere, highlighting the integral role of teachers in nurturing skills, values, and excellence among students.

Across all MAHER institutions, the celebrations reflected a shared spirit of gratitude and unity, honoring educators as the true guiding forces behind academic and personal growth



Students performing for their teachers



Teachers enjoying the performances

Onam

The constituent colleges joyously celebrated Onam 2025, marking the festival with vibrant cultural programs that reflected Kerala's rich traditions of unity, gratitude, and joy.

At the Meenakshi College of Nursing (MCON), the Student Nurses Association (SNA) organized an exuberant Onam celebration on 4th September 2025 at the MCON Conference Hall. The event brought together students and faculty in a colorful display of Kerala's cultural heritage. The program began with a warm welcome address by Ms. Jinet Jiju, B.Sc (N) II Year, followed by a graceful Thiruvathirakali performance by the nursing students. Dr. Fabiola M. Dhanaraj, Principal, delivered the keynote address, emphasizing the values of unity, gratitude, and prosperity that Onam symbolizes. Ms. Alicia Vincent, B.Sc (N) IV Year, further elaborated on the festival's relevance in contemporary times. The celebration also featured lively games that encouraged enthusiastic participation, filling the hall with laughter and festivity. Concluding with a heartfelt vote of thanks by Ms. Dharshini, B.Sc (N) II Year, and the National Anthem, the event saw the active involvement of 240 students and 9 faculty members, making it a memorable celebration of togetherness and cultural pride



Students performing the cultural dance



Inauguration speech

At the Arulmigu Meenakshi College of Nursing (AMCON), the Student Nurses Association (SNA) organized an equally spirited Onam celebration on 30th August 2025 at the Multipurpose Hall. The festivities commenced with the traditional Thiruvathirai Kali by B.Sc. (N) students, followed by a Welcome Address by Ms. G. Gowthami, VI Semester, and a Welcome Dance by Ms. Sathya, IV Year B.Sc. (N). Dr. Victor Devasirvadham, Principal, extended his festive greetings, highlighting the cultural and social significance of Onam, while Mr. Dinesh Kumar R., SNA Advisor, applauded the students' efforts in keeping the traditions alive. The event featured engaging performances such as "Mahabali Invite" by II Semester students, group singing by Kerala students, and a series of cultural presentations including dances, songs, and traditional art forms. Interactive games added a fun element, further enhancing the celebratory spirit. The program concluded with a Vote of Thanks by Ms. S. Jothika, VI Semester, expressing gratitude to the management, faculty, and students. The celebration beautifully captured the spirit of Onam, fostering unity, joy, and appreciation for cultural heritage within the campus community.

Together, the Onam festivities at MCON and AMCON showcased MAHER's vibrant campus life, celebrating the essence of tradition, harmony, and shared happiness



Students celebrating Onam



Students performing on stage

Ayudha Pooja

The spirit of Ayudha Pooja was celebrated with devotion, unity, and festive enthusiasm across the constituent colleges of MAHER on 29th September 2025. At Meenakshi College of Allied Health Sciences, the celebration featured a beautifully arranged Golu, traditional prayers, and cultural programs, with Principal Prof. Dr. V. Ramnath and Vice Principal Prof. Dr. B. Durga gracing the occasion. Students in vibrant traditional attire performed classical dances and devotional songs, spreading joy and festive cheer. The Meenakshi College of Pharmacy observed the day with equal reverence, as faculty and students joined together in prayers for wisdom and prosperity. Under the guidance of the Principal and faculty, 84 students actively participated in the rituals, reflecting unity and cultural pride. At Arulmigu Meenakshi College of Nursing, the Student Nurses Association (SNA) organized the celebration with grandeur at the Multipurpose Hall, featuring devotional rituals, an inspiring address by Principal Dr. S. Victor Devasirvadam, and vibrant cultural performances. Certificates were distributed to student performers by SNA Advisor Mr. Dinesh Kumar. R, and traditional sweets marked the joyful conclusion. Across MAHER, the Ayudha Pooja celebrations beautifully embodied the institution's commitment to preserving cultural heritage while fostering community spirit and devotion



Students celebrating Ayudha Pooja at constituent colleges

National Sports Day

The constituent colleges of MAHER (Deemed to be University) came together to celebrate National Sports Day 2025 on 29th August, honoring the legacy of hockey legend Major Dhyana Chand and highlighting the values of fitness, teamwork, and sportsmanship across campuses.

