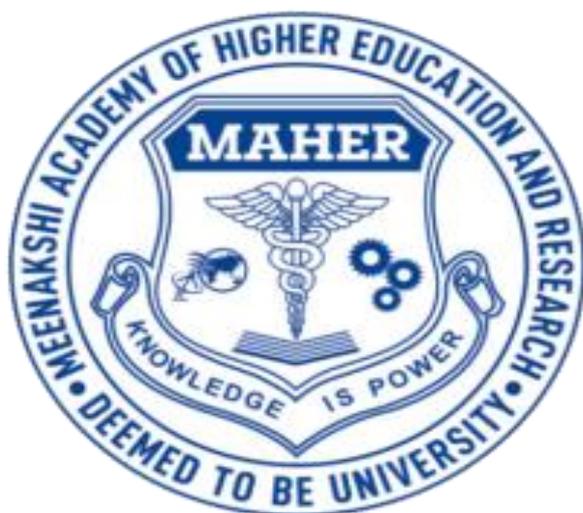


MEENAKSHI

ACADEMY OF HIGHER EDUCATION & RESEARCH

DEEMED TO BE UNIVERSITY U/S 3 OF UGC ACT, 1956



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR – 2025 - 2026

No 12 Vembuliamman Kovil Street , West KK Nagar,

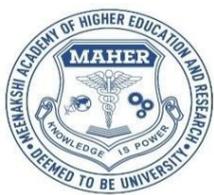
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MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26
JULY - 2025

DATE	DAY	EVENT
1	TUESDAY	
2	WEDNESDAY	
3	THURSDAY	
4	FRIDAY	
5	SATURDAY	
6	SUNDAY	Muharram, Holiday
7	MONDAY	
8	TUESDAY	Mentor Mentee Meeting - I
9	WEDNESDAY	
10	THURSDAY	
11	FRIDAY	
12	SATURDAY	Holiday
13	SUNDAY	Holiday
14	MONDAY	
15	TUESDAY	
16	WEDNESDAY	
17	THURSDAY	
18	FRIDAY	
19	SATURDAY	Code Of Conduct (Non Teaching)
20	SUNDAY	Holiday
21	MONDAY	First Years - Induction - UG & PG
22	TUESDAY	
23	WEDNESDAY	
24	THURSDAY	
25	FRIDAY	
26	SATURDAY	Alumni Meet - 1
27	SUNDAY	Holiday
28	MONDAY	
29	TUESDAY	
30	WEDNESDAY	
31	THURSDAY	



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26

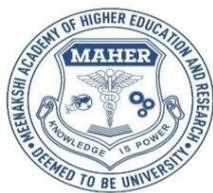
AUGUST - 2025

DATE	DAY	EVENT
1	FRIDAY	
2	SATURDAY	SGRC – Meeting - 1
3	SUNDAY	Holiday
4	MONDAY	
5	TUESDAY	
6	WEDNESDAY	
7	THURSDAY	
8	FRIDAY	
9	SATURDAY	Holiday
10	SUNDAY	Holiday
11	MONDAY	
12	TUESDAY	
13	WEDNESDAY	
14	THURSDAY	
15	FRIDAY	Independence Day Holiday
16	SATURDAY	Krishna Jayanthi Holiday
17	SUNDAY	Holiday
18	MONDAY	CAT- 1 (B.Sc - Semester III &V and M.Sc. Semester III) Internship – Community Service –I ST YR
19	TUESDAY	
20	WEDNESDAY	
21	THURSDAY	
22	FRIDAY	Antirragging Orientation
23	SATURDAY	Code Of Conduct (Students)
24	SUNDAY	Holiday
25	MONDAY	Internship- II B.Sc
26	TUESDAY	Vinayakar Chaturthi Celebrations
27	WEDNESDAY	Vinayagar Chaturthi Holiday
28	THURSDAY	
29	FRIDAY	ICC- Meeting
30	SATURDAY	Mentor Mentee Meeting - 2
31	SUNDAY	Holiday



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 SEPTEMBER - 2025		
DATE	DAY	EVENT
1	MONDAY	Internship-II year M.Sc And III year B.SC
2	TUESDAY	
3	WEDNESDAY	
4	THURSDAY	Code Of Conduct (Teaching Staffs) Teachers Day Celebrations
5	FRIDAY	Milad-Un-Nabi Holiday Teachers Day
6	SATURDAY	
7	SUNDAY	Holiday
8	MONDAY	
9	TUESDAY	
10	WEDNESDAY	
11	THURSDAY	
12	FRIDAY	Alumni Meet - 2
13	SATURDAY	Holiday
14	SUNDAY	Holiday
15	MONDAY	CAT- 2 (B.Sc - Semester III &V and M.Sc. Semester III) INTERNSHIP – I ST YR M.SC
16	TUESDAY	
17	WEDNESDAY	Antiragging Sensitization
18	THURSDAY	
19	FRIDAY	
20	SATURDAY	
21	SUNDAY	Holiday
22	MONDAY	
23	TUESDAY	ICC- Meeting
24	WEDNESDAY	
25	THURSDAY	
26	FRIDAY	
27	SATURDAY	Placement Program(Career Guidance)
28	SUNDAY	Holiday
29	MONDAY	
30	TUESDAY	



