



MEENAKSHI

ACADEMY OF HIGHER EDUCATION & RESEARCH

DEEMED TO BE UNIVERSITY U/S 3 OF UGC ACT, 1956

FACULTY OF PHYSIOTHERAPY

NOTIFICATION

Ph.D- Public Viva – Voce Examination

In accordance with the Ph.D regulations of Meenakshi Academy of Higher Education & Research (Declared as Deemed to be University), Chennai and COE Communication letter Ref No:MAHER/COE – 081/2026

Mr. SARANRAJ P. (Reg No.221905006)

will defend his thesis in Public Viva-Voce Examination

Title of the thesis

THE EFFECTS OF CORE STABILITY EXERCISE AND PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION TECHNIQUE IN THE IMPROVEMENT OF POSTURAL STABILITY AND FUNCTIONAL ABILITY IN SUBJECTS WITH MECHANICAL LOW BACK PAIN

Date: 2nd June 2026, Tuesday

Time :11.00 AM

Venue

Ph.D. Viva-Voce Hall, Research wing, 3rd floor Admin Block,
Meenakshi Academy of Higher Education & Research (Declared as Deemed to be University), Chennai.

Google Meet Link to join Viva Voce Online: <https://meet.google.com/nma-gsyq-bez>

In accordance with PhD regulations page 14, Para7, of MAHER, a copy of the thesis has been made available in the library of Meenakshi Academy of Higher Education & Research (Declared as Deemed to be University), Chennai.

You are cordially invited to attend the Viva – Voce Examination and Participate in the discussion.

SUPERVISOR

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