At the Meenakshi College of Nursing (MCON), Chennai, the celebrations were held with great enthusiasm in collaboration with the Tamil Nadu Sportsmen Association, promoting unity and the spirit of healthy competition among students and faculty. The event began with a soulful invocation by the MCON Choir, followed by a welcome address from Dr. Jayabharathi B, Vice Principal, who emphasized the importance of sports in education. The Chief Guest, Dr. Sokkalingam K., led the flag hoisting and a symbolic balloon release, while Mr. Iyyappan, Founder of the Association, inaugurated the ceremonial lap. Highlights of the event included a spirited march past by B.Sc. Nursing students, vibrant cultural programs, and friendly volleyball and throwball matches. Distinguished sportspersons were also honored, recognizing achievements in swimming, roller skating, carrom, athletics, and other disciplines. Dr. Fabiola M. Dhanaraj, Principal, along with dignitaries, emphasized the role of sports in building resilience and discipline, with Dr. Fabiola being felicitated by the Association for her contribution to promoting sports culture. The event concluded with sapling presentations, the inauguration of a signboard, a heartfelt vote of thanks by Dr. Thephilah Cathrine R, and the National Anthem, celebrating the power of sports to inspire excellence and unity.



Prize winners



Flag hoisting

At the Arulmigu Meenakshi College of Nursing (AMCON), National Sports Day 2025 was marked by an engaging program from 10:00 a.m. to 12:00 p.m., exclusively for B.Sc. Nursing students. A total of 27 students actively participated in indoor sports competitions, including chess and carrom singles events. Mr. Saravanan, Physical Director, MMCH&RI, served as the evaluator, with Mr. Philip winning first place in carrom and Mr. Mushib Muhammed securing victory in chess. Prizes and certificates were awarded to the winners, acknowledging their sporting spirit and achievements. The event successfully fostered teamwork, discipline, and sportsmanship among students, motivating them to adopt an active and healthy lifestyle



Distribution of certificates



Students participating in carrom competition

Meanwhile, the Meenakshi College of Allied Health Sciences (MCAHS) celebrated the day with equal enthusiasm, focusing on fitness and camaraderie. The event was inaugurated by Prof. Dr. B. Durga, Vice Principal, who encouraged students to pursue a balance between academics and sports for overall development. A volleyball competition with 12 energetic participants served as the highlight, showcasing athletic talent and the essence of teamwork. The program underscored the vital role of sports in nurturing physical and mental well-being, inspiring students to embody the true spirit of National Sports Day.

Together, the celebrations across MAHER's constituent colleges reflected the University's commitment to holistic education — one that values not just academic excellence, but also the physical, mental, and emotional well-being of every student



Students participating in volleyball



Players of the volleyball team

World Mosquito Day

On 21st August 2025, World Mosquito Day was observed by the Department of Community Medicine, Meenakshi Medical College and Research Institute (MMCHRI), Kanchipuram, through a house-to-house health education campaign. Faculty members and students actively engaged with the community, raising awareness about mosquito-borne diseases such as dengue, malaria, and chikungunya, and emphasizing the importance of eliminating stagnant water, maintaining sanitation, and practicing preventive measures. The initiative reflected MMCHRI's dedication to community health, empowering residents with essential knowledge to safeguard themselves and promote a healthier, mosquito-free environment



Students creating awareness among public



World Lung Day

Meenakshi College of Allied Health Sciences observed World Lung Day on 25th September 2025, focusing on promoting lung health and respiratory care. The program emphasized the importance of preventive measures, early detection, and healthy lifestyle practices such as avoiding smoking, staying physically active, and maintaining a clean environment. Pulmonary Function Tests (PFTs) were conducted for 20 students, providing practical insights into their lung capacity and respiratory well-being. Faculty and students actively participated, making the initiative a meaningful effort to raise awareness and encourage proactive steps toward maintaining optimal respiratory health



Staff and students participating in the program



Student tested for pulmonary function test

World Heart Day

The constituent colleges of MAHER (Deemed to be University) commemorated World Heart Day 2025 on 29th September, with a shared vision to promote cardiovascular health awareness, preventive care, and the importance of heart-healthy living among students and the community.