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MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 OCTOBER - 2025

DATE	DAY	EVENT
1	WEDNESDAY	Ayudha Pooja Holiday
2	THURSDAY	Vijaya Dashami & Gandhi Jayanthi-Holiday
3	FRIDAY	
4	SATURDAY	
5	SUNDAY	Holiday
6	MONDAY	
7	TUESDAY	
8	WEDNESDAY	
9	THURSDAY	II, III Yrs - Record Notebooks Submission
10	FRIDAY	World Mental Health Day
11	SATURDAY	Holiday
12	SUNDAY	Holiday
13	MONDAY	CAT- 3 (B.Sc - Semester III &V and M.Sc. Semester III)
14	TUESDAY	
15	WEDNESDAY	
16	THURSDAY	
17	FRIDAY	Diwali Celebrations
18	SATURDAY	
19	SUNDAY	Holiday
20	MONDAY	Deepavali Holiday
21	TUESDAY	Diwali & Navaratri- Holiday
22	WEDNESDAY	
23	THURSDAY	
24	FRIDAY	
25	SATURDAY	Mentor Mentee Meeting - 3
26	SUNDAY	Holiday
27	MONDAY	
28	TUESDAY	
29	WEDNESDAY	
30	THURSDAY	
31	FRIDAY	



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 NOVEMBER - 2025		
DATE	DAY	EVENT
1	SATURDAY	
2	SUNDAY	Holiday
3	MONDAY	
4	TUESDAY	
5	WEDNESDAY	Alumni Meet - 3
6	THURSDAY	
7	FRIDAY	
8	SATURDAY	Holiday
9	SUNDAY	Holiday
10	MONDAY	Model Examinations (B.Sc - Semester III &V and M.Sc. Semester III)
11	TUESDAY	
12	WEDNESDAY	
13	THURSDAY	
14	FRIDAY	
15	SATURDAY	SGRC – Meeting - 2
16	SUNDAY	Holiday
17	MONDAY	Study Holidays (B.Sc - Semester III &V and M.Sc. Semester III)
18	TUESDAY	
19	WEDNESDAY	
20	THURSDAY	
21	FRIDAY	
22	SATURDAY	BOS – Meeting
23	SUNDAY	Holiday
24	MONDAY	Mentor Mentee Meeting - 4
25	TUESDAY	University Examination (B.Sc - Semester III &V and M.Sc. Semester III)
26	WEDNESDAY	
27	THURSDAY	
28	FRIDAY	
29	SATURDAY	
30	SUNDAY	Holiday



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 DECEMBER – 2025		
DATE	DAY	EVENT
1	MONDAY	Model Examinations For First Years (UG & PG Semester I)
2	TUESDAY	
3	WEDNESDAY	Founder's Memorial Day
4	THURSDAY	
5	FRIDAY	
6	SATURDAY	Winter Vacation
7	SUNDAY	Holiday
8	MONDAY	
9	TUESDAY	
10	WEDNESDAY	
11	THURSDAY	
12	FRIDAY	
13	SATURDAY	Holiday
14	SUNDAY	Holiday
15	MONDAY	
16	TUESDAY	
17	WEDNESDAY	Even Semester Starts
18	THURSDAY	
19	FRIDAY	
20	SATURDAY	
21	SUNDAY	
22	MONDAY	
23	TUESDAY	
24	WEDNESDAY	National Siddha Day
25	THURSDAY	Christmas Holiday
26	FRIDAY	Submission Of Project Proposal
27	SATURDAY	Data Collection For UG/ PG Final Year Students
28	SUNDAY	
29	MONDAY	
30	TUESDAY	
31	WEDNESDAY	



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 JANUARY – 2026		
DATE	DAY	EVENT
1	THURSDAY	Holiday- New Year
2	FRIDAY	
3	SATURDAY	
4	SUNDAY	Holiday
5	MONDAY	
6	TUESDAY	
7	WEDNESDAY	
8	THURSDAY	
9	FRIDAY	Alumni Meet - 4
10	SATURDAY	Holiday
11	SUNDAY	Holiday
12	MONDAY	Mentor Mentee Meeting - 5
13	TUESDAY	
14	WEDNESDAY	
15	THURSDAY	Pongal-Holidays
16	FRIDAY	Thiruvalluvar Day- Holidays
17	SATURDAY	Uzhavar Thirunal-Holidays
18	SUNDAY	Holiday
19	MONDAY	CAT- 1
20	TUESDAY	Final Year Students – Project Data Submission
21	WEDNESDAY	
22	THURSDAY	
23	FRIDAY	
24	SATURDAY	
25	SUNDAY	Holiday
26	MONDAY	Republic Day Holiday
27	TUESDAY	
28	WEDNESDAY	
29	THURSDAY	
30	FRIDAY	
31	SATURDAY	Placement Program (Skill Development Training)