At the Meenakshi College of Allied Health Sciences (MCAHS), the Department of Cardiac Perfusion Technology organized an impactful celebration centered on cardiovascular health education and professional excellence. The event was graced by Principal Dr. V. Ramnath, who emphasized the vital role of expertise, vigilance, and awareness in patient survival and recovery within clinical settings. The day featured a range of interactive educational sessions, poster presentations, model displays, and team-building activities that encouraged students to explore key cardiac concepts hands-on. A special recognition ceremony honored the dedicated contributions of cardiac team members, while the active participation of surgeons, anaesthesiologists, faculty, and the Vice Principal underscored the value of multidisciplinary collaboration. The celebration successfully reinforced the importance of cardiovascular awareness, teamwork, and unwavering professional commitment in advancing healthcare excellence.



Principal Dr. V. Ramnath delivering his speech



Meanwhile, the National Service Scheme (NSS) unit of Arulmigu Meenakshi College of Nursing (AMCON) observed World Heart Day with an engaging awareness program at the Multipurpose Hall, focusing on preventive strategies and the role of youth in promoting community heart health. The session began with a warm welcome address by Ms. Pavithra, B.Sc. (N) VI Semester, followed by a special address by Dr. S. Victor Devasirvadam, Principal, AMCON, who encouraged students to advocate for preventive health practices and extend their service to the wider community. Mr. Dinesh Kumar R delivered an insightful presentation titled "Don't Miss a Beat," emphasizing lifestyle modifications, early symptom recognition, and first-aid interventions during cardiac emergencies. Adding a creative touch, students presented a skit titled "Heart Beat," effectively conveying the significance of timely cardiac care. The program concluded with a Vote of Thanks, marking the participation of 50 students. The observance not only deepened awareness about heart health but also embodied the true spirit of NSS—blending education, empathy, and community service to foster well-being.



Mr. Dinesh Kumar delivering his presentation



Students performing a skit

World Entrepreneurship Day

Meenakshi College of Arts & Science celebrated World Entrepreneurship Day on 21st August 2025 by successfully organizing Bizzi Bazaar 3.0, a dynamic platform for students to showcase their entrepreneurial skills. The event featured over 15 vibrant stalls, including food counters, accessories, games, mehendi, and art & craft, each reflecting innovation, creativity, and business acumen. Students demonstrated their abilities in marketing, sales, and customer engagement, while interacting with peers and faculty from other colleges added to the enthusiasm and learning experience. Graced by University officials, Bizzi Bazaar 3.0 provided participants with practical exposure to entrepreneurship and business management, perfectly capturing the spirit of the day.



Staff and Students eagerly engaging in Bizzi Bazaar 3.0



Anti-Ragging Week

The constituent colleges of Meenakshi Academy of Higher Education and Research (MAHER) observed Anti-Ragging Week 2025 with a series of engaging activities and awareness programs aimed at fostering discipline, empathy, and mutual respect within campuses.

Meenakshi Medical College Hospital & Research Institute (MMCHRI) organized its Anti-Ragging Week celebrations from 12th to 14th August 2025, emphasizing the importance of a ragging-free campus. The event featured thought-provoking guest lectures including “Youth Against Ragging” by Dr. Shyam Sundar K., Saveetha Medical College, and “Psychology of Ragging” by Dr. Ardhanaari, MMCHRI, offering valuable insights into the social and emotional dimensions of ragging. Students participated enthusiastically in debates and competitions centered on anti-ragging themes, while winners were recognized for their contributions. On 13th August, an Anti-Ragging Awareness Rally was inaugurated by Prof. Dr. K.V. Rajasekhar, Dean, MMCHRI, and carried out by Phase-III MBBS students at Kanchipuram. Phase-I MBBS students also took the Anti-Ragging Pledge, reinforcing their commitment to a safe and respectful learning environment. The three-day event concluded with the National Anthem, successfully promoting awareness and accountability among students and faculty



Dignitaries on the dais



Staff and students taking their oath

Arulmigu Meenakshi College of Nursing (AMCON) organized a three-day Anti-Ragging Awareness Mahotsav from 12th to 14th August 2025, educating students on the ill effects of ragging and strengthening their resolve to uphold campus harmony. The event opened with a keynote address by Dr. S. Victor Devasirvadam, Chairperson of the Anti-Ragging Committee, and an informative session by Mr. Dinesh Kumar R., Nodal Officer, outlining the committee's objectives and structure. A guest lecture by Ms. Prabhavathi, Sub-Inspector of Police, Kanchipuram, shed light on the legal implications of ragging. Over the following days, students engaged in creative competitions including essay writing, poster making, slogan writing, and skit presentations that powerfully conveyed the emotional and social consequences of ragging. The event concluded with a panel discussion on the adequacy of existing anti-ragging laws and a prize distribution ceremony. With the participation of 388 students, the Mahotsav fostered awareness, discipline, and unity across all batches.



Students partaking in the rally



Presentation of certificates

Meenakshi College of Nursing (MCON) actively observed Anti-Ragging Awareness Week from 12th to 18th August 2025, under the guidance of its Anti-Ragging Committee, to sensitize students on the serious consequences of ragging and reinforce the institution's commitment to a ragging-free campus. The programme began with an inaugural address by Dr. Fabiola M. Dhanaraj, Principal, MCON, highlighting the ethical, legal, and personal implications of ragging, followed by a session from Mrs. Benninal, Advocate, on its legal consequences. Student engagement was fostered through an elocution competition on “From Fear to Friendship: Fostering an Inclusive and Respectful College Environment” and a slogan-writing contest, both of which saw enthusiastic participation and prize awards for the best entries. The week concluded with a valedictory session featuring anti-ragging videos, an Anti-Ragging Pledge by all participants, and the National Anthem. Coordinated by Dr. Kavitha M., Professor, MCON, the programme served as a powerful platform to educate, engage, and empower students, inspiring them to champion a culture of respect, inclusiveness, and safety



Mrs. Benninal delivering her key note lecture



Staff and students taking the anti-ragging pledge

Meenakshi College of Yoga Science and Therapy observed Anti-Ragging Week from 12th to 18th August 2025, organizing a range of programs to promote awareness and strengthen the institution's commitment to a ragging-free environment. The observance commenced with an inaugural session and the Anti-Ragging Pledge, followed by an orientation address by Prof. Dr. V. Subbulakshmi, Principal. Students participated in essay and slogan writing competitions, and a UGC awareness video further deepened their understanding of the cause. The week concluded with an insightful webinar by Mr. G. Arun, Advocate, High Court of Chennai, on "The Role of Emotional Intelligence in the Prevention of Ragging," which highlighted empathy, communication, and self-awareness as key elements in preventing ragging. The observance inspired students to embrace responsibility, respect, and harmony within the academic community.



Students taking pledge



poster by students

OUTREACH ACTIVITIES

The NSS Unit of Meenakshi College of Nursing (MCON) actively took part in the "Nalam Kaakkum Stalin" Special Screening Camp held on 8th August 2025 at the Primary Health Centre, Padappai, from 8:00 a.m. to 3:00 p.m. The camp aimed to deliver comprehensive healthcare services to underserved rural communities, focusing on early detection and preventive care for vulnerable populations. A total of 21 nursing students from MCON participated in this public health initiative, which prioritized individuals with diabetes, hypertension, mental health issues, cardiac conditions, pregnant and lactating mothers, children with special needs, differently-abled persons, tribal groups, and socio-economically disadvantaged families. The camp, inaugurated by the MLA and Councilor of Kanchipuram District, provided a wide range of diagnostic and preventive services including blood tests, ECG, echocardiogram, X-ray, ultrasound, and screenings for tuberculosis, leprosy, cervical cancer, and breast cancer. MCON students contributed actively by assisting in registration, vital sign assessment, blood sample collection, and on-site testing, ensuring the smooth conduct of the event. Their enthusiastic participation underscored their commitment to community service and public health. The camp's success stands as a testament to the collective effort toward achieving the goal of accessible and equitable healthcare for all.