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 FEBRUARY- 2026		
DATE	DAY	EVENT
1	SUNDAY	Thaipusam-Holiday
2	MONDAY	
3	TUESDAY	
4	WEDNESDAY	
5	THURSDAY	
6	FRIDAY	
7	SATURDAY	
8	SUNDAY	Holiday
9	MONDAY	
10	TUESDAY	
11	WEDNESDAY	
12	THURSDAY	
13	FRIDAY	
14	SATURDAY	SGRC – Meeting - 3
15	SUNDAY	Holiday
16	MONDAY	CAT- 2
17	TUESDAY	
18	WEDNESDAY	
19	THURSDAY	
20	FRIDAY	
21	SATURDAY	ICC- Meeting
22	SUNDAY	Holiday
23	MONDAY	
24	TUESDAY	
25	WEDNESDAY	
26	THURSDAY	
27	FRIDAY	
28	SATURDAY	



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 MARCH- 2026		
DATE	DAY	EVENT
1	SUNDAY	Holiday
2	MONDAY	
3	TUESDAY	
4	WEDNESDAY	
5	THURSDAY	
6	FRIDAY	
7	SATURDAY	Alumni Meet - 5
8	SUNDAY	Holiday International Women's Day
9	MONDAY	
10	TUESDAY	
11	WEDNESDAY	
12	THURSDAY	
13	FRIDAY	
14	SATURDAY	Holiday
15	SUNDAY	Holiday
16	MONDAY	
17	TUESDAY	
18	WEDNESDAY	Mentor Mentee Meeting - 6
19	THURSDAY	Telugu New Year -Holiday
20	FRIDAY	
21	SATURDAY	Ramzan - Holiday
22	SUNDAY	Holiday
23	MONDAY	CAT- 3
24	TUESDAY	
25	WEDNESDAY	
26	THURSDAY	
27	FRIDAY	
28	SATURDAY	
29	SUNDAY	Holiday
30	MONDAY	Thesis Submission Date
31	TUESDAY	Mahavir Jayanti-Holiday



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MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 APRIL- 2026		
DATE	DAY	EVENT
1	WEDNESDAY	
2	THURSDAY	
3	FRIDAY	Good Friday - Holiday
4	SATURDAY	
5	SUNDAY	Easter-Holiday
6	MONDAY	
7	TUESDAY	
8	WEDNESDAY	
9	THURSDAY	
10	FRIDAY	
11	SATURDAY	Holiday
12	SUNDAY	Holiday
13	MONDAY	Model Examinations
14	TUESDAY	Tamil New Year
15	WEDNESDAY	
16	THURSDAY	
17	FRIDAY	
18	SATURDAY	
19	SUNDAY	Holiday
20	MONDAY	Study Holidays
21	TUESDAY	
22	WEDNESDAY	
23	THURSDAY	
24	FRIDAY	
25	SATURDAY	BOS – Meeting
26	SUNDAY	Holiday
27	MONDAY	
28	TUESDAY	
29	WEDNESDAY	
30	THURSDAY	



MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 MAY- 2026		
DATE	DAY	EVENT
1	FRIDAY	May Day - Holiday
2	SATURDAY	
3	SUNDAY	Holiday
4	MONDAY	University Examination
5	TUESDAY	
6	WEDNESDAY	
7	THURSDAY	
8	FRIDAY	
9	SATURDAY	Holiday
10	SUNDAY	Holiday
11	MONDAY	Summer Vacation Starts
12	TUESDAY	
13	WEDNESDAY	
14	THURSDAY	
15	FRIDAY	
16	SATURDAY	
17	SUNDAY	Holiday
18	MONDAY	
19	TUESDAY	
20	WEDNESDAY	
21	THURSDAY	
22	FRIDAY	
23	SATURDAY	
24	SUNDAY	Holiday Founders Day
25	MONDAY	
26	TUESDAY	
27	WEDNESDAY	
28	THURSDAY	Bakri Eid Holiday
29	FRIDAY	
30	SATURDAY	
31	SUNDAY	Holiday



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MEENAKSHI COLLEGE OF YOGA SCIENCE AND THERAPY

ACADEMIC CALENDAR 2025-26 JUNE- 2026		
DATE	DAY	EVENT
1	MONDAY	
2	TUESDAY	
3	WEDNESDAY	
4	THURSDAY	
5	FRIDAY	World Environmental Day
6	SATURDAY	
7	SUNDAY	Holiday
8	MONDAY	
9	TUESDAY	
10	WEDNESDAY	College Reopens
11	THURSDAY	
12	FRIDAY	
13	SATURDAY	Holiday
14	SUNDAY	Holiday
15	MONDAY	
16	TUESDAY	
17	WEDNESDAY	
18	THURSDAY	
19	FRIDAY	
20	SATURDAY	
21	SUNDAY	Holiday IYD (International Yoga Day –Common Yoga Protocol) World Record
22	MONDAY	
23	TUESDAY	
24	WEDNESDAY	
25	THURSDAY	
26	FRIDAY	Muharram-Holiday
27	SATURDAY	
28	SUNDAY	Holiday
29	MONDAY	
30	TUESDAY	