Nursing students participating in the camp



The NSS Unit of Meenakshi College of Nursing (MCON) organized a School Clean-Up Drive from 2nd to 3rd August 2025 at the Government Higher Secondary School for the Visually Impaired, Poonamallee, under the guidance of Mrs. R. Jebin Shery, Associate Professor, MCON. The initiative aimed to promote environmental cleanliness, sustainability, and a healthier learning environment for the students. NSS volunteers of MCON actively participated in cleaning the school premises, focusing particularly on the play area, pathways, and plantation zones. The drive included garbage collection, sweeping, and clearing green spaces, while tree saplings were also donated to reinforce the message of environmental conservation. On Day 2, a JCB machine was deployed to assist in playground cleaning, with volunteers extending their efforts to surrounding park areas. This collaborative initiative not only enhanced the school's surroundings but also deepened awareness of sustainable waste management among participants. The program served as a meaningful learning experience, instilling civic responsibility and environmental consciousness in the volunteers, and highlighting the power of collective action in creating a cleaner, greener future.



Student volunteers at the School Clean-Up Drive



Students cleaning the play area

Demonstrating their strong commitment to environmental sustainability and civic responsibility, the NSS Units of MAHER organized a Beach Cleaning Drive on 17th July 2025 at Besant Nagar Beach, Chennai. Conducted in collaboration with the Clean to Green Organization and the Corporation of India, the event took place from 6:30 a.m. to 8:30 a.m., aiming to raise public awareness on the importance of maintaining clean public spaces and protecting natural ecosystems. A total of 47 NSS volunteers from the Meenakshi College of Physiotherapy, Meenakshi College of Occupational Therapy, Meenakshi College of Arts and Science, and Meenakshi College of Yoga Sciences and Therapy actively participated, collecting plastic waste and litter along the coastline. The drive was organized under the supervision of Ms. Arthi and Ms. Monisha J with full support from the university management, which arranged transportation for the volunteers. The Clean to Green Organization also provided refreshments to keep participants energized and appreciated. The initiative not only contributed to a cleaner and greener coastline but also reinforced students' sense of environmental stewardship, teamwork, and social responsibility.



Student volunteers at the Beach Cleaning Drive



Students cleaning the beach

The National Service Scheme (NSS) Unit of Arulmigu Meenakshi College of Nursing, in collaboration with Kuzhalosai Trust, successfully organized the "Thulir Palm Tree Plantation" program on 12th September 2025 at Thirutheri Thankal Eri, Chengalpet. Under the guidance of Mr. Dinesh Kumar R., NSS Program Officer, a total of 50 dedicated volunteers participated enthusiastically, sowing 3,500 palm seeds across the lakebed to promote environmental sustainability. Mr. Rajesh Manivasagam, Chairman of Kuzhalosai Trust, addressed the volunteers, emphasizing the environmental, agricultural, and socio-economic significance of palm trees, particularly their role in soil conservation and water preservation. The initiative not only inspired students to contribute actively to ecological restoration but also instilled a deeper sense of social responsibility and commitment to sustainable living. The plantation drive stood as a testament to the power of collective effort in nurturing a greener planet and creating a positive impact for future generations.



Students at the Thulir Palm Tree Plantation

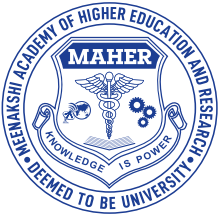


Students sowing seeds

The Department of Community Medicine at Meenakshi Medical College and Research Institute (MMCHRI), Kanchipuram, organized an outreach health education programme on the prevention of acute gastroenteritis, targeting students of Panchayat Union Middle School, Thirupanangadu Village. Conducted in anticipation of the monsoon season, the session aimed to educate children on the causes, symptoms, and preventive measures of this common waterborne illness. Faculty members emphasized the importance of safe drinking water, proper sanitation, hand hygiene, and healthy food practices as key steps in preventing infection. The interactive session included engaging discussions and live demonstrations, ensuring better understanding and participation from the students. The initiative not only enhanced health awareness among young learners but also reinforced the institution's commitment to promoting community health and preventive education.



Medical students enlightening the school students



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- ❖ MEENAKSHI COLLEGE OF NURSING
- ❖ ARULMIGU MEENAKSHI COLLEGE OF NURSING
